**Don’t Leave Home Without (Consulting) It**

As more and more US citizens travel out of the country—63+ million of us in 2005—health care providers (and others in an advisory role) can help travelers protect themselves from endemic diseases or other health risks. The online version of “Health Information for International Travel (2005-2006)” has been issued by the CDC. The latest version of the Yellow Book, as it’s also known, contains an expanded index and updated information on vaccine requirements, pandemic flu, and other topics.

**CDC (Traveler’s Health: Yellow Book) - wwwn.cdc.gov/travel/contentWhatsNew.aspx**

**Flaggers At Risk**

Summer means road construction, and with construction projects come flaggers, individuals who need protection from various hazards. One danger is heat illness, which can be prevented with light, layered clothing (including a hat); scheduled breaks; and frequent drinking of fluids. Other special risks that flaggers face involve vehicles and motorists.

**safetyXchange (Safety on the Road) - www.safetyxchange.org/newsletter.php?id=586**

**Are You Covered?**

Since 1991 drug and alcohol testing has been required for transportation employees in aviation, trucking, railroads, mass transit, pipelines and other industries. US Department of Transportation (DOT) regulations cover who must conduct the tests and how to conduct them. One of the most frequent questions the department receives is “How do I know if I am subject to DOT testing?”

**DOT (Am I Covered by DOT Drug and Alcohol Testing Regulations?) - www.dot.gov/ost/dapc/odapc/v3_slide0001.htm**

**OSHA Guidance on First Aid Programming**

In 2004, there were 5,703 work-related fatalities in private industry and 4.3 million total workplace injuries and illnesses. When issuing citations, OSHA now references a 2006 document entitled “Best Practices Guide: Fundamentals of a Workplace First-Aid Program” (OSHA 3317-05N 2006). The publication lists the primary components of a first-aid training program in the workplace (but is not a standard or regulation and creates no new legal obligations).

**OSHA - www.osha.gov/Publications/OSHA3317first-aid.pdf**

**ASSE Focuses on Falls**

Falls being one of the top four causes of on-the-job fatalities, the American Society of Safety Engineers wants to provide a comprehensive resource for any employer with workers at height. The ASSE has approved a new series of fall protection/arrest standards covering safety requirements for personal fall arrest systems, travel restraint systems, self-rescue systems, and other aspects of preventing fall-related injuries and deaths.

**ASSE (Z359 family of standards) - www.asse.org/search.php?varSearch=Z359**