

**The Iowa Coalition on Mental Health & Aging Presents**

# **A Time for Transition: Policy, Practice and Research in Aging & Mental Health**

*Featuring content on*

- Pre-Admission Screening and Resident Review (PASRR)
- Evidence-Based Practices
- Emerging Programs and Service Models



**October 19—20, 2009  
Embassy Suites, Des Moines, IA**

Sponsored by:

- Iowa Department of Human Services,  
Division of Mental Health & Disability Services
- National Association of State Mental Health Program Directors,  
Older Persons Division (NASMHPD-OPD)
- National Association of PASRR Professionals (NAPP)

## **A Time for Transition: Policy, Practice and Research in Aging & Mental Health**

**Featuring the latest developments in providing high quality, effective care to older adults with mental health needs across a variety of settings including nursing facilities, community clinics, and home.**

### **TARGET AUDIENCE**

**Older adults; mental health & aging service consumers; long-term care providers; mental health & aging service providers; health professionals; program administrators, and policy makers; NASMHPD-OPD members; and state PASRR designees.**

### **EDUCATIONAL OBJECTIVES**

**Upon completion of this conference, the participant will be able to:**

- ✓ **Understand the latest developments in *federal policies & state programs* that concern older adults with mental health needs.**
- ✓ **Recognize federal and state efforts to *improve quality of mental health care* provided to persons living in *long-term care facilities*.**
- ✓ **Identify innovative & emerging approaches in providing evidence-based care across settings.**

## **Continuing Education Credit**

\*The University of Iowa College of Nursing is an Iowa Board of Nursing approved provider, Number 1. This offering will award 1.2 CEUs or 12 contact hours for full time attendance. CEU cards will not be accepted until the end of the program.



\*For other disciplines, this conference should qualify for 12 contact hours. Social Worker, Nursing Home Administrator, Occupational Therapist, Physical Therapist, Physician Assistant, and Psychologist continuing education credits are no longer pre-approved. It is up to the individual to determine, based on the administrative rules on criteria, which workshops would fulfill his/her requirements. If and when you are audited, you would produce the program, handouts, and your verified attendance certificate.

## Monday, October 19th

7:00

You're as Young as Your Spine: Yoga for Healthy Aging

### **A Time for Transition: Policy, Practice and Research in Aging & Mental Health**

9:00-

Welcome & Opening

9:30

*Lila Starr, LBSW, Iowa Host & Chair, NASMHPD OPD; Bob Rawlings, President, NAPP; and  
Alixie McNeil, MPA, Chair, National Coalition on Mental Health and Aging*

9:30-

Opening Plenary: "Aging & Mental Health in the 21st Century"

10:30

*Bob Knight, PhD, USC Andrus Gerontology Center, Davis School of Gerontology*

11:00

Plenary: "What's Happened After 20 Years of PASRR"

-Noon

*Dan Timmel, M.S.W., L.C.S.W, Medicaid LTC Policy Analyst, CMS & Bob Rawlings, President, NAPP*

Noon-

Lunch (provided)

Afternoon Breakout Sessions:

1:15-

a) PASRR: "The Nuts & Bolts of PASRR"

2:15

*Dan Timmel, M.S.W., L.C.S.W, Medicaid LTC Policy Analyst, CMS*

b) Evidence Based Care: "Iowa Model of Collaborative Care"

*Brian Kaskie, PhD, Associate Professor, UI College of Public Health*

c) Emerging Issues: "Community Models of Care: Healthy IDEAS & PEARLS"

*Nancy Wilson, MA, LMSW, Huffington Center on Aging, Baylor College of Medicine  
Alixie McNeil, MPA, Chair, National Coalition on Mental Health and Aging*

Afternoon Breakout Sessions:

2:30-

a) PASRR: "Nuts & Bolts" Continues

3:30

*Dan Timmel, M.S.W., L.C.S.W, Medicaid LTC Policy Analyst, CMS*

b) Evidence-Based Care: "Telehealth-Chronic Illness & Depression"

