

## COLLEGE OF PUBLIC HEALTH CURRICULUM VITAE

Sato Ashida, Ph.D.

December 2017

### I. EDUCATION AND PROFESSIONAL HISTORY

#### A. Education

<u>Institution</u>	<u>Field of Study</u>	<u>Degree Obtained</u>	<u>Degree Date</u>
The Ohio State University, Columbus, OH	Piano Literature and Performance, International Relations	BM	1995
The Ohio State University, Columbus, OH	Piano Literature and Performance	MM	1997
Florida State University, Tallahassee, FL	Music Therapy	MM	1999
The Ohio State University, Columbus, OH	Public Health, Interdisciplinary Specialization in Aging	PhD	2005

#### B. Professional and Academic Positions

<u>Position Title</u>	<u>Dates of Service</u>	<u>Location/Institution</u>
Music Therapy Intern	1999	Heather Hill Hospital Health and Care Center, Corrine Dolan Alzheimer's Center, Chardon, OH
Student Intern	2002	Central Ohio Area Agency on Aging, Columbus, OH
Board Certified Music Therapist	2000-2003	Columbus Music Therapy Center, Institute for Human Potential at Columbus, OH
Graduate Research Associate	2000-2001	Division of Health Behavior and Health Promotion, the Ohio State University College of Public Health
Graduate Research Associate	2001-2002	Clinical Cancer Genetics Program at James Cancer Research Hospital at the Ohio State University

<u>Position Title</u>	<u>Dates of Service</u>	<u>Location/Institution</u>
Graduate Teaching Associate	2002-2004	Division of Health Behavior and Health Promotion, Ohio State University College of Public Health
Graduate Research Associate	2004-2005	Division of Epidemiology, Ohio State University College of Public Health
Research Associate	2005-2006	Divisions of Epidemiology and Health Behavior and Health Promotion, Ohio State University College of Public Health at Columbus, OH
Postdoctoral Research Fellow	2006-2010	Division of Intramural Research, Social and Behavioral Research Branch, National Human Genome Research Institute, National Institutes of Health at Bethesda, MD
Assistant Professor	2010-2012	Division of Social and Behavioral Sciences, University of Memphis School of Public Health at Memphis, TN
Assistant Professor	2012-present	Department of Community and Behavioral Health, University of Iowa College of Public Health; Aging Mind and Brain Initiative

**C. Honors, Awards, Recognitions, and Outstanding Achievements**

<u>Year</u>	<u>Title</u>
1994-1995	George Haddad Piano Scholarship: The Ohio State University School of Music
1995	Excellence in the Arts Award: The Ohio State University College of Arts and Sciences
1995	Graduated with Cum Laude, The Ohio State University
1997	Pi Kappa Lambda, National Music Honor Society
1997	Golden Key National Honor Society
1999	The Honor Society of Phi Kappa Phi
2005	Jerome Kaplan Outstanding Graduate Paper in Gerontology Award, Ohio Association of Gerontology and Education
2005	Outstanding Student Award (in MS/PhD section), The Ohio State University College of Public Health and OSU College of Public Health Alumni Society

<u>Year</u>	<u>Title</u>
2006	Nominee for Dissertation Award, Behavioral and Social Sciences Section, Gerontological Society of America
2006	Honorable Mention, James G. Zimmer New Investigator Research Award, Gerontological Health Section, American Public Health Association
2006-2010	National Institutes of Health Intramural Training Award
2007	Outstanding poster presentation award, Scientific Retreat, Division of Intramural Research, National Human Genome Research Institute, National Institutes of Health
2008	Emerging Scholars and Professional Organization Poster Award, Gerontological Society of America
2008	Selected for oral presentation, Scientific Retreat, Division of Intramural Research, National Human Genome Research Institute, National Institutes of Health
2009	New Investigator Award, American Public Health Association Genomics Forum
2009	Exceptional Stipend Increase for Postdoctoral Fellow, National Human Genome Research Institute, National Institutes of Health
2010	Accepted for a full membership from the American Academy of Health Behavior
2010	Institute on Systems Science and Health, Office of Behavioral and Social Sciences Research/National Institutes of Health, Centers for Disease Control and Prevention
2011	National Institute on Aging Summer Institute on Aging Research
2011	Faculty Research Grant Recipient, University of Memphis, Memphis, TN
2014	Visiting Scholar, Tokyo Metropolitan Institute of Gerontology, Tokyo, Japan

## **II. TEACHING**

### **A. Teaching Assignments**

#### **1. University of Iowa**

<u>Semester/Year</u>	<u>Course Title/Number</u>	<u>Semester Hours</u>	<u># Students</u>	<u>Role</u>	<u>Percent Responsible</u>
Fall 2012	CBH:5105/172:101:EX W Introduction to Health Promotion and Disease Prevention	3	37	Instructor	100%
Fall 2013	CBH:5105/172:101:EX W Introduction to Health Promotion and Disease Prevention	3	39	Instructor	100%
Spring 2013	CBH:5105/172:101 Introduction to Health Promotion and Disease Prevention	3	44	Guest Lecturer	1 lecture
Spring 2014	CBH:6410/172:170 Special Topics: Health Promotion in an Aging Context	3	4	Instructor	100%
Fall 2014	CBH:5105/172:101:EX W Introduction to Health Promotion and Disease Prevention	3	26	Instructor	100%
Fall 2014	SSW:5219:0001 Aging and the Family	3	30	Guest Lecturer	1 lecture
Spring 2015	CBH:5105/172:101 Introduction to Health Promotion and Disease Prevention	3	51	Co- Instructor	50%
Fall 2015	CBH:5105/172:101:EX W Introduction to Health Promotion and Disease Prevention	3	44	Instructor	100%
Spring 2016	CBH:6410 Special Topics: Social Relationships, Health, and Aging	3	4	Instructor	100%
Spring 2016	CBH:5105 Introduction to Health Promotion and Disease Prevention	3	32	Guest Lecturer	1 lecture

<u>Semester/Year</u>	<u>Course Title/Number</u>	<u>Semester Hours</u>	<u># Students</u>	<u>Role</u>	<u>Percent Responsible</u>
Fall 2016	CBH:4105:0EXW Introduction to Health Promotion and Disease Prevention	3	38	Instructor	100%
Spring 2017	CBH:5105 Introduction to Health Promotion and Disease Prevention	3	44	Guest Lecturer	1 lecture
Fall 2017	CBH:4105:0EXW Introduction to Health Promotion and Disease Prevention	3	44	Instructor	100%
Fall 2017	ASP:3008:0SCA Basic Aspects of Aging	3	25	Guest Lecturer	1 lecture

## 2. Other Institutions

<u>Semester / Year</u>	<u>Course Title/Number</u>	<u>Semester Hours</u>	<u># Students</u>	<u>Role</u>	<u>Percent Responsible</u>	<u>Institution</u>
Fall 2010	PUBH7160: Social and Behavioral Sciences Principles	3	30	Co-Instructor	12.5%	University of Memphis School of Public Health
Fall 2011	PUBH7160U 50: Social and Behavioral Sciences Principles (online)	3	7	Instructor	100%	University of Memphis School of Public Health
Spring 2012	PUBH81610 01: Advanced Psychosocial Theories in Health	3	7	Instructor	100%	University of Memphis School of Public Health
Spring 2012	Communication and education	3	24	Guest Lecturer	1 Lecture	University of Memphis College of Education

### 3. Continuing Education Talks

Ashida S (September 2011) Social Relationships and Aging, Southeastern Association of Area Agency on Aging, Memphis, TN.

