

## REGISTRATION

To register or for more information, please visit our website at [www.icmha.org](http://www.icmha.org) or contact Julie Bobitt at 319-384-4222 or [julie-bobitt@uiowa.edu](mailto:julie-bobitt@uiowa.edu).

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## DRIVING DIRECTIONS

Westbound on I-235-take the E. 6th St. exit, turn left on E. 6th then turn right on Des Moines St, to "T" intersection turn right on Robert D. Ray Dr. go under I-235 on the right.

Eastbound on University Ave., cross the bridge and immediately turn right on E. 6th St., turn right on Robert D Ray Dr. The Botanical Center will be on the left.

Westbound on University Ave, turn left on E. 6th St (just before the bridge), turn right on Robert D Ray Dr. The Botanical Center will be on the left.

East or west bound on Grand Ave, turn north on Robert D Ray Dr, continue under the I-235 overpass, the Botanical Center will be on the right hand side.

# Developing an Evidence-based Practice Model of Care for Older Iowans with Mental Illnesses

**WEDNESDAY, MARCH 29<sup>TH</sup> 2006**

**1:00 - 5:00 PM**

### FEATURED SPEAKERS:

Patricia Arean, PhD

Steve Bartels, MD

Martha Bruce, PhD

Michael Flaum, MD

THE DES MOINES BOTANICAL CENTER

909 Robert D Ray Drive

Des Moines, IA 50316

### SPONSORED BY:

The University of Iowa Center on Aging  
The University of Iowa Roy J. and Lucille A.  
Carver College of Medicine  
Iowa Coalition on Mental Health and Aging  
Iowa Department of Human Services



## PRIMARY PURPOSE

To identify the critical points in establishing an evidence-based practice model that identifies older adults with mental illnesses who present in primary health care settings.

## TARGET AUDIENCE

This conference is intended for multi-disciplinary health care professionals and service providers including physicians, social workers, nurses and other primary care providers, or administrators who provide health and mental health care services to older adults.

## EDUCATIONAL OBJECTIVES

Upon completion of this conference, the participant should be able to:

1. Define well established treatments for older adults with mental illnesses.
2. Determine the best way to identify individuals over the age of 65 who are at risk for mental illnesses and present in primary care settings.
3. Consider the most appropriate method to initiate targeted mental health care.
4. Analyze the outcomes of mental health treatment for older persons.

## CONTINUING EDUCATION CREDIT

The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Iowa Carver College of Medicine designates this educational activity for a maximum of 3.75 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Iowa College of Nursing, an Iowa Board of Nursing approved provider, Number 1. This offering will award 4.4 CEUs or contact hours for full time attendance. CEU cards will not be accepted until the end of the program.

The University of Iowa School of Social Work has approved 3.75 contact hours of continuing education credit for the full program.

## MEETING AGENDA

12:30 - 1:00 Registration

1:00

### Welcome and Introductions

*Brian Kaskie, University of Iowa, College of Public Health*  
*Lila Starr, Department of Human Services*

1:05 - 1:45

### Evidence-based Mental Health Practice, What Does it Look Like in Iowa?

*Michael Flaum, MD*

*University of Iowa, Department of Psychiatry*

Dr. Flaum is a professor of psychiatry at the University of Iowa, directs the Iowa Consortium for Mental Health and is an expert in the provision of psychiatric services in Iowa.

1:45 - 2:45

### Key Elements to Developing an Evidence-based Model of Care for Older Adults with Mental Illnesses

*Stephen J. Bartels, MD*

*Dartmouth College, College of Medicine*

Dr. Bartels has served as a consultant to the President's New Freedom Commission on Mental Health and is past president of the American Association for Geriatric Psychiatry. He is a national expert on evidence-based practices for older adults.

2:45 - 3:00

BREAK (refreshments provided)

3:00 - 4:00

### Co-locating Mental Health Services in Primary Care Settings: An East Coast Perspective

*Martha L. Bruce, PhD*

*Cornell University, Weill College of Medicine*

Dr. Bruce is a leading expert in the use of mental health services by older populations and is the director of the National Institute of Mental Health-American Association of Geriatric Psychiatry Advanced Research Institute.

4:00 - 5:00

### Co-locating Mental Health Services in Primary Care Settings: A West Coast Perspective

*Patricia Arean, PhD*

*Univ. of California, San Francisco, College of Medicine*

Dr. Arean is a national expert in the integration of mental health service in primary care settings and has studied a disease management model for treating depression in older primary care patients.