CASE MANAGEMENT PROGRAM FOR FRAIL ELDERLY

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What is the Case Management Program for the Frail Elderly?
Case Management is a program to coordinate community services. The goal is to provide supportive services to help you remain in your home.

What Does It Cost?
There are no income guidelines and no cost to participate in the Case Management Program. There may be fees for individual services. Medicare or Medicaid may cover the cost of some services or there may be a sliding fee scale. Some participants will be eligible for the Medicaid Elderly Waiver to cover the cost of services.

How Does It Work?
In order to understand your needs, a visit will be arranged in your home. You will be asked questions to assess your situation. One person will be your Case Manager.

Your Case Manager will arrange for the services you choose and will continue to be available to coordinate these services and act as your advocate. You and your family will choose which services you receive.

AGING RESOURCES of Central Iowa
The Experts on Aging
Case Management Program for the Frail Elderly
Explanation of Qualifications & Benefits

Program: Title XIX Home & Community Based Elderly Waiver

Intent: Provide support for the Frail Elderly to remain in their own homes.

Qualifications:

1. Over the age of 65;

2. Meet Level of Care requirements (either Intermediate or Skilled Level of Care); if you have difficulty dressing, preparing meals, walking or thinking clearly, you may qualify; and

3. A monthly income of less than $2,022. There is also a limit to the amount of resources (savings accounts, annuities, etc.) a person may have. The maximum amount of resources is $2,000 for an individual. For a couple, the community spouse may retain one-half of the couples' assets up to a maximum of $109,560 (resources for a couple totaling less than $24,000 do not count towards the institutionalized/elderly waiver spouse's resources). If both are on the waiver, maximum resources are $3,000. House and car are not counted as resources.

NOTE: These criteria are guidelines. There are LEGAL EXCEPTIONS; (please check with your Area Agency on Aging or Department of Human Services).

Benefits:

If you meet all of the above stated qualifications, you will receive:

1. A Title XIX card (Title XIX pays for medication, eye glasses, etc.); and

2. Service providers will be paid for services you may need, including:
   - adult day care
   - assistive devices (up to $110.05 per item)
   - personal emergency response system
   - home-delivered meals (includes liquid supplements)
   - homemaker service
   - home health aide
   - mental health outreach
   - nursing
   - nutrition counseling
   - respite (in-home & facility)
   - transportation
   - home and vehicle modification ($1,010 lifetime maximum)
   - consumer directed attendant care (CDAC)
   - consumer choices option
   - senior companions
   - chore services

The total service dollars for all providers may not exceed $1,117 a month for Intermediate Level of Care or above $2,631 for Skilled Level of Care. This program is provided to you through a cooperative effort between the Area Agency on Aging, Department of Human Services, and Iowa Foundation for Medical Care. The Estate Recovery Law applies. Please ask your local Department of Human Services Income Maintenance Worker for details.