Occupational Health Symposium 2018

Purpose: This symposium will address the ever-changing nature of work and the implications of these changes for the health, safety, and well-being of workers.

Intended Audience: This symposium is intended for nurses, nurse practitioners, physicians, physician assistants, safety professionals, human resources professionals, administrators, wellness administrators, and other individuals interested in improving the health and safety of workers.

Jointly Provided by: The University of Iowa’s College of Public Health’s Heartland Center for Occupational Health & Safety, Healthier Workforce Center of the Midwest, UI Occupational Health, and WORKSAFE IOWA, with the University of Iowa College of Nursing and Center for Conferences.

Attendee Pass

Attend the conference on Thursday, March 29 and/or Friday, March 30.

- $180 General Public
- $155 NIAOHN Members
- $0 Heartland Center Trainees

Click Here to Register for the Conference

Exhibitor Table

Register to exhibit on Thursday, March 29. Includes attendance and lunch for 2 people. Exhibitor slots are limited.

- $250 Exhibitor Rate

Click Here to Register to Exhibit on March 29

Cancellation/Refund Policy: If registration is cancelled on or before March 16, 2018, the registration fee will be refunded less a $30 handling charge. No-shows or cancellations after March 16 will be invoiced the full registration fee.

The Hotel at Kirkwood Center

7725 Kirkwood Blvd SW
Cedar Rapids, Iowa 52404
319-848-8700 or 877-751-5111
thehotelatkirkwood.com

The Hotel at Kirkwood Center has reserved a block of rooms for March 28 and 29. To receive a block rate discount, call the hotel and make a reservation. Make sure to mention that you’re with the Occupational Health Symposium.

Free parking is available at the hotel.

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Agenda – Thursday, March 29, 2018

7:30 am  Registration, Exhibits, and Breakfast

7:55 am  Welcome and Announcements

8:00 am  Work and Stress and Health
          Diane Rohlman, MA, PhD

9:00 am  Opioids: How’d We Get Here and Where Are We Going?
          Erin Foster, ACPS

10:00 am  Exhibits and Refreshment Break

10:30 am  Ergonomics and the Mobile Work Environment:
          How to Avoid Cumulative Trauma by Using Simple Preventive Habits
          Troy Vander Molen, PT, DPT

11:30 am  Lunch (provided) and Exhibits

12:30 pm  OSHA Update
          Joe Mullen, MPA, CSP

1:30 pm  New Changes in Iowa Workers’ Compensation
          Jason Wiltfang, Attorney

2:30 pm  Exhibits and Refreshment Break

3:00 pm  Common Occupational Injuries
          Jeffrey Westpheling, MD, MPH

4:00 pm  Adjourn

Educational Objectives

Upon completion of this program, participants will be able to:

Rohlman: Explain how a psychologically healthy workplace fosters employee health, safety and well-being while enhancing organizational performance and productivity. Identify workplace factors that contribute to job stress and stress-related injury and illness. Discuss approaches to promoting employee health, safety, and well-being.

Foster: Summarize how the opioid epidemic got to where it is today, and the impact on our community. Describe what can be done to in the workplace to lower the impact of the opioid epidemic on your staff.

Vander Molen: Describe how the ABCs of cumulative trauma injury prevention should be applied to mobile work environments. Explain the importance of ergonomics, as well as the necessity of other safe work elements like work habits and “bio-ergonomics.”

Mullen: Summarize OSHA updates and how they affect employers in Iowa.

Wiltfang: Summarize the recent changes to Iowa workers’ compensation laws. Discuss potential impacts of workers’ compensation law changes to employers, employees, and claims specialists.

Westpheling: Discuss work-related low back pain, rotator cuff conditions, and carpal tunnel syndrome.

