CURRICULUM VITAE

Sato Ashida, Ph.D.

# I. Education and Professional History

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| A. | Education |

| Institution | Field of Study | Degree Obtained | Degree Date |
| --- | --- | --- | --- |
| The Ohio State University, Columbus, OH | Piano Literature and Performance,  International Relations | BM | 1995 |
| The Ohio State University, Columbus, OH | Piano Literature and Performance | MM | 1997 |
| Florida State University, Tallahassee, FL | Music Therapy | MM | 1999 |
| The Ohio State University, Columbus, OH | Public Health, Interdisciplinary Specialization in Aging | PhD | 2005 |

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| B. | Professional and Academic Positions |

| Position Title | Dates of Service | Location/Institution |
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| Music Therapy Intern | 1999 | Heather Hill Hospital Health and Care Center, Corrine Dolan Alzheimer’s Center, Chardon, OH |
| Student Intern | 2002 | Central Ohio Area Agency on Aging, Columbus, OH |
| Board Certified Music Therapist | 2000-2003 | Columbus Music Therapy Center, Institute for Human Potential at Columbus, OH |
| Graduate Research Associate | 2000-2001 | Division of Health Behavior and Health Promotion, the Ohio State University College of Public Health |
| Graduate Research Associate | 2001-2002 | Clinical Cancer Genetics Program at James Cancer Research Hospital at the Ohio State University |
| Graduate Teaching Associate | 2002-2004 | Division of Health Behavior and Health Promotion, Ohio State University College of Public Health |
| Graduate Research Associate | 2004-2005 | Division of Epidemiology, Ohio State University College of Public Health |
| Research Associate | 2005-2006 | Divisions of Epidemiology and Health Behavior and Health Promotion, Ohio State University College of Public Health at Columbus, OH |
| Postdoctoral Research Fellow | 2006-2010 | Division of Intramural Research, Social and Behavioral Research Branch, national Human Genome Research Institute, National Institutes of Health at Bethesda, MD |
| Assistant Professor | 2010-2012 | Division of Social and Behavioral Sciences, University of Memphis School of Public Health at Memphis, TN |
| Assistant Professor | 2012-2018 | Department of Community and Behavioral Health, University of Iowa College of Public Health; Aging Mind and Brain Initiative |
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| Associate Professor (tenured) | 2018-current | Department of Community and Behavioral Health, University of Iowa College of Public Health; Aging Mind and Brain Initiative |
| Senior Faculty Affiliate | 2019-current | University of Iowa Public Policy Center |

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| C. | Honors, Awards, Recognitions, and Outstanding Achievements |

| Year | Title |
| --- | --- |
| 1994-1995 | George Haddad Piano Scholarship: The Ohio State University School of Music |
| 1995 | Excellence in the Arts Award: The Ohio State University College of Arts and Sciences |
| 1995 | Graduated with Cum Laude, The Ohio State University |
| 1997 | Pi Kappa Lambda, National Music Honor Society |
| 1997 | Golden Key National Honor Society |
| 1999 | The Honor Society of Phi Kappa Phi |
| 2005 | Jerome Kaplan Outstanding Graduate Paper in Gerontology Award, Ohio Association of Gerontology and Education |
| 2005 | Outstanding Student Award (in MS/PhD section), The Ohio State University College of Public Health and OSU College of Public Health Alumni Society |
| 2006 | Nominee for Dissertation Award, Behavioral and Social Sciences Section,  Gerontological Society of America |
| 2006 | Honorable Mention, James G. Zimmer New Investigator Research Award, Gerontological Health Section, American Public Health Association |
| 2006-2010 | National Institutes of Health Intramural Training Award |
| 2007 | Outstanding poster presentation award, Scientific Retreat, Division of  Intramural Research, National Human Genome Research Institute, National Institutes of Health |
| 2008 | Emerging Scholars and Professional Organization Poster Award, Gerontological Society of America |
| 2008 | Selected for oral presentation, Scientific Retreat, Division of Intramural Research, National Human Genome Research Institute, National Institutes of Health |
| 2009 | New Investigator Award, American Public Health Association Genomics Forum |
| 2009 | Exceptional Stipend Increase for Postdoctoral Fellow, National Human Genome Research Institute, National Institutes of Health |
| 2010 | Accepted for a full membership from the American Academy of Health Behavior |
| 2010 | Institute on Systems Science and Health, Office of Behavioral and Social Sciences Research/National Institutes of Health, Centers for Disease Control and Prevention |
| 2011 | National Institute on Aging Summer Institute on Aging Research |
| 2011 | Faculty Research Grant Recipient, University of Memphis, Memphis, TN |
| 2014 | Visiting Scholar, Tokyo Metropolitan Institute of Gerontology, Tokyo, Japan |
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| 2018-2019 | Policy Fellow, University of Iowa Institute of Public Health Research and Policy |
| 2019 | Dr. Carol S. Gleich Development Award, University of Iowa College of Public Health |
| 2019 | Visiting Scholar, Tokyo Metropolitan Institute of Gerontology, Tokyo, Japan |
| 2019 | Summer Scholar-in-Residence, Public Policy Center, University of Iowa |
| 2020 | Carver Trust Associate Professor Advancement Award |
| 2020 | Entering Mentoring Training, National Research Mentoring Network |

# II. Teaching

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| A. | Teaching Assignments |

1. University of Iowa

| Semester/Year | Course Title/Number | Semester Hours | # Students | Role | Percent Responsible |
| --- | --- | --- | --- | --- | --- |
| Fall 2012 | CBH:5105/172:101:EXW Introduction to Health Promotion and Disease Prevention | 3 | 37 | Instructor | 100% |
| Fall 2013 | CBH:5105/172:101:EXW Introduction to Health Promotion and Disease Prevention | 3 | 39 | Instructor | 100% |
| Spring 2013 | CBH:5105/172:101 Introduction to Health Promotion and Disease Prevention | 3 | 44 | Guest Lecturer | 1 lecture |
| Spring 2014 | CBH:6410/172:170 Special Topics: Health Promotion in an Aging Context | 3 | 4 | Instructor | 100% |
| Fall 2014 | CBH:5105/172:101:EXW Introduction to Health Promotion and Disease Prevention | 3 | 26 | Instructor | 100% |
| Fall 2014 | SSW:5219:0001  Aging and the Family | 3 | 30 | Guest Lecturer | 1 lecture |
| Spring 2015 | CBH:5105/172:101 Introduction to Health Promotion and Disease Prevention | 3 | 51 | Co-Instructor | 50% |
| Fall 2015 | CBH:5105/172:101:EXW Introduction to Health Promotion and Disease Prevention | 3 | 44 | Instructor | 100% |
| Spring 2016 | CBH:6410 Special Topics: Social Relationships, Health, and Aging | 3 | 4 | Instructor | 100% |
| Spring 2016 | CBH:5105 Introduction to Health Promotion and Disease Prevention | 3 | 32 | Guest Lecturer | 1 lecture |
| Fall 2016 | CBH:4105:0EXW Introduction to Health Promotion and Disease Prevention | 3 | 38 | Instructor | 100% |
| Spring 2017 | CBH:5105 Introduction to Health Promotion and Disease Prevention | 3 | 44 | Guest Lecturer | 1 lecture |
| Fall 2017 | CBH:4105:0EXW Introduction to Health Promotion and