

Lila*

Coalition Building: Partnerships in Mental Health and Aging

Worksheet

DEFINING AND PREDICTING SUCCESS

1. List three issues that you would like your coalition on mental health and aging to address:
 - A. Expansion of MH Parity
 - B. Training/Creation of Older MH Consumer Advocates
 - C. Increase Public Awareness/Education - Battle Stigma
2. List three activities through which your coalition might do to accomplish each of the three issues above:

Issue A

- Get the Facts Campaign in IA Legislature
- Get ICMHA members to attend legislative Forums around the state
- Push for adoption of 10 pt. agenda - with parity out front

Issue B

- ICMHA members help to recruit participants for Peer Support Training Academy
- Encourage PSTA to focus on geriatric MH issues
- Reach out & enlist organizations w/aging networks, AARP, AAAs

Issue C

- Make next mtg. of ICMHA into a MH+A Conference, w/CME's 1/2 day & CEU's
- Get media attention for the conference
- Have ICMHA get on agendas at other conferences

3. List three factors that are critical to the success of your coalition:
 - A. Leadership commitment to shared mission, focus
 - B. Take a brief time @ subsequent meetings to report, individually, what I did since last mtg.
 - C. Partnership Development, which will lead to provision of resources

4. List three challenges that your coalition on mental health and aging is likely to face and then list possible solutions for each challenge:

A. Challenge: Development of leadership/passion outside of state government

Solution: Development of strong connections w/aging resource networks

B. Challenge: Creating a focus on MH within existing aging advocacy networks

Solution: Development of local coalitions, dissemination of get the facts type info into the hands of the existing networks

C. Challenge:

Solution:

FOSTERING PARTNERSHIPS

List the organizations whose participation is critical to the existence of your coalition on mental health and aging: (I.e. substance abuse organizations, mental health organizations, etc.)

- AARP

~~State Health~~

Other 2 Regents Schools + DM University

Key partners from the entire geographic area of IA

List the organizations whose participation is preferable, but without whom your coalition could still exist without:

- SA Provider Agency

Reps from MH Geriatric inpatient programs

DBSA

CROP

Orgs that represent the interests of ^{ethnic} cultural minorities

List three strategies for encouraging consumer involvement and input in your mental health and aging coalition:

1. Get information into the hands of local consumer groups + leaders/PSTA
2. Recruit add'l members to attend Coalitions meetings
3. Share info with consumers that let them know what other coalitions have done + that make them know their presence is critical.

List three strategies for fostering consensus and managing conflict among your coalition members:

1. Develop basic protocol/procedure for meetings + review that at the beginning of each mtg.
2. Make sure agenda is clear + agreed upon + homework is done before mtg.
3. IF/when issues/mission/action steps are adopted - that everyone sings from the play book

MANAGING THE LIFE OF A COALITION

How could you ensure that your coalition members are united on an issue?

How could you ensure that your coalition members carry their own weight? Is there a membership application that outlines what is expected? On the web site - put a list of expectations/responsibilities + have people agree to the steps/actions as part of registration.

List three of the most important rules under which your coalition will operate:

- A. Roberts Rules of Order will determine
- B. Discussion + Disagreement is welcome, but once a decision is made, everyone must move forward in agreement, united around the position
- C. Structure of membership must be addressed, renew commitment annually on web, remove those who haven't attended, consider differentiating voting vs non-voting membership

What human resources will your coalition require to maintain its existence and motivation?

- Web maintenance, meeting coordination, food & logistics, consumer travel reimbursements
- Offerings of CMEs & CEUs, at low or no cost
- \$ for meeting sites - occasionally
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How will you meet these human resource needs?

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What financial demands will your coalition have?

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How will you meet these financial needs?

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How will you know if your coalition is a real "good" coalition?

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PLANNING GUIDE

1. When do you intend to conduct your next coalition meeting?

2. What do you intend to accomplish at the next coalition meeting?
 - A.
 - B.
 - C.
3. Who are the primary agencies you will invite that have not been involved so far?
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4. Who are the other agencies you will invite to become involved?
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5. What potential problems will arise during the first meeting and how would you deal with these problems?
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6. What type of staff support will you require to organize and keep your coalition going?
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7. What logistics will you consider when arranging your meeting?
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8. Who will provide the financial support for your coalition building meeting (computer time, mailing cost, supplies, etc.)?
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9. What type of technical assistance will you need to improve the effectiveness of your coalition?
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