Program Faculty

The program’s sponsors wish to thank the following for sharing their expertise at Occupational Health Symposium 2018:

Erin Foster, ACPS — Director of Prevention Services, ASAC

Joe Mullen, MPA, CSP — Bureau Chief, Iowa OSHA Consultation and Education

Diane Rohlman, MA, PhD — Center Director & Principal Investigator, Healthier Workforce Center of the Midwest, College of Public Health, University of Iowa

Troy Vander Molen, PT, DPT — CEO, CFO, Partner, & Doctor of Physical Therapy, Kinetic Edge Physical Therapy

Jeffrey Westpheling, MD, MPH — Medical Director, MercyCare Occupational Health

Jason Wiltfang — Shareholder Attorney, Scheldrup Blades
Agenda – Friday, March 30, 2018

8:00 am  Registration, Exhibits, and Breakfast

8:25 am  Welcome and Announcements

8:30 am  Best Practices for Measurement and Evaluation of Occupational Exposure to Whole-Body and Hand-Arm Vibration
          Nathan Fethke, PhD, CPE

9:30 am  Multi-Generational Risks: Workers Slips, Trips, and Falls
          Larry Readout, MBA, CSP, WACH

10:30 am  Identifying Safety Risks Using Wearable Technology
          Mark Frederick

11:30 pm  Adjournment and take-home boxed lunch

Educational Objectives

Upon completion of this program, participants will be able to:

Fethke: Define terminology used to describe vibration. Describe the effects of exposure to whole-body and hand-arm vibration on human health, as well as methods for controlling occupational exposures. Explain the process for measuring exposures to whole-body and hand-arm vibration.

Frederick: Describe how emerging technologies like wearables, the “Internet of Things,” and predictive analytics are impacting the workplace safety space. Explain how predictive analytics is changing the way safety managers and insurance companies are doing their job.

Readout: Explain the magnitude and risk factors for same-level falls. Describe slip/fall prevention best practices.

Program Faculty

The program’s sponsors wish to thank the following for sharing their expertise at Occupational Health Symposium 2018:

Nathan Fethke, PhD, CPE — Associate Professor, Department of Occupational and Environmental Health, College of Public Health, University of Iowa; Ergonomic Program Director, Heartland Center for Occupational Health and Safety; Associate Director, Healthier Workforce Center of the Midwest

Mark Frederick — Co-Founder and Chief Technical Officer, MākuSafe

Larry Readout, MBA, CSP, WACH — Senior Engineer, EMC Insurance Companies
Continuing Education Credits

HR CEUs
Occupational Health Symposium 2018 has been pre-approved for 9 HR (General) recertification credit hours toward recertification through HR Certification Institute (HRCI).

The use of this seal confirms that this activity has met HR Certification Institute’s (HRCI®) criteria for recertification credit pre-approval.

Nurse CEUs
The University of Iowa College of Nursing is an Iowa board of Nursing Approved Provider Number 1. The Heartland Center requires full time attendance each day for CEU award.

Contact hours each day:
- Thursday, March 29 awards 6.0 hours.
- Friday, March 30 awards 3.0 hours.
Attendance on both Thursday, March 29 and Friday, March 30 awards a total of 9.0 contact hours. The Heartland Center requires full time attendance each day for CEU award.

General CEUs
General CEUs will be awarded by the UI Center for Conferences.

Contact hours each day:
- Thursday, March 29 awards 6.0 hours.
- Friday, March 30 awards 3.0 hours.
Attendance on both Thursday, March 29 and Friday, March 30 awards a total of 9.0 contact hours (0.9 General CEUs).

Questions?
Contact Mike Meginnis at 319-335-4684 or michael-meginnis@uiowa.edu.

Nondiscrimination Policy
The University of Iowa prohibits discrimination in employment, education programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information on nondiscrimination policies, contact the Office of Equal Opportunity and Diversity, 319-335-0705.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact Mike Meginnis at 319-335-4684 or michael-meginnis@uiowa.edu.

Planning Committee
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Mike Meginnis — Continuing Education & Outreach Coordinator, Heartland Center for Occupational Health & Safety 319-335-4684 : michael-meginnis@uiowa.edu
Diane Rohlman, MA, PhD — Associate Professor, Department of Occupational & Environmental Health, Center Director & Principal Investigator, Healthier Workforce Center of the Midwest
Tracie Abbott, MSN, ARNP, FNP — Nurse Practitioner, UI Occupational Health, North Liberty
Shelly Campo, PhD — Associate Professor, Department of Community & Behavioral Health, Outreach Director, Healthier Workforce Center of the Midwest
Kevin Kelly, PhD — Deputy Director, Healthier Workforce Center of the Midwest, Associate Research Scientist, Department of Occupational & Environmental Health
Laura Keniston, MHA — Outreach Coordinator, Healthier Workforce Center of the Midwest