*Carolyn Turvey, PhD, Associate Professor, UI Carver College of Medicine*

c) Emerging Issues: "Marijuana Use and Aging Baby Boomers"

*Mich Magness, MAG, Oklahoma Dept of Mental Health & Substance Abuse Services*

3:45-

Plenary: "How State Coalitions Can Address Emerging Issues in MH & Aging"

4:45

*Alixie McNeil, MPA, Chair, National Coalition on Mental Health and Aging*

5:00-

NASMHPD: OPD Annual Meeting; Expert Tables



#### **Reception**

Monday, 5:30—7:00 pm



#### **Movie—The Alzheimer's Project Part 2**

Showing at 8:30 pm

Host: Kitty Buckwalter, Alzheimer's Study Group

## Tuesday, October 20th

7:00 You're as Young as Your Spine: Yoga for Healthy Aging

### **A Time for Transition: Policy, Practice and Research in Aging & Mental Health**

9:00-9:30 Welcome & Opening Remarks  
*Lila Starr, LBSW, Iowa Division of Mental Health and Disability Services;  
Joel Olah, PhD, Director, Aging Resources of Central Iowa*

9:30-10:30 Plenary: "Targeted Capacity Expansion Grants: Lessons Learned"  
*Marcia Marshall, MPA, Marian Scheinholz, MS, Health Advisor, & Robyn Golden, Rush UMC*

Morning Breakout Sessions:  
11:00-12:00 Noon  
a) PASRR: "Promoting Behavioral Health in Long Term Care Settings"  
*Jane Fisher, PhD, Professor, University of Nevada, Reno*  
b) Evidence Based Care: "Collaborative MH Care in the VA System"  
*Angela Hoth, PharmD, PC-MH Integration Initiative, Iowa City VAMC*  
c) Emerging Issues: "It's a Family Affair: Parents with Mental Health Needs"  
*Mercedes Bern-Klug, PhD, MSW, MA, Assistant Professor, UI School of Social Work*

Noon-1:00 Lunch: "Promoting MH & Preventing Mental Illness in Older Adults"  
*Bob Bender, MD, The Johnny & Ronnie Orr Center for Healthy Aging & Memory Loss*

Afternoon Breakout Sessions:  
1:15-2:15  
a) PASRR: "Diversion of Persons with Mental Illness from Nursing Facilities"  
*Darlene O'Connor, PhD & Jennifer Ingle, MA, Office of Long-Term Support Studies,  
University of Massachusetts Medical School*  
b) Evidence Based Care: "Integration of MH in the Primary Care Setting"  
*Lou Carmichael, CEO, Oklahoma Community Mental Health Systems*  
c) Emerging Issues: "Change Agents: Building a Solid Foundation"  
*Joel Olah, PhD, Director, & Cheryl Evans-Pryor, MA, Aging Resources of Central Iowa*

2:30-3:30 Plenary Panel: "Medicare Part B Payment for Mental Health Services"  
*Ellen Berra, Senior Analyst, Wisconsin Physicians Service (WPS) Medicare*

3:45-4:45 Closing Plenary: "Health Care Reform: Is Aging & MH at the Table?"  
*Robyn Golden, MA, LCSW, Director of Older Adult Programs, Rush University Medical Center*

5:00-6:30 PASRR Brag & Steal; Targeted Capacity Expansion TA Meeting

**Dinner on Your Own**



**Movie—The Alzheimer's Project Part 3**

Showing at 8:30 pm Sun, Mon, & Tues

Host: Kitty Buckwalter, Alzheimer's Study Group

**A Time for Transition:  
Policy, Practice and Research in Aging & Mental Health  
Meeting Registration**

**A flat registration fee of \$60 is being charged to attend  
one or both days of the conference.**

**To register online using credit card payment,  
go to: [www.medicine.uiowa.edu/cme](http://www.medicine.uiowa.edu/cme) click on: "upcoming conferences"**

