Partnering with the arts to address injuries and violence

Since 2013, the University of Iowa Injury Prevention Research Center (UI IPRC) has collaborated with the Working Group Theater (WGT) in Iowa City on injury and violence topics such as opioids/addiction, bullying in schools and police violence.

2018: APPLES IN WINTER

The play *Apples in Winter*, written by Jennifer Fawcett of the WGT, tells the story of the family tragedy that can result from opioid addiction. The character “Miriam” bakes an apple pie for her son who committed a horrible crime while in the grips of withdrawal 22 years ago.

“Miriam” (left and bottom right photos) acts out one of the scenes at the UI College of Public Health ahead of a panel discussion on the impact of opioid addiction on families.
2016: BLACK & BLUE

(Play synopsis) “Ten years ago Charlie was a cop on a beat and Marcus was a suspect in the Fuller Park section of Chicago. Ten years since their paths crossed, their lives have gone in different directions but questions remain: Was it abuse? Brutality? Or solid police work? Charlie’s sister Charlotte is looking into the case for herself this time, and this particular evening she’s decided to bring Marcus home with her to really figure out what is what.” Black & Blue was written by Sean Christopher Lewis.

2013—2017: OUT OF BOUNDS

Out of Bounds is a play that tells the story of a girl who has been a victim of cyberbullying. The WGT used research from the UI IPRC, interviews, and a community forum to develop the play, which explores themes of friendship, identity, and forgiveness. By focusing on the emotional side of bullying, the project aims to create empathy among the students and a culture that does not accept bullying behavior. Since 2013, the award-winning play has had two national tours, hitting 22 states and reaching around 40,350 parents, teachers, and mostly—kids.

In order to expand the impact of the play and provide arts-based activities for educators, the UI IPRC and WGT developed a web toolkit called HEAR: Helping Educators Use Art to Reduce Bullying (www.hear-project.org). The toolkit includes anti-bullying activities that teachers, youth group leaders, or youth themselves can try out, and activities for all ages are available. HEAR allows kids to explore the topic of bullying through drama, writing and drawing—and even through social media with an anti-bullying Twitter campaign.

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