



Outreach & Clinical Services

Objectives

Actions

I. Promote mental wellness among older Iowans

- Conduct mental health screenings at county fairs, meal sites, senior centers and other locations.
- Define local needs based on assessment of community mental health centers

II. Increase the number of mental health providers who are qualified to treat older Iowans



- Establish a panel of leading experts in mental health and aging, and disseminate their expertise through websites and public presentations
- Develop a statewide practice network of physicians, nurses, social workers and psychologists who are available to provide care to older Iowans with mental illnesses
- Increase the number of older adults in the Iowa peer support training academy

III. Integrate qualified mental health providers into primary health care offices and other health care settings

- Increase the number of targeted services in community mental health centers and other specialty programs
- Expand efforts to bring mental health care to nursing homes, assisted living and other long-term care facilities
- Develop collaborative models of mental health care within primary care practice locations

The Iowa Coalition on Mental Health and Aging (ICMHA) exists to expand and improve mental health care for older Iowans so that they can live, learn, recreate, engage in meaningful activities and access appropriate services in the communities of their choice.

Anyone who is interested in expanding and improving the care provided to older Iowans with mental illnesses is welcome to join.

Coalition members who are interested in the actual provision of clinical services from a qualified provider to an older person with mental illness are encouraged to join the Outreach and Clinical Work Group.

Want to Contact Us?

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Outreach and Clinical Objectives

1. Conduct mental health screenings
2. Identify and recruit mental health providers
3. Develop collaborative care models