Ashida S (May 2014) Social Networks, Social Relationships, and Health. Annual Mental Health Conference. Iowa Veterans Home, Marshalltown, IA.

Ashida S (April 2015) Social Relationships, Family Communication, and Well-Being. 2015 Geriatric Lecture Series, Iowa Geriatric Education Center, Iowa City, IA.

### B. Students Advised

#### *Graduate Students/Dissertations/Thesis*

<u>Name</u>	<u>Degree</u>	<u>Role</u>	<u>Outcome</u>
Behrouz Madahian, University of Memphis	MS	Thesis committee	Principal Data Scientist, Department of Mathematical Sciences, University of Memphis
Virginia Carney, University of Memphis	MPH	Thesis committee	Registered Dietitian, Pediatric Memphis
Tera Tongumpun, University of Memphis	MPH	Advisor, Research mentor	Medical Student, East Tennessee State University
Angela Johnson, University of Memphis	MPH	Advisor	CEO, SKY-Simply Know Yourself (Etiquette and mentoring program)
Crystal Ton, University of Memphis	MPH	Advisor, Thesis committee chair	
Moshinah Usmani, University of Memphis	MPH	Advisor, Research supervisor	Medical student, University of Tennessee, health Science Center
Ashley Jones, University of Memphis	MPH	Advisor	Education and Outreach Manager, Planned Parenthood Greater Memphis Region
Robin Rutherford, University of Memphis	MPH	Advisor	Tennessee Public Health Training Center
Siri Ogg, University of Memphis	PhD	Doctoral examination committee, research mentor	Dissertation in progress
Ellen Schafer, University of Iowa, University of Memphis	PhD	Advisor, Dissertation chair, examination	Postdoctoral fellow, University of South Florida

<u>Name</u>	<u>Degree</u>	<u>Role</u>	<u>Outcome</u>
		committee, research supervisor	
Laura Schwab-Reese, University of Iowa	PhD	Dissertation and examination committees	Postdoctoral fellow, University of Colorado
Erin Robinson, University of Iowa School of Social Work	PhD	Dissertation and examination committees, research supervisor	Assistant Professor, University of Missouri-Columbia
Meagan Schorr	MPH	Research supervisor	Violence-prevention program coordinator, UI Women's Resource and Action Center
Melissa Fox	MPH	Research supervisor	Elder Services Inc., Iowa City
Julia Friberg	MPH	Research supervisor, mentor	Qualitative Analyst, The Center for Comprehensive Access & Delivery Research and Evaluation, Iowa City VA Medical Center
Amanda Berns, University of Iowa College of Education	PhD	Dissertation committee	School Psychologist, Iowa City
Claire Richmond, University of Iowa	MPH	Advisor	Program Coordinator, Healthy Homes East Bank, Des Moines
Meagan Johnson, University of Iowa	MPH	Advisor, Research supervisor	Assistant in Instruction, University of Iowa, Department of Health and Human Physiology
Lauren Slagel, University of Iowa	MPH	Advisor, Research supervisor	Research Assistant, The Children's Mercy Hospital, Kansas City
Audrey Schroer, University of Iowa	MPH	Research supervisor, mentor	Education Coordinator, Prelude Behavioral Services, Iowa City
Erin Arneson, University of Iowa	MPH	Research supervisor	Case Manger, Association for Mental Health and Wellness, Ronkonkoma, NY
Talor Gray, University of Iowa	MPH	Research supervisor	Individual Living Specialist, Access to Independence, Iowa City
Sara Cassabaum, University of Iowa	MPH	Advisor, Research supervisor	Enrolled in a nursing practitioner program

<u>Name</u>	<u>Degree</u>	<u>Role</u>	<u>Outcome</u>
Andrew Potter, University of Iowa	PhD	Doctoral examination committee member	Assistant Professor, California State University
Emily Hejna	MPH	Research supervisor, mentor	Research Associate, Department of Community and Behavioral Health, UI College of Public Health
Amy Schumacher, University of Iowa	PhD	Doctoral dissertation and examination committee member	Epidemic Intelligence Service Officer, Centers for Disease Control and Prevention
George Pro, University of Iowa	PhD	Doctoral dissertation and examination committee member	In progress
Madeline Mueller, University of Iowa	MPH	Advisor, Research supervisor	In progress
Samantha Kloft	MPH	Advisor	In progress
Tammy Walker, University of Iowa Department of Communication	PhD	Examination and Dissertation committee member	In progress
Elizabeth Byram, University of Iowa School of Social Work	PhD	Examination and Dissertation committee member	In progress
Katie McCullough	MPH	Advisor	In progress
Kyra Sorenson	Undergr ad-to- grad (U2G)	Advisor	In progress

### III. SCHOLARSHIP

#### A. Publications or Creative Works

##### 1. Peer-Reviewed Papers

1. **Ashida, S.** (2000). The effect of reminiscence music therapy sessions on changes in depressive symptoms in elderly persons with dementia. *Journal of Music Therapy*, 37(3), 170-182.

2. Sweet, K., Willis, S., **Ashida, S.**, & Westman, J. (2003). Use of fear-appeal techniques in design of tailored cancer risk communication messages: Implications for healthcare providers. *Journal of Clinical Oncology*, 21(17), 3375-3376.
3. **Ashida, S.**, & Heaney, C. A. (2008). Social networks and participation in social activities at a new senior center: Reaching out to older adults who could benefit the most. *Activities, Adaptation, and Aging*, 32(1), 40-58.
4. **Ashida, S.**, & Heaney, C. A. (2008). Differential associations of social support and social connectedness with structural features of social network systems and the health status of older adults. *Journal of Aging and Health*, 20(7), 872-893.
5. Ferguson, S. A., Burr, D. L., Allread, W. G., **Ashida, S.**, Fujishiro, K., Heaney, C., & Marras, W. S. (2008). Prevalence of low back disorders in furniture distribution centers. *Proceedings of the Human Factors and Ergonomics Society 52<sup>nd</sup> Annual Meeting* (peer-reviewed).
6. **Ashida S.**, Hadley, D. W., Vaughn, B. K., Kuhn, N. R., Jenkins, J. F., & Koehly, L. M. (2009). The impact of familial environment on depression scores after genetic testing for cancer susceptibility. *Clinical Genetics*, 75, 43-49. PMID: PMC2615793
7. **Ashida, S.**, Palmquist, A. E., Basen-Engquist, K., Singletary, S. E., & Koehly, L. (2009). Changes in female support network systems and adaptation after breast cancer diagnosis: Differences between older and younger patients. *The Gerontologist*, 49(4), 549-559. PMID: PMC2733765
8. **Ashida, S.**, Koehly, L. M., Roberts, J. S., Chen, C. A., Hiraki, S., & Green, R. C. (2009). Disclosing the disclosure: Factors associated with communication of susceptibility genotype to family, friends, and health professionals. *Journal of Health Communication*, 14(8), 768-784. PMID: PMC2801901
9. **Ashida, S.**, Wilkinson, A., & Koehly, L. (2010). Motivation for Health Screening: Evaluation of Social Influence within Mexican American Families. *American Journal of Preventive Medicine*, 38(4), 396-402. PMID: PMC2844878
10. **Ashida, S.**, Koehly, L., Roberts, S., Chen, C., Hiraki, S., & Green, R. (2010). The role of disease perceptions and results sharing on psychological adaptation in genetic susceptibility testing: The REVEAL Study. *European Journal of Human Genetics*, 18(12), 1296-301. PMID: PMC2988099
11. Hadley, D. W., **Ashida, S.**, Jenkins, J. F., Mensz, J. M., Calzone, K. A., Kuhn, N. R., McBride, C. M., Kirsch, I. R., & Koehly, L. M. (2010). Generation after generation: Exploring the psychological impact of providing genetic services through a cascading approach. *Genetics in Medicine*, 12(12), 808-815.
12. Canan, B. D., Asti, L., Heaney, C. A., **Ashida, S.**, Renick, K. M., Xiang, H., Stallones, L., & Wilkins, J. R. (2011). Compliance with NAGCAT work practices recommendations for youth cleaning service alley in stall barns. *Journal of Agricultural Safety and Health*, 17(2), 127-146.
13. Asti, L., Canan, B. D., Heaney, C., **Ashida, S.**, Renick, K., Xiang, H., Stallones, T., Bean, T., Jepsen, S. D., & Wilkins, J. R. III. (2011). Compliance with the North American Guidelines for Children's Agricultural Tasks among Youth Working with Large Animals. *Journal of*

