Vol. 17, No. 9 - March 2010

**OH Spring Symposium: Now More Convenient Than Ever**

The annual Occupational Health Symposium sponsored by the University of Iowa Heartland Center for Occupational and Environmental Health and WORKSAFE Iowa has been modified. The previously 3-day conference is now spread over three months, with each day-long session focusing on topics in a specific field.

- Session 1: Safety and Ergonomics - March 26
- Session 2: Industrial Hygiene - April 30
- Session 3: Occupational Medicine/Occupational Health Nursing - May 21

The 2010 conference sessions will be held at the Coralville Holiday Inn. While each session has a particular focus, the information in each session is designed to benefit participants across the spectrum of professionals who are working to improve worker health and safety-physicians, PAs, nurses, nurse practitioners, industrial hygienists, safety professionals, human resource professionals, and others.

*Heartland Center - [www.public-health.uiowa.edu/heartland/ce/courses.asp](http://www.public-health.uiowa.edu/heartland/ce/courses.asp)*

**Nutrition From The Ground Up**

If you eat, you have a stake in National Nutrition Month, and lots of information and ideas are available from the American Dietetic Association, which created the annual education campaign back in the early 1970s. This year's theme, "Nutrition from the Ground Up," emphasizes the basics in eating right.

*American Dietetic Association (Nutrition Education Resources) - [www.eatright.org/NNM/content.aspx?id=5342](http://www.eatright.org/NNM/content.aspx?id=5342)*

*ADA/Jim Coleman, Ltd. (Nutrition Month merchandise) - [www.jimcolemanltd.com/nnm/](http://www.jimcolemanltd.com/nnm/)*

**Farmworkers’ Flu Exposure**

In 2008, the Office of Minority Health of the CDC discovered that the lifestyle and practices of farmworkers made general CDC recommendations on flu prevention, such as social distancing or preparing emergency kits, difficult to follow. An online presentation on "Farmworkers and Influenza: Planning for their health and safety," includes recommendations that also apply to the H1N1 pandemic that developed after the CDC’s research.

*AgriSafe Network (Training Resources) - [www.agrisafe.org/training/archives](http://www.agrisafe.org/training/archives)*

**Health Care for the Mobile Poor**

Among the resources mentioned in the webinar on farmworkers and flu is a non-profit organization devoted to strengthening clinical care for migrant workers. Founded in 1984 by three clinicians who met at a migrant health conference, the Migrant Clinicians Network (MCN) provides information to clinicians and communities through publications, workshops, and consultations, with a focus on “justice in health care for the mobile poor.”

*Migrant Clinicians Network - [www.migrantclinician.org/health_centers.html](http://www.migrantclinician.org/health_centers.html)*

**OSHA Proposes Form 300 Change for MSDs**

To improve the completeness of their national injury/illness data, OSHA proposes revisions to Form 300 reporting log to better identify work-related musculoskeletal disorders (MSDs) - although the requirements for when and under what circumstances employers record MSDs will not change.


UI HealthWorks is a member of the WORKSAFE IOWA Occupational Medicine Associate Network, the only university-affiliated network of occupational health providers. WORKSAFE IOWA is an outreach program of the Department of Occupational and Environmental Health in the College of Public Health at the University of Iowa ([www.public-health.uiowa.edu/worksafe](http://www.public-health.uiowa.edu/worksafe)).