

Slips and trips are the <u>MOST FREQUENT</u> cause of injury on the farm and often result in missing over a month of work.

## **F** Focus on Footwear

Wear footwear with high traction and rubber soles. Replace footwear before the tread wears out.

## A Assess Your Environment

Be alert for slippery conditions, slopes, dimly lit areas and uneven ground. Use non-skid strips or treads on potentially slick walking surfaces.

## R Reduce Hazards

Make sure stairs have handrails, same rise and depth, visible edges and non-slip tread. Provide warnings for obstacles and holes in the ground. Keep floors clean and clutter free, especially in areas with stairs or slopes.

## Maintain a Safe Environment

Maintain a clean and safe work area in ever-changing conditions.



