Depression Care Management Training

Learn How to Implement a Proven Approach to Successfully Manage Depression Through Collaboration

June 24-25, 2010
June 24: 9 a.m. – 4 p.m.; June 25: 9 a.m. – 1 p.m.
ICSI Headquarters, Bloomington, MN
(Half-Price for ICSI Members)

Roughly 75% of patients with depression seek help from their primary care physician, yet a year later, only about 5% are in remission. Almost 40 research trials – and now a program implemented across 83 clinics in the past two years – show that a team-based approach centered around a care manager vastly improves patients’ outcomes.

1.5 Days to Get You on Your Way
To help clinics implement these core components of depression care successfully into their routine clinic workflow and processes, the Institute for Clinical Systems Improvement (ICSI) is now offering a day-and-a-half Depression Care Management Training Program. The cost is $495 for non-members, $250 for ICSI members.

By attending, you’ll learn:
1. What it takes to work in a team-based, collaborative care model
2. How to identify and define roles within that model
3. How to make the operational changes needed to sustain and normalize the model as a new way of working.

Training Stems from Lessons Learned in ICSI’s DIAMOND Program

- ICSI launched the DIAMOND program in early 2008
- Program changes how care for the patient with depression is delivered and paid for in primary care
- Program has been proven in 83 clinics
- DIAMOND is getting 5-10 times as many patients into remission at six months vs. typical primary care treatment
The lessons learned and the best practices uncovered from the 83 clinics offering the DIAMOND program are the foundation for the Depression Care Management Training. The objectives of the training are to provide attendees with:

1. Practical approaches to recognizing and treating depression in primary care.
2. Key elements of evidence-based collaborative care for depression.
3. Effectiveness of collaborative care with clinically challenging cases.
4. Challenges in implementing a collaborative team approach (e.g., workflow, caseload tracking, care management support and follow-up) and how to overcome them.

**Who Should Attend:**  
Staffs of medical groups that are contemplating starting up a care manager-centered system of care like DIAMOND to treat depression. This includes care managers, clinic administrators, physicians and psychiatrists. New staff from clinics already offering DIAMOND would also benefit.

**Program Details**
- **Date:** June 24-25, 2010  
- **Times:** June 24: 9 a.m. – 4 p.m.; June 25: 9 a.m. – 1 p.m. (Breakfast both days at 8:30 a.m.).  
- **Location:** ICSI headquarters at 8009 34th Ave. S., Suite 1200, Bloomington, MN 55425 (within 2 miles of the Twin Cities airport).  
- **Class size:** Limited to the first 30 registrants.  
- **Cost:** $495 for non-ICSI members. For ICSI members, $250. Includes continental breakfast and lunch both days

- **Hotels:**  
  - Hilton Minneapolis/St. Paul Airport Hotel  
  - Holiday Inn Select and Suites-Minneapolis/St. Paul International Airport  
  - Embassy Suites Minneapolis Airport Hotel

- **Questions:** Lynette.wheelock@icsi.org, or call Lynette at (952) 814-7090.