

Coalition Building: Partnerships in Mental Health and Aging

Worksheet

DEFINING AND PREDICTING SUCCESS

1. List three issues that you would like your coalition on mental health and aging to address:

- A. Educate & partner w primary care
- B. Long term care facilities - educate & partner, specialized providers resources for chronic mentally ill
- C. Include substance abuse & mental health

2. List three activities through which your coalition might do to accomplish each of the three issues above:

- Develop*
- Issue A
 - Fact sheets & ^{Physicians & Legislators} Education, training
 - Work w Dept of Inspection & Appeals - standards for ^{wing of care} facilities
 - Inclusion of substance abuse language in Fact sheets,
 - Integrate M.H. into public health

Issue B

Issue C

3. List three factors that are critical to the success of your coalition:

- A. Leadership & delegated time for committee work *Players at the table + buy-in*
- B. *Active* membership Committee *Committee work*
- C.

4. List three challenges that your coalition on mental health and aging is likely to face and then list possible solutions for each challenge:

A. Challenge: *continued leadership, time commitment*

Solution: *Membership Committee*

B. Challenge: *Committee work*

Solution: *Regular meetings - Active work /*

C. Challenge: *Where are we going?*

Solution: *Strategic plan & timeline*

FOSTERING PARTNERSHIPS

List the organizations whose participation is critical to the existence of your coalition on mental health and aging: (I.e. substance abuse organizations, mental health organizations, etc.)

- IDPH — *Local agency perspective*
Treatment — *Legislative Liaison*
- Elder affairs
- DHS
- Univ of Ia
- Licensing
ie DIA
- U of I Consortium — *Steve Arndt*
- Ia Assoc of Family Physicians

Local Alcohol & drug representative
prevention + treatment
~~XXXXXXXXXX~~
~~XXXXXXXXXX~~

List the organizations whose participation is preferable, but without whom your coalition could still exist without:

- Ia Insurance Division — *Senior Health Insurance Info Program*
- DHS or Elder Affairs — *Communications Director* participate to promote coalition.
- Invite staff member from Sen. Harkin & Grassley's office & Governor's office.

List three strategies for encouraging consumer involvement and input in your mental health and aging coalition:

1. Pre pay expenses
2. Identify consumer representatives, one from each quadrant of the state
CPC
3. Mental health Advocates, - Is there a state Association?
Inclusion in training

List three strategies for fostering consensus and managing conflict among your coalition members:

1. Determine rules, guidelines - agents, timeline for goals role + task
2. If conflict arises - issues to committees, agree to disagree or agree that conflict is alright
- 3.

MANAGING THE LIFE OF A COALITION

How could you ensure that your coalition members are united on an issue?

Consensus forming

Clarify issues

Need clear vision, mission, goals

How could you ensure that your coalition members carry their own weight?

membership application & expectations
do-able assignments + reminders -

List three of the most important rules under which your coalition will operate:

- A. Regular review & reporting on progress towards goals.
Post coalition goals (visually) in room each time
& review group's progress. Are we moving along?
- B. Establish ^{group} ground rules + review periodically
- C.

What human resources will your coalition require to maintain its existence and motivation?

- Maintain website
- Planning, logistics
- Active committee chairs to plan, remind members to keep movement
- Paid staff to coordinate efforts
- Staff to create + produce products (fact sheets, trainings)

How will you meet these human resource needs?

- paid positions
-
-
-

- media, P.R., how will others know about the coalition.
Press releases

What financial demands will your coalition have?

- Funding for paid staff
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-
-

How will you meet these financial needs?

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How will you know if your coalition is a real "good" coalition? by 12:30

- work gets done, goals are reached
- People come + continue to be involved + look forward to meetings.
- Group is seen as a resource - an authority
- Make a difference (serve warm cookies)

PLANNING GUIDE

1. When do you intend to conduct your next coalition meeting?

2. What do you intend to accomplish at the next coalition meeting?

A.

B.

C.

3. Who are the primary agencies you will invite that have not been involved so far?

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•

4. Who are the other agencies you will invite to become involved?

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5. What potential problems will arise during the first meeting and how would you deal with these problems?

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6. What type of staff support will you require to organize and keep your coalition going?

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7. What logistics will you consider when arranging your meeting?

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8. Who will provide the financial support for your coalition building meeting (computer time, mailing cost, supplies, etc.?)

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9. What type of technical assistance will you need to improve the effectiveness of your coalition?

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