Otherwise, please fill out the information below and return by October 2nd, 2009

Name \_\_\_\_\_ Degree \_\_\_\_\_

Title \_\_\_\_\_

Organization \_\_\_\_\_

Address-City-Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

I will be attending the conference on: Monday \_\_\_\_ Tuesday \_\_\_\_

I will be attending the lunch on: Monday \_\_\_\_ Tuesday \_\_\_\_

The break-out sessions that most interest me are:

\_\_\_\_ Pre-Admission Screening and Resident Review (PASRR)

\_\_\_\_ Evidence-Based Practices

\_\_\_\_ Emerging Programs and Service Models

\_\_\_\_ Please provide me with a certificate of attendance for my continuing education records.

\_\_\_\_ I am requesting nursing ceu's and am enclosing an additional \$6.00 in my payment

**METHOD OF PAYMENT**

I enclosed a check made payable to the University of Iowa in the amount of \$\_\_\_\_\_

Please charge my:  VISA  MasterCard for the amount of \$\_\_\_\_\_

Cardholder Name: \_\_\_\_\_

Account # \_\_\_\_\_ three digit security code: \_\_\_\_\_

Signature \_\_\_\_\_ exp date \_\_\_\_\_

IF YOU WISH TO REGISTER BY MAIL, PLEASE REMIT THIS REGISTRATION FORM WITH YOUR PAYMENT TO:

University of Iowa Health Care, Continuing Medical Education Division

University of Iowa College of Medicine

100 Medicine Administration Bldg.

Iowa City, IA 52242-1101

Telephone: 319/335-8599

FAX: 319/335-8327

Note:

The University of Iowa requests this information for the purpose of processing your registration. No persons outside the University of Iowa are routinely provided this information.



## EMBASSY SUITES

Des Moines on the River

101 E. Locust Street

Des Moines, IA 50309

[www.embassysuitesdesmoines.com](http://www.embassysuitesdesmoines.com)

515-244-1700

### Hotel Reservations

A block of rooms has been reserved at the conference location, Embassy Suites. Reservations can be made by calling the Hotel directly at **515-244-1700** or Embassy Suites Brand Reservations number, **1-800-EMBASSY**. Individuals must call before Friday, October 2nd and identify themselves as being with *A Time for Transition, Aging and Mental Health Conference* to be eligible for the rate of \$119.00 per night.

### Driving Directions & Parking

**From I-35N or I-80E** - Take I-235E to Penn Ave. exit, take a right off the exit ramp going South. When you reach Locust St. take a right and continue approx. 6 blocks, Embassy Suites is on the left hand side of the road.

**From I-35S or I-80W** - Take I-235W to Penn Ave. exit, take a left off the exit ramp going South. When you reach Locust St. take a right and continue approx. 6 blocks, Embassy Suites is on the left hand side of the road.

**Parking** - Underground parking is available at the hotel, for \$14.00 per day, and surface parking is available across the street for \$7.00 per day

### DISCLOSURE STATEMENT

Everyone in a position to control the content of this educational activity will disclose to the CEU provider and to attendees all relevant financial relationships with any commercial interest. They will also disclose if any pharmaceuticals or medical procedures and devices are investigational or unapproved for use by the U.S. Food and Drug Administration (FDA).

### DISABILITY STATEMENT

The University of Iowa prohibits discrimination in employment and in its educational programs and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information on nondiscrimination policies, contact the Coordinator of Title IX, Section 504, and the ADA in the Office of Affirmative Action, (319) 335-0705 (voice) or (319) 335-0697 (fax), The University of Iowa, 202 Jessup Hall, Iowa City, Iowa 52242-1316.



Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact [icmha@uiowa.edu](mailto:icmha@uiowa.edu).



Iowa Department of  
Human Services