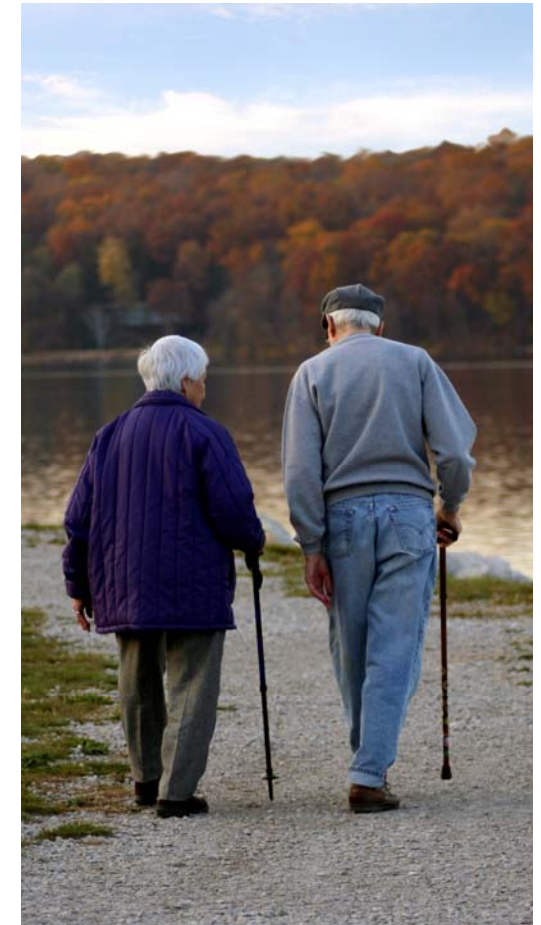
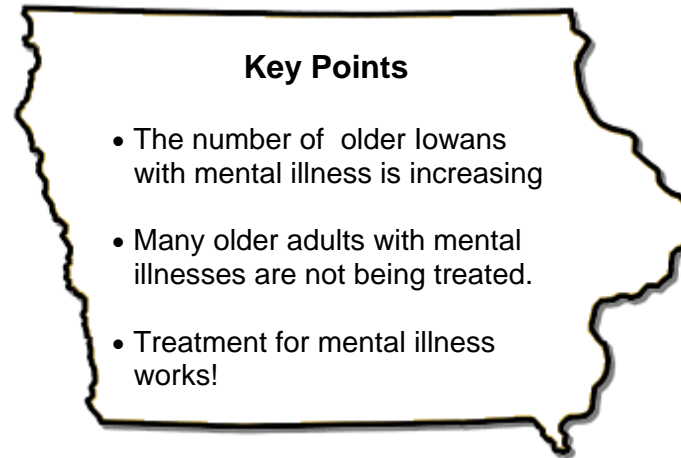


ICMHA GOALS

- Make mental wellness for older Iowans a priority for public policy makers
- Promote mental wellness among aging Iowans with emphasis on prevention, early intervention, evidence based treatment and recovery
- Increase the number of qualified providers of evidence-based mental health services to older adults
- Integrate health and supportive services to improve accessibility to mental health services for older Iowans
- Increase the capacity and impact of the Iowa Coalition on Mental Health and Aging



Iowa Coalition on Mental Health & Aging www.icmha.org

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We're on the Web!
www.ICMHA.org

MISSION STATEMENT

The Iowa Coalition on Mental Health and Aging (ICMHA) exists to expand and improve mental health care for older Iowans so they can live, learn, recreate, engage in meaningful activities and access appropriate services in the communities of their choice.

INAUGURAL MEETING

With the support of the Iowa Department of Human Services (DHS) and The University of Iowa Center on Aging, the first meeting of the Iowa Coalition of Mental Health and Aging was held in April 2005.

The Coalition identified several methods to expand and improve the delivery of mental health care to older Iowans. These included:

- Improving public education and professional training efforts
- Establishing evidence-based approaches to identifying and treating older persons with mental illnesses
- Linking qualified providers to the traditional places where older Iowans with mental illnesses receive care
- Enlisting federal agencies, policy makers, and private organizations to support coalition efforts to expand and improve mental health care for older Iowans

GET THE FACTS

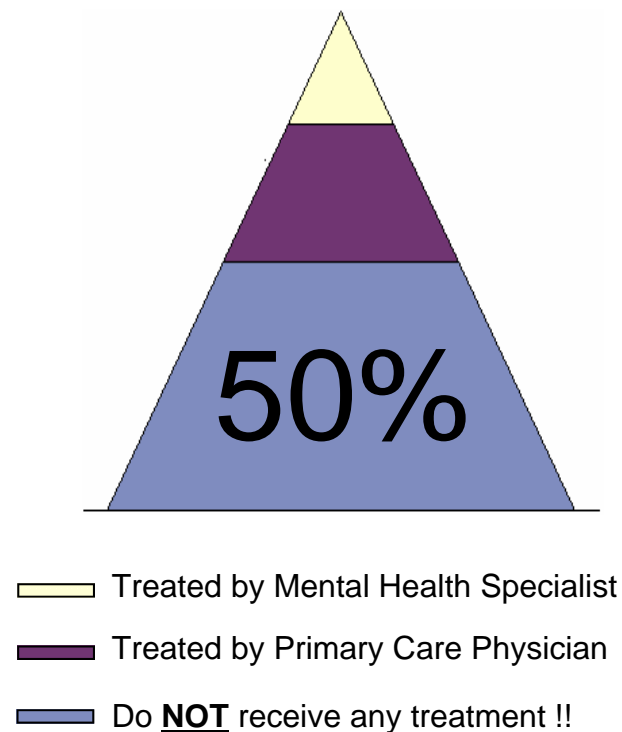
- 436,000 Iowans are over 65 years old, they represent 15% of the population
- As Iowa's aging population continues to grow, the number of older adults with mental illnesses will increase as well

Mental Illness Estimates in Iowa

Percent of persons 65+	State of Iowa
Any Mental Health Disorder	20.0 %
Depression	4.7 %
Dementia	5.5 %
Schizophrenia	0.5 %
Anxiety	7.0 %
Substance Abuse	2.6 %

- Older adults are the least likely of any age group to receive specialty mental health services
- Medicare pays for 80% of most services but only covers 50% of outpatient mental health services
- Treatment of medical conditions is complicated by untreated mental health problems

Treatment of Older Adults with Mental Illness



- Early identification and treatment are vital to accelerate recovery and prevent further harm
- Treatment success rates for mental health disorders often surpass those of other medical conditions such as heart disease and diabetes
- Older adults with mental illnesses are not receiving appropriate care even though **TREATMENT WORKS!!!**