

## Adaptation Planning Tool\* - StairWELL Program Activity

Adaptation Categories	Your Community	EBA	Fit outcome; adaptation ideas	Recommendation			Importance	Decision
			Yes, No, Partially; Notes	No	Maybe	Yes		
<b>Program Outcomes and Objectives</b>								
Health outcome/goal	Goal:	Obesity prevention or decrease in population						
Behavior Sub-behaviors	Objectives:	Increase physical activity -Use the stairs						
Environment	Actors, facilities:	-Building manager -Safety officer -Presence of stairwells						
<b>Determinants &amp; Methods</b>								
Determinants	Determinants & related objectives, Methods:	Determinants addressed, methods used:  Perception of the stairs as unpleasant; facilitation (creating environment to reduce barriers)						
<b>Delivery mechanisms</b>								
Channel, vehicle	Availability, preferences:	Channel/ vehicle used: Motivational signs						

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<b>Population (other)</b>								
Materials re: population	Demographics:	Pictures, graphics, language: -Pictures not specific to any ethnic group -Signs available to download in English						
<b>Implementation (capacities, resources)</b>								
Resources: time, money	Available:	Needed: Paint Carpet Rubber stairtreads Focus groups Sign production Sign mountings Art prints Mounting/framing art Installation of art Tracking system						
Implementers & other roles	Available/ preferred (readiness, leadership):	Needed: Manager Building manager Safety Officer						
Context	Setting/ Barriers and facilitators:	Context in which evaluated: Work place						

\* Tool adapted from: Lesesne, C. A., Lewis, K. M., Moore, C., Fisher, D., Green, D., & Wandersman, A. (2007). Promoting Science-based Approaches to Teen Pregnancy Prevention using Getting To Outcomes: Draft June 2007. Unpublished manual.