*Agromedicine*, 16(3), 174-193.

14. Hadley, D. W., **Ashida, S.**, Jenkins, J. F., Calzone, K. A., Kirsch, I. R., & Koehly, L. M. (2011). Colonoscopy use following mutation detection in Lynch syndrome: Exploring a role for cancer screening in adaptation. *Clinical Genetics*, 79(4), 321-328. PMID: PMC3407565
15. Koehly, L., **Ashida, S.**, Giroux, A., Skapinsky, K., Hadley, D. W., Wilkinson, A. V. (2011). Willingness of Mexican-American adults to share family health history with healthcare providers. *American Journal of Preventive Medicine*, 40(6), 633-636. PMID: PMC3104291
16. **Ashida, S.**, Goodman, M., Pandya, C., Koehly, M., Lachance, C., Stafford, J., & Kaphingst, K. (2011). Age differences in health literacy, genetic knowledge and causal beliefs for health conditions. *Public Health Genomics*, 14(4-5), 307-316. PMID: PMC313690
17. **Ashida, S.**, Heaney, C. A., Kmet, J. M., & Wilkins, J. R. (2011). Using Protection Motivation Theory and Formative Research to Guide An Injury Prevention Intervention: Increasing Adherence to the North American Guidelines for Children's Agricultural Tasks. *Health Promotion Practice*, 12(3), 396-405.
18. **Ashida, S.**, Hadley, D. W., Goergen, A. F., Skapinsky, K., Devlin, H., & Koehly, L. M. (2011). The importance of older family members in providing social resources and promoting cancer screening in families with a hereditary cancer syndrome. *The Gerontologist*, 51(6), 833-842. PMID: PMC3220664
19. Ahn, S., & **Ashida, S.** (2012). Editorial: Music therapy for dementia. *Maturitas*, 71, 6-7.
20. **Ashida, S.**, Wilkinson, A., & Koehly, L. (2012). Social influence and motivation to change health behaviors: Implications for diet and physical activity. *American Journal of Health Promotion*, 26(3), 176-179. PMID: PMC3252202.
21. **Ashida, S.**, Goodman, M. S., Stafford, J., Lachance, C., & Kaphingst, K. A. (2012). Perceived familiarity with and importance of family health history among a medically underserved population. *Journal of Community Genetics*, 3(4), 285-295. PMID: PMC3461219
22. **Ashida, S.**, Kaphingst, K., Goodman, M., & Schafer, E\*. (2013). Family health history communication networks of older adults: Importance of social relationships and disease perceptions. *Health Education and Behavior*, 40(5), 612-619.
23. Hovick, S.R., Wilkinson, A. V., **Ashida, S.**, de Heer, H. D., & Koehly, L. M. (2014). The impact of personalized risk feedback on Mexican Americans' perceived risk for heart disease and diabetes. *Health Education Research*, 29(2), 222-234.
24. **Ashida, S.**, & Schafer, E\*. (2015). Family health information sharing among older adults: reaching more family members. *Journal of Community Genetics*, 6, 17-27. Epub ahead of print. DOI: 10.1007/s 12687-014-0197-x
25. Koehly, L. M., **Ashida, S.**, Schafer, E. J.\*, & Ludden, A. (2015). Caregiving networks – Using a network approach to identify missed opportunities. *Journal of Gerontology: Social Sciences*, 70(1), 143-154.

26. **Ashida, S.**, Robinson, E.\* , Gay, J., & Ramirez, M. (2015). Motivating rural older residents prepare for disasters: Moving beyond personal benefits. *Ageing and Society*, 36(10), 2117-2140.
27. Schafer, E.\* , Williams, N. A., Digney, S.\* , Hare, M. E., & **Ashida, S.** (2016). Social contexts of infant feeding and infant feeding decisions. *Journal of Human Lactation*, 32(1), 132-140.
28. **Ashida, S.**, Lynn, F.B., Williams, N.A., & Schafer, E.J.\* (2016). Competing infant feeding information in mothers' networks: Advice that supports versus undermines clinical recommendations. *Public Health Nutrition*, 19(7), 1200-1210.
29. Goergen, A.F., **Ashida, S.**, Skapinsky, K., deHeer, H. D., Wilkinson, A. V., & Koehly, L. M. (2016). What you don't know...: Improving family health history knowledge among multigenerational Mexican origin families. *Public Health Genomics*, 19(2), 93-101.
30. Schwieger, T.R.\* , Campo, S., Weinstein, S. L., Clarke, W. R., **Ashida, S.**, Steuber, K. R., & Dolan, L. A. (2016). Body Image, Quality-of-Life and Brace Wear Adherence in Females with Adolescent Idiopathic Scoliosis. *Journal of Pediatric Orthopedics*. ePub ahead of print.
31. Schwab-Reese, L.\* , Schafer, E.J.\* , & **Ashida, S.** (2016). Association of Social Support and Postpartum Mental Health Status: Main Effects, Moderation, and Mediation. *Women and Health*. ePub ahead of print
32. Elrick, A., **Ashida, S.**, Ivanovich, J., Lyons, S., Biesecker, B., Goodman, M., & Kaphingst, K. (2016). Psychosocial and clinical factors associated with family communication of cancer genetic test results among women diagnosed with breast cancer at a young age. *Journal of Genetic Counseling*. ePub ahead of print.
33. Schwieger, T.\* , Campo, S., Steuber, K. R., Weinstein, S. L., & **Ashida, S.** (2016). An exploration of information exchange by adolescents and parents participating in adolescent idiopathic scoliosis online support groups. *Scoliosis and Spinal Disorders*. (published online).
34. Schwieger, T.\* , Campo, S., Weinstein, S. L., Dolan, L. A., **Ashida, S.**, & Steuber, K. R. (2016). Body image and quality-of-life in untreated versus brace-treated females with Adolescent Idiopathic Scoliosis. *Spine*, 41(4), 311-319.
35. Schwab-Reese, L.\* , Ramirez, M., **Ashida, S.**, & Peek-Asa, C. (Epub ahead of print). Psychosocial employment characteristics and postpartum maternal mental health symptoms. *American Journal of Industrial medicine*.
36. **Ashida, S.**, Robinson, E.\* , Gay, J., Slagel, L.E.\* , & Ramirez, M. (2017). Personal disaster and emergency support networks of older adults in a rural community: Changes after participation in a disaster preparedness education program. *Disaster Medicine and Public Health Preparedness*, 11(1), 110-119. DOI: 10.1017/dmp.2016.197
37. Schafer, E.\* , Campo, S., Colaizy, T., Mudler, P.J., & **Ashida, S.** (2017). Influence of experiences and perceptions related to breastfeeding one's first child on breastfeeding initiation of second child. *Maternal and Child Health Journal*, 21(6), 1288-1296.
38. Schafer, E.\* , Campo, S., Colaizy, T., Mudler, P.J., Breheny, P. J., & **Ashida, S.** (Epub ahead of print). First-time mothers' breastfeeding maintenance: Role of experiences and changes in

