

IOWA WORKLIFE FORUM

EXCHANGING IDEAS ABOUT WORKPLACE HEALTH AND WELLNESS INITIATIVES

Information for Prospective Panelists:

The Iowa Worklife Forum aims to serve Iowa employers and employees by providing an online venue for engaging discussions on strategies used to address employee health and wellness. The Iowa Worklife Forum will host three free statewide events on September 28, October 26, and November 23 of 2010 from 8:00-9:00 am.

Each forum will host a panel of employee benefit and health & safety managers from different Iowa employers. They will share their best practices and experiences with insurance, wellness, and incentive programs they have in place or have tried to implement. There will be time for questions, answers, and general discussion about the viable aspects of each program as well as areas of improvement.

Each panelist will be expected to give a short presentation that summarizes the experiences of their company with insurance, wellness, and incentive programs. Details:

- Connect to forum for entire 1-hour event
- Length of presentation → approximately 10 minutes
- Presentation format → PowerPoint.
- Be prepared to answer questions from other participants and engage in discussion

Approximately three weeks before the scheduled forum the panelist will be trained how to use Elluminate Live! the program used to connect all the participants. This training takes approximately 15-30 minutes and is done one-on-one with a staff member from the Healthier Workforce Center for Excellence (HWCE) at the University of Iowa. The training will take place at the computer where the panelist will be connected the day of the panel, most likely their work computer.

The Iowa Worklife Forum is an initiative of The Healthier Workforce Center for Excellence (HWCE) at The University of Iowa College of Public Health. The HWCE is one of three national CDC funded centers which conducts health protection and health promotion research while it serves as a state and national resource to develop and promote evidence-based employee wellbeing programs.

If you have questions or concerns please contact Matthew Lozier at matthew-lozier@uiowa.edu or (319) 467-4505.