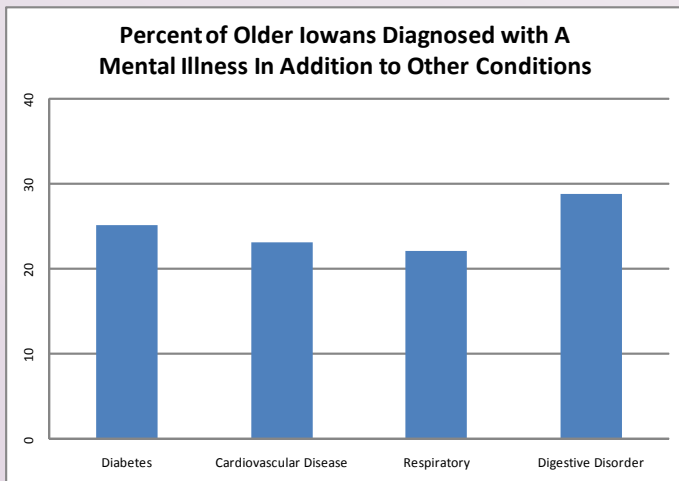
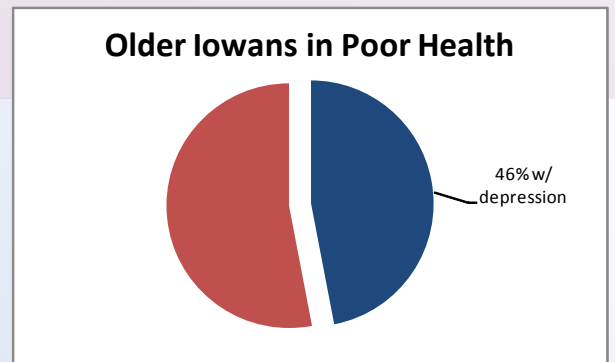
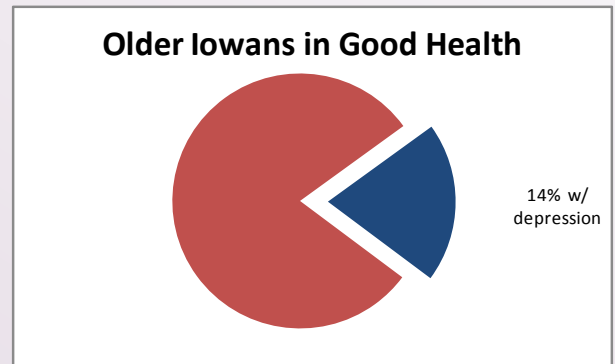


MENTAL HEALTH AFFECTS OVERALL HEALTH

I. Older Iowans with chronic health problems are more likely to have a diagnosable mental health problem.

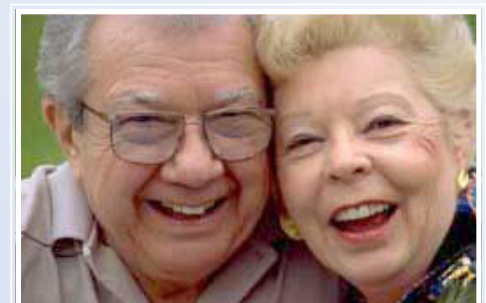
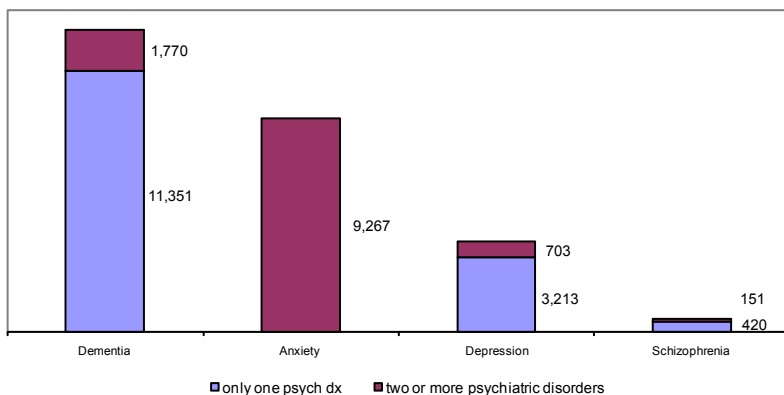


II. Older Iowans in poor health are three times more likely to have depression.



III. Older Iowans with mental illnesses often experience co-occurring psychiatric disorders.

Mental Health Problems Experienced by Older Iowans (from random sample of Medicare beneficiaries)



The Iowa Coalition on Mental Health and Aging (ICMHA) exists to promote mental health and improve specialty mental health care for older Iowans so that they can live, learn, recreate, engage in meaningful activities and access appropriate services in the communities of their choice.

Anyone who is interested in promoting mental health and improving the care provided to older Iowans with mental illnesses is welcome to join.

Persons who are particularly interested in education and training programs pertaining to older persons with mental illnesses are encouraged to join the Education & Training Work Group.

Want to Contact Us?

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Education and Training Objectives

- Conduct a public education campaign to increase public awareness about aging and mental health issues
- Facilitate provider training to expand the supply of qualified mental health service providers