maternal perceptions. *Public Health Nutrition*. DOI: 10.1017/S136898001700221X

39. **Ashida, S.**, Marcum, C. S., & Koehly, L. M. (Epub ahead of print). Unmet expectations in Alzheimer's family caregiving: interactional characteristics associated with perceived under-contribution in care. *The Gerontologist*. DOI: 10.1093/geront/gnx141
40. **Ashida S.**, Sewell D.K., Schafer E.J., Schroer A., & Friberg J. (accepted) Social network members who engage in activities with older adults: Do they bring more social benefits than other members? *Ageing and Society*
41. Skapinsky K.F., Persky S., Lewis M., Goergen A., **Ashida S.**, de Heer H., Hadley D., Wilkinson A.V., Koehly L. (Accepted) Heart disease risk information, encouragement, and physical activity among Mexican-origin couples: Self- or Spouse-driven change. *Translational Behavioral Medicine*
42. Marcum, C.S., **Ashida, S.**, & Koehly, L.M. 'Primary' Caregiving as a Network Context. (accepted). *Journal of Gerontology: Social Sciences*
43. Schafer, E. \*, **Ashida, S.**, Palmquist, A.E.L. (accepted) Psychosocial dimensions of human milk sharing. *Maternal and Child Nutrition*

## 2. Non-Peer-Reviewed Papers (reports, proceedings, etc.)

1. **Ashida, S.** (2012). Community and Worksite Assessment for Dementia and Alzheimer's Patients and Caregivers: Needs for worksite elder care service programs to support employees who provide care to older family members (Submitted to the Baptist Memorial Health Care Foundation in November, 2012).
2. Casteel, C., Bruening, R., & **Ashida, S.** Pilot Evaluation of the Remembering When™ Program in Five Communities in Iowa (Submitted to the National Fire Protection Association).

## 3. Books/Chapters

1. **Ashida S.**, & Schafer, E. (In press). Social Networks, Social Relationships, and Aging Mind and Brain. In M. Rizzo, B. Fritsch, & S. Anderson (Eds.). *The Wiley Handbook on the Aging Mind and Brain*.

## B. Sponsored Research

### 1. Grants Received

Alumni Grants for Graduate Research and Scholarship at The Ohio State University, 2004  
Role: PI

Miami Valley Gerontology Council (MVGC) Research Incentive Award, 2005  
Role: PI

06/01/11-12/31/11

Baptist Memorial Health Care Foundation (Kedia) Community and Worksite Assessment for Dementia and Alzheimer's Patients and Caregivers Role: Co-PI	
Faculty Research Grant, University of Memphis (Ashida) Psychosocial factors associated with communication of family history in familial networks of older adults Role: PI	07/01/11–06/30/12
National Human Genome Research Institute, NIH (Koehly) Alzheimer's caregiving and social networks Role: PI, sub-contract	04/04/11-04/30/12
Social Science Funding Program, University of Iowa (Ersig) Social network analysis of individual and family responses to an early-onset colorectal cancer Role: Co-I	05/01/11-06/30/12
Collaborative Health Equity Research Incubator Grant (Ashida, Williams) Center for Health Equity Research and Promotion, University of Memphis Social networks and infant feeding practices among new and expecting mothers Role: Co-PI	05/01/11-04/31/12
R44AG038316 (Tien) National Institutes of Health/ Medical Decision Logic SocioWorks: Integrated Web Platform for Applications of Social Network Analysis Role: PI, sub-contract Major Goal: The purpose of this project is to conduct a pilot research project testing the software SocioWorks developed by Medical Decision Logic, Inc. The end goal of the Socioworks grant is to create a web application for social networks to improve health and productivity for patients, health care providers, administrators, and public health officials.	09/15/10–09/30/13
University of Iowa Prevention Research Center for Rural Health (Ashida) Pilot Grant Program Familial and community-based social networks of older adults in rural Iowa Role: PI	03/01/13-08/30/14
University of Iowa Prevention Research Center for Rural Health (Baquero) Pilot Grant Program Exploring and understanding social networks of community-based organizations associated with healthy eating and active lifestyle among Latinos in Ottumwa, IA Role: Co-I Major Goal: To explore the social networks of community-based organizations that Latinos access in Ottumwa, Iowa and to demonstrate how these networks can be part of community-based interventions.	03/01/13-08/30/14
University of Iowa Injury Prevention Research Center Pilot Program (Ashida)	07/01/13-06/30/14

Translational Research: Development of PrepWise, a New Tool to Assist  
Community-Dwelling Older Adults Prepare for Disasters  
Role: PI

Retirement Research Foundation (Ashida) 07/01/14-12/31/15  
Public Health Systems of Disaster Preparedness and Response Supporting  
Community-Dwelling Older Adults in Iowa  
Role: PI  
Major Goal: To understand the structure and functioning of public health network systems in two Eastern Iowa Counties (Johnson County, Linn County) in relation to disaster preparedness and response to identify the strategies to develop and optimize new and existing collaborations.

University of Iowa Center on Aging (Ashida, Williams) 12/1/14-12/31/16  
Family caregiving in Iowa communities: Relationships between community-  
based health care providers and family  
Role: Co-PI  
Major Goal: To assess the extent to which measures for staff-family relationships used in nursing home research can be applied to evaluate social relationships between community-based service providers and family providing care at home. This project was funded for the second year to conduct additional aims through a competitive renewal process.

The Fire Protection Research Foundation (Casteel) 11/7/14-12/31/15  
Evaluation of the Remembering When™ Program  
Role: Co-I

Centers for Disease Control and Prevention (Ashida, Margrett) 10/01/14-09/30/15  
Evaluating formal and informal support in rural Iowa: Relation to long-term  
support services and aging in place (Pilot project within Prevention Research  
Center)  
Role: Co-PI  
Major Goal: To assess formal and informal community supports in rural Iowa communities which are at an increased risk of being located in “care deserts” where residents have limited access to resources that support healthy and independent living.

Centers for Disease Control and Prevention (Parker) 09/30/12-09/29/19  
University of Iowa Prevention Research Center for Rural Health  
Role: Co-I  
Major Goal: To develop and evaluate a community-based program in the area of nutrition and exercise to reduce BMI in rural Iowans through the establishment of the Prevention Research Center.

Health Resources & Services Administration (Smith) 07/01/15-06/30/18  
Interprofessional Strategic Healthcare Alliance for Rural Education: Ishare  
Role: Co-I  
Major Goal: To respond to the GWEP vision to work directly with primary care providers so that learning can most effectively take place at the point of care, as well as partner with families and patients to work as a team in maximizing health outcomes.

PCORI (Carnahan) 05/01/13-10/31/16

Extension Connection: Advancing Dementia Care for Rural and Hispanic Populations  
Role: Co-I

University of Iowa Center on Aging (Arora, Ashida) 1/1/16-12/31/16  
Mind and Brain Initiative  
Evaluation of the Consolidation of Iowa's Area Agency on Aging  
Role: Co-PI  
Major Goal: To evaluate the outcomes of restructuring efforts in Iowa through analyzing existing state data and obtaining information from the formal service providers and service recipients.

Retirement Research Foundation (Ashida) 07/01/17- 06/30/18  
Developing and pilot testing an online tool for PrepWise: a disaster preparedness program for rural older residents  
Role: PI  
Major Goal: To develop disaster PrepWise electronic tool for community-based providers and older adults and dissemination strategies through engaging key stakeholders throughout the project period. Stakeholders include County Emergency Management Agency, County Public Health, Area Agencies on Aging, and other local non-profit organizations and aging services agencies.

Centers for Disease Control and Prevention (Ashida, Casteel) 07/01/17-06/30/19  
Translational research to refer older adults to evidence-based falls prevention programs (Project within Injury Prevention Research Center)  
Role: Co-PI  
Major Goal: To develop an infrastructure and protocols for maximizing the reach and adoption of evidence-based falls prevention programs among community-residing older Iowans and to evaluate the referral infrastructure through implementation.

## 2. Pending Grant Applications

National Institute on Aging; Ashida (PI)  
BUILDING A BRIDGE (between clinical and community care): Post-diagnosis support for persons with dementia and their family (R21)  
Major Goal: To evaluate the implementation and efficacy of an intervention that directly connects individuals affected by dementia and their family to community-based services at medical clinics.

National Institutes of Health; Baquero (PI)  
Studying successful implementation of evidence-based interventions for Latinos (R21)  
Role: Co-Investigator  
Major Goal: To understand how public health departments and agencies effectively and efficiently implement Healthy Food Retail interventions to enhance their impact on population health.

National Institutes of Health; Chen (PI)  
Functionally-tailored oral care intervention for community-dwelling older adults with dementia and their caregivers (R01)  
Role: Co-Investigator  
Major Goal: To develop modularized, functionally-tailored oral care intervention for individuals with dementia and their families and examine its efficacy using a randomized controlled trial.

## C. Presentations

### 1. Invited Lectures and Presentations

<u>Year</u>	<u>Title</u>	<u>Organization</u>
2008	Genetic susceptibility for Alzheimer's disease and family caregiving networks. ( <b>Ashida, S.</b> , Green, R., Roberts, J. S., & Koehly, L.)	Pre-Conference Institute. Society for Social Work and Research, Washington, DC.
2011	Social networks, social relationships and healthy aging.	Annual Training Conference. Southeastern Association of Area Agencies on Aging. Memphis, TN.
2011	Social influence and motivation to change health behaviors among Mexican origin adults: Implications for diet and physical activity. ( <b>Ashida, S.</b> , Wilkinson, A., & Koehly, L.)	21 <sup>st</sup> Annual Art & Science of Health Promotion Conference. Colorado Springs, CO.
2012	Social Relationships and Optimal Aging: Enhancing Social Roles and Networks of Older Adults.	Departmental Seminar Series. Department of Community and Behavioral Health, University of Iowa College of Public Health
2013	The Roles of Social Networks and Relationships in Healthy Aging.	Iowa State University Gerontology Program Colloquium. Ames, IA.
2014	Alzheimer's Disease and Affected Families: Impact of Genetic Information and Caregiving Processes. ( <b>Ashida, S.</b> , Green, R., Roberts, J. S., Chen, C., Hiraki, S., Schafer, E. & Koehly, L.)	Translating Genomics through a Social and Behavioral Lens: Research Symposium, Social and Behavioral Research Branch, National Human Genome Research Institute. Bethesda, MD.
2014	Exploring the Impact of Genetic Services on Cancer Screening in Lynch Syndrome. (Hadley, D., Elizer, D., Addisse, Y., Goergen, A. F., <b>Ashida, S.</b> , & Koehly, L.)	Translating Genomics through a Social and Behavioral Lens: Research Symposium, Social and Behavioral Research Branch, National Human Genome Research Institute. Bethesda, MD.
2014	Transitioning to academic jobs: Trainee Lunch Career Panel.	National Institutes of Health, Office of Intramural Training & Education, Bethesda, MD.
2014	Social Networks, Social Relationships, and Health. Annual Mental Health Conference.	Iowa Veterans Home, Marshalltown, IA.
2014	Enhancing Social Relationships to Facilitate Health and Well-Being.	College of Nursing Research Forum, University of Iowa.

<u>Year</u>	<u>Title</u>	<u>Organization</u>
2014	Communication within the Caregiving Social Networks of Individuals Affected by Dementia.	Family Council Education Series, Lone Tree Health Care Center - Pioneer Park, Lone Tree, IA.
2014	Enhancing Social Relationships to Facilitate Health.	Tokyo Metropolitan Institute of Gerontology, Tokyo Japan.

## 2. Conference Presentations

1. **Ashida, S.**, Willis, S., Sweet, K., & Westman, J. (2002). *Improving health information provided for those at increased risk of hereditary cancer to increase the use of genetic counseling*. American Public Health Association's 130<sup>th</sup> Annual Meeting, Philadelphia, PA.
2. **Ashida, S.** (April, 2005). *Social network characteristics, social support, and general health status of community-dwelling older adults in Columbus, Ohio*. Ohio Association of Gerontology and Education 29<sup>th</sup> Annual Conference on Aging, Aurora, OH.
3. **Ashida, S.** (May, 2005). *The relationship between the health status of senior citizens and their intentions to participate in senior center programs*. Ohio Public Health Association Annual Meeting, Columbus, OH.
4. **Ashida, S.** (December, 2005). *Social network characteristics, social support, and the intention to participate in new social activities among older adults*. American Public Health Association's 133<sup>rd</sup> Annual Meeting, Philadelphia, PA.
5. **Ashida, S.**, Heaney, C. A., Wilkins, J. R., Koechlin, K., & Kmet, J. M. (December, 2005). *Using Protection Motivation Theory and formative research to guide the development of an intervention to increase adherence to the North American Guidelines for Children's Agricultural Tasks*. American Public Health Association's 133<sup>rd</sup> Annual Meeting, Philadelphia, PA.
6. Kmet, J. M., Knecht, A. S., **Ashida, S.**, Wilkins, J. R., Crawford, J. M., & Koechlin, K. M. (December, 2005). *Parental characteristics and farm chore assignment to children and adolescents: Seeking targets of prevention/intervention*. American Public Health Association's 133<sup>rd</sup> Annual Meeting, Philadelphia, PA.
7. **Ashida, S.**, & Heaney, C. A. (November, 2006). *Social relationships and intentions to participate at a new senior center: Reaching out to individuals who benefit the most*. Gerontological Society of America's 59<sup>th</sup> Annual Scientific Meeting, Dallas, TX.
8. **Ashida, S.**, & Heaney C. A. (November, 2006). *Differential associations of social support and companionship with structural features of social network systems and health status of older adults*. American Public Health Association's 134<sup>th</sup> Annual Meeting, Boston, MA.
9. **Ashida, S.**, Kmet, J., Renick, K., Heaney, C. A., & Wilkins, J. R. (November, 2006). *Factors associated with parental supervision and childhood agricultural injuries: Using Protection Motivation Theory for deeper understanding*. American Public Health Association's 134<sup>th</sup> Annual Meeting, Boston, MA.

10. **Ashida, S.**, Hadley, D. W., Vaughn, B. K., Kuhn, N. R., Jenkins, J. F., & Koehly, L. M. (November, 2007). *Social relationships and family characteristics associated with change in depression scores after receiving genetic counseling and testing among family members at risk for Hereditary Nonpolyposis Colorectal Cancer*. American Public Health Association's 135<sup>th</sup> Annual Meeting, Washington, DC.
11. Loscalzo, A., **Ashida, S.**, & Koehly, L. (November, 2007). *The Role of Applied Anthropology in Social and Behavioral Genomics Research: Contributing to Methodological Innovation in the Study of Health Disparities*. American Anthropological Association's 106<sup>th</sup> Annual Meeting, Washington, DC.
12. **Ashida, S.**, Loscalzo, A., Basen-Engquist, K., & Koehly, L. (January, 2008). *Changes in friend network systems of newly diagnosed breast cancer patients*. Annual Meeting of the International Network of Social Network Analysis, St. Pete Beach, FL.
13. Loscalzo, A., **Ashida, S.**, Basen-Engquist, K., & Koehly, L. (January, 2008). *The role of social relationships in shaping perceptions of cancer screening efficacy and screening behaviors*. Annual Meeting of the International Network of Social Network Analysis, St. Pete Beach, FL.
14. Hadley, D., **Ashida, S.**, Kuhn, N., Jenkins, J., McBride, C., & Koehly, L. (May, 2008). *Exploring the influence of the family social network on the psychological well-being of individuals undergoing genetic counseling and testing for Lynch syndrome*. European meeting on Psychosocial Aspects of Genetics, Barcelona, Spain.
15. **Ashida, S.**, Koehly, L. M., Roberts, J. S., Hiraki, S., & Green, R. C. (October, 2008). *Do research participants share the results of genetic susceptibility testing for Alzheimer's disease with family, friends, and health professionals?* American Public Health Association's 136<sup>th</sup> annual meeting, San Diego, CA.
16. Heaney, C., **Ashida, S.**, & Wilkins, J. R. III. (October 2008). *Enhancing Adherence To The North American Guidelines For Children's Agricultural Tasks*. National Occupational Injury Research Symposium (NOIRS), Pittsburgh, PA.
17. **Ashida, S.**, Loscalzo, A., Basen-Engquist, K., & Koehly, L. (November, 2008). *Changes in friend support networks of newly diagnosed breast cancer patients: older vs. younger patients*. Gerontological Society of America's 61<sup>th</sup> Annual Scientific Meeting, National Harbor, MD.
18. Koehly, L. M., Valente, T. W., **Ashida, S.**, Loscalzo, A. E., & Hadley, D. W. (March 2009). *Diffusion of distress within HNPCC families*. Annual Meeting of the International Network of Social Network Analysis, San Diego, CA.
19. **Ashida, S.**, Wilkinson, A., & Koehly, L. (November, 2009). *Intention to screen and encouragement from social network members: A cross-generational perspective*. Gerontological Society of America's 62<sup>nd</sup> Annual meeting, Atlanta, GA.
20. **Ashida, S.**, Goodman, M., Pandya, C., Koehly, M., Lachance, C., Stafford, J., & Kaphingst, K. (November, 2009). *Age differences in health literacy, genetic knowledge and causal beliefs for health conditions*. American Public Health Association's 137<sup>th</sup> annual meeting, Philadelphia, PA.

21. Koehly, L. M., Devlin, H., **Ashida, S.**, Giroux, A., Skapinsky, K., & Hadley, D. W. (June 2010). *Optimistic and pessimistic network members in families affected by hereditary cancer: implications for risk communication and screening encouragement*. Annual Meeting of the International Network of Social Network Analysis. Riva del Garda, Italy
22. **Ashida, S.**, Hadley, D., Giroux, A., Skapinsky, K., Devlin, H., & Koehly, L. (November, 2010). *Social Roles of Older Members within the Social Network Systems of Families Affected by a Hereditary Cancer Syndrome*. Oral presentation at the Gerontological Society of America's 63<sup>rd</sup> Annual meeting, New Orleans, LA.
23. **Ashida, S.**, Wilkinson, A., & Koehly, L. (November, 2010). *Family health risk message and social influence within families of Mexican origin: Motivations to change health behaviors*. Oral presentation at the American Public Health Association's 137<sup>th</sup> annual meeting, Atlanta, GA.
24. **Ashida, S.**, Goodman, M., Stafford, J., Lachance, C., & Kaphingst, K. (November, 2011). *Familiarity with family health history: Associations with age, perceptions, and family communication*. American Public Health Association's 138<sup>th</sup> annual meeting, Washington, DC.
25. **Ashida, S.**, Schafer, E. J.\* , Codruta, A. C., & Amoah, D. K. (April, 2012). *Family Health History Communication Networks of Older Adults in Memphis, TN*. Southern Gerontology Society's 33<sup>rd</sup> Annual Meeting, Nashville, TN.
26. Schafer, E.\* , & **Ashida, S.** (April, 2012). *Family health history communication: With whom do older adults share their health lyrics?* SOPHE Midyear Scientific Conference, Nashville, TN.
27. **Ashida, S.**, Schafer, E.\* , Kaphingst, K., Goodman, M., & Webb, L. (October, 2012). *Family Health History Communication Patterns Among Older Adults: Importance of Perceptions and Disease Experience*. American Public Health Association's 139<sup>th</sup> annual meeting, San Francisco, CA.
28. **Ashida, S.**, & Schafer, E.\* (November, 2012). *Health Communication Networks of Older Adults: Willingness to Share Family Health History*. Gerontological Society of America's 65<sup>th</sup> Annual meeting, San Diego, CA.
29. Hankey, M., Williams, N., Schafer, E.\* , Digney, S.\* & **Ashida, S.** (April 2013). *Feeding Practices of Low Income Urban Mothers: Do Beliefs About Childhood Obesity Play a Role?* Poster for the National Conference in Pediatric Psychology, New Orleans, LA.
30. **Ashida, S.**, Schafer, E.\* , Marcum, C. S., & Koehly, L. M. (November, 2013). *Family participation in Alzheimer's caregiving and self-reported health status of family members*. Gerontological Society of America's 66<sup>th</sup> Annual meeting, New Orleans, LA.
31. Marcum, C. S., **Ashida, S.**, & Koehly, L. M. (November, 2013). *Who Gives and Who Cares? Identifying Primary Caregivers in Alzheimers Disease Patients' Caregiving Networks*. Gerontological Society of America's 66<sup>th</sup> Annual meeting, New Orleans, LA.
32. **Ashida, S.**, & Schafer, E.\* (November, 2013). *Reach of family health information within familial social networks of older adults: The importance of role modeling*. American Public Health Association's 140<sup>th</sup> Annual meeting, Boston, MA.

33. Ludden, A., **Ashida, S.**, Marcum, C., & Koehly, L. (February 2014). *Using a network approach to identify missed opportunities in caregiving networks*. International Sunbelt Social Network Conference, St. Pete Beach, FL.
34. Schafer, E.\* , Williams, N., Digney, S.\* , & **Ashida, S.** (March 2014). *Social influence and initiation of breastfeeding among low-income urban mothers*. Society for Public Health Education's (SOPHE) 65th Annual Meeting, *Discovery 2014: New Health Education Strategies, Connections & Idea*, Baltimore, MD.
35. **Ashida, S.**, Marcum, C. S., Goergen, A. F., & Koehly, L. M. (November 2014). *Family participation, supportive staff, and family member well-being in Alzheimer's caregiving*. Gerontological Society of America's 67<sup>th</sup> Annual meeting, Washington, DC.
36. **Ashida, S.**, Robinson, E.\* , Schafer, E.\* , Rook, E.\* , & Ramirez, M. (November 2014). *Using Extended Parallel Process Model to guide the development of a tool to assist Community-dwelling older adults in rural areas prepare for disasters*. American Public Health Association's 141<sup>st</sup> Annual Meeting, New Orleans, LA.
37. Schafer, E.\* , Williams, N., Digney, S.\* , & **Ashida, S.** (November 2014). *Relationship characteristics associated with breastfeeding encouragement within support networks of low-income new mothers*. American Public Health Association's 141<sup>st</sup> Annual Meeting, New Orleans, LA.
38. Robinson, E.\* , Slagel, L.\* , Ramirez, M., Schafer, E.\* , Schroer, A.\* , Friberg, J.\* , & **Ashida, S.** (April 2015). *"Because I don't want to think about it": Disaster preparedness perceptions and behaviors amongst older adults in Eastern Iowa*. Iowa Governor's Conference on Public Health, Cedar Rapids, IA.
39. Schafer, E.\* , Friberg, J.\* , Schroer, A.\* , Robinson, E.\* , Slagel, L.\* , & **Ashida, S.** (April 2015). *"Families aren't able to see their loved one on a daily basis": Social networks and relationships of older residents in Ottumwa, IA*. Iowa Governor's Conference on Public Health, Cedar Rapids, IA.
40. **Ashida, S.**, Lynn, F., Williams, N., & Schafer, E.\* . (November 2015). *Infant feeding information within mothers' social networks: What is the effect of advice that is consistent with versus inconsistent with clinical recommendations?* American Public Health Association's 142<sup>st</sup> Annual Meeting, Chicago, IL.
41. Schafer, E.\* , Williams, N., & **Ashida, S.** (November 2015). *Who do low-income, urban mothers perceive as providing current infant feeding recommendation?* American Public Health Association's 142<sup>st</sup> Annual Meeting, Chicago, IL.
42. Friberg, J.\* , Baquero, B., Schafer, E.\* , Schroer, A.\* , Slegel, L., Arneson, E.\* , & **Ashida S.** (November 2015). *Social support networks and vegetable consumption of older adults in rural Iowa: Who do they eat with and who encourages healthy eating?* American Public Health Association's 142<sup>st</sup> Annual Meeting, Chicago, IL.
43. Baquero, B., **Ashida, S.**, Daniel-Ulloa, J., Friberg, J.\* , Zavala, J., Haines, H., Parker, E., & The Ottumwa Community Advisory Board. (November 2015). *What does it take? Establishing a Community-Academic Partnership to explore health-related needs and assets and to*

*develop a health promotion agenda for Latinos in the Midwest.* American Public Health Association's 142<sup>st</sup> Annual Meeting, Chicago, IL.

44. **Ashida, S.**, Robinson, E.\* , Gay, J., & Ramirez, M. (November 2015). *Personal Disaster and Emergency Support Networks of Older Adults in Rural Community: Who Would Help?* Gerontological Society of America's 68<sup>th</sup> Annual meeting, Orlando, FL.
45. **Ashida, S.**, Marcum, C. S., & Koehly, L. M. (November 2016). *Social interaction characteristics associated with perceptions of unmet expectations in caregiving,* Gerontological Society of America's 69<sup>th</sup> Annual meeting, New Orleans, LA.
46. Schafer, E.\* , Palmquist, A., & **Ashida, S.** (November 2016). *Receiving human milk via online milk sharing networks: Role of stigma, screening, and social support in emotional response.* Poster for the American Public Health Association's 144<sup>th</sup> annual meeting, Denver, CO.
47. Schafer, E.\* , Buch, E., Campo, S., & **Ashida, S.** (November 2016). *Exploring Turning Points in the Breastfeeding Experience of New Moms.* Round table presentation for the American Public Health Association's 144<sup>th</sup> annual meeting, Denver, CO.
48. Schafer, E.\* , Campo, S., Colaizy, T., Mulder, P., & **Ashida, S.** (November 2016). *Factors facilitating breastfeeding maintenance among first-time mothers and initiation among second-time mothers.* American Public Health Association's 144<sup>th</sup> annual meeting, Denver, CO.
49. Elrick, A., **Ashida, S.**, Lyons, S., Ivanovich, J., Goodman, M. S., & Kaphingst, K. (November 2016). *Factors related to family communication of genetic risk information by young breast cancer survivors.* American Public Health Association's 144<sup>th</sup> annual meeting, Denver, CO.
50. **Ashida, S.**, Sewell, D. K., Schafer, E. J.\* , Schroer, A.L.\* , & Friberg, J. E\*. (July 2017). *Social network functions related to co-engagement in social activities and psychological well-being.* 21<sup>st</sup> IAGG World Congress of Gerontology and Geriatrics meeting, San Francisco, CA.
51. Robinson, E. L.\* , & **Ashida, S.** (July 2017). *HIV and aging: Associations between information sources and HIV knowledge amongst a sample of people aged 50+.* 21<sup>st</sup> IAGG World Congress of Gerontology and Geriatrics meeting, San Francisco, CA.
52. Ashida, S., Zhu, X., Schroer, AL., Friberg, JE. (November 2017). *Disaster preparedness networks of organizations in rural Midwest communities: Organizational roles, collaborations, and support for older adults.* American Public Health Association's 145<sup>th</sup> annual meeting, Atlanta, GA.

#### IV. SERVICE

##### A. Service to Profession (National level: from least to most recent)

<u>Year</u>	<u>Organization</u>	<u>Position</u>
2010-2012	American Public Health Association, Aging and Public Health Section, Membership Committee	Member

<u>Year</u>	<u>Organization</u>	<u>Position</u>
2009-present	American Public Health Association, Aging and Public Health Section, Archstone Foundation Award Review Committee	Member

#### **B. Service on Review Panels**

<u>Year</u>	<u>Organization</u>	<u>Position</u>
2012-2015	Alzheimer's Association's New Investigators Research Grant	Grant Reviewer
2013	Health Sciences Research Week, College of Public Health and Carver College of Medicine, University of Iowa	Poster Judge
2013	14 <sup>th</sup> Annual Student Interdisciplinary Health Research Poster Session. Women in Science and Engineering, College of Liberal Arts & Sciences, Center on Aging, and Public Policy Center, University of Iowa	Poster Judge
2015	Office for Nursing Research and Scholarship, University of Iowa College of Nursing	Peer Proposal Reviewer
2009- present	American Public Health Association (APHA): Aging and Health Section, Archstone Foundation Award Committee	Application Reviewer
2014- present	Research Week, University of Iowa College of Public Health	Poster Judge

#### **C. Service on University Committees**

<u>Year</u>	<u>Organization</u>	<u>Position</u>
2012-2015	Seminars Committee, Aging Mind and Brain Initiative, University of Iowa	Member
2012-2015	Outreach Committee, Aging Mind and Brain Initiative, University of Iowa	Member
2013-2014	Oberman Center for Advanced Studies: Working Group on Dementia and Communication	Member
2017- present	Public Health Dean Search Committee, University of Iowa	Member
2017- present	Aging & Longevity Studies Program, Curriculum Advisory Board, University of Iowa	Member

#### **D. Service on Departmental and Collegiate Committees**

<u>Year</u>	<u>Organization</u>	<u>Position</u>
2002-2004	Faculty Search Committee, The Ohio State University College of Public Health	Student Member
2004-2005	The Ohio State University College of Public Health	Student Liaison to the Faculty
2009	Postdoctoral Fellows Search Committee, National Human Genome Research Institute	Member
2009-2010	Outstanding Mentorship Selection Committee, National Institutes of Health	Member
2010-2011	Faculty Search Committee for the Division of Biostatistics, School of Public Health, University of Memphis	Member
2010-2011	Faculty Search Committee for the Division of Epidemiology, School of Public Health, University of Memphis	Member
2011-2012	Faculty Search Committee for the Division of Health Systems Management and Policy, School of Public Health, University of Memphis	Member
2012-2015	Faculty Council, University of Iowa College of Public Health	Member
2013-2014	Strategic Planning Committee, Department of Community and Behavioral Health, University of Iowa College of Public Health	Member
2013-2016	Master of Public Health Program Board of Advisors, University of Iowa College of Public Health	Member
2013-2015	Admissions Committee, Department of Community and Behavioral Health, University of Iowa College of Public Health	Member
2014	Search committee for Assistant Research Scientist for the PRC-RH in the Department of Community and Behavioral Health, University of Iowa College of Public Health	Member
2014-2015	The Department of Community and Behavioral Health Faculty Search Committee, University of Iowa College of Public Health	Member
2014-2017	PhD Qualifying Examination Committee, Department of Community and Behavioral Health, University of Iowa College of Public Health	Member
2015-present	Research Council, University of Iowa College of Public Health	Member
2015-present	PhD Curriculum Committee, Department of Community and Behavioral Health, University of Iowa College of Public Health	Member

<u>Year</u>	<u>Organization</u>	<u>Position</u>
2015-2016	MPH Director Search Committee, University of Iowa College of Public Health	Member
2016-2017	Department of Community and Behavioral Health Faculty Search Committee, University of Iowa College of Public Health	Member
2017-present	PhD Qualifying Examination Committee, Department of Community and Behavioral Health, University of Iowa College of Public Health	Chair

#### **E. Service to the State**

<u>Year</u>	<u>Organization</u>
2016-present	Iowa Healthiest State Initiative – serve on the Leadership Cabinet as College of Public Health representative and a Co-Chair of the Feedback Committee

#### **F. Relevant Community Involvement**

<u>Year</u>	<u>Organization</u>
2011	Southeastern Association on Area Agencies on Aging, Memphis, TN – provided a Continuing Education course to agency staff
2014	The Gazette, Cedar Rapids, IA – participated in an interview and provided information that resulted in the article “Aging in Iowa.”
2014	Iowa Veterans Home, Marshalltown, IA – provided Continuing Education course at the Annual Mental Health Conference
2014-2015	Iowa State University Extension – participated in community meetings (Dubuque, Iowa City, Ottumwa) and quarterly meetings (Ames) related to the Midlife and Beyond and Volunteer Lifestyle Guide programs
2015	Iowa Geriatric Education Center, Iowa City, IA – provided an online Continuing Education course for Iowa’s geriatric workforce
2015	Lone Tree Care Center, Lone Tree, IA – gave a presentation at the Family Council Education Series
2012-present	Heritage Area Agency on Aging – participate in programming (e.g., Caregiver Conference), collaborate on obtaining information from older residents to inform their daily practice.
2013-2015	Johnson County Coalition of Organizations Active in Disaster (COAD) – participated in meetings
2013-2015	Linn Area Partners Active in Disaster (LAP-AID) – participated in meetings, presented study findings, ongoing collaboration

<u>Year</u>	<u>Organization</u>
2013-present	Johnson County Elderly Consortium – participate in meetings
2013-present	Johnson County Task Force on Aging – participate in community meetings and information sessions
2016-present	Johnson County Long-term Care Improvement Taskforce – participate in meetings
2017-present	Johnson County Livable Community, Caregiver Ad Hoc Committee member – participate in meetings

## **G. Other Contributions**

### **Referee Manuscripts/Journal Reviews**

<u>Year</u>	<u>Journal</u>
2008, 2009	Health Promotion Practice
2008-2010, 2017	The Gerontologist
2010	American Journal of Health Promotion
2012	American Journal of Health Behavior
2012	AIDS Care
2012	Psychology, Health & Medicine
2013	Network Science
2009, 2014	Supportive Care in Cancer
2012-2014	Journal of Community Genetics
2012-2015	Preventive Medicine
2014	Clinical Practice
2014-2016	PLOS ONE
2015-2016	Health Education Research
2016	Research on Ageing
2016	Disaster Medicine and Public Health Preparedness
2008-2017	Journal of Aging and Health

<u>Year</u>	<u>Journal</u>
2012-2017	Health Education and Behavior
2015-2017	Journal of Health Communication
2015-2017	Gerontology and Geriatric Medicine

### **Professional Memberships**

<u>Years</u>	<u>Organization</u>
2005-present	American Public Health Association (APHA)
2005-present	Gerontological Society of America (GSA)
2010-2012; 2014-present	American Academy of Health Behavior (AAHB)
2006-2010	Society of Behavioral Medicine (SBM)
2007-present	International Network of Social Network Analysis (INSNA)
2013-present	International Society to Advance Alzheimer Research and Treatment (ISTAART)

### **Conference Abstract Reviewer**

<u>Years</u>	<u>Organization</u>
2006-2010	Society of Behavioral Medicine (SBM)
2005-present	Gerontological Society of America (GSA)
2006-present	American Public Health Association (APHA), Aging and Health Section, Women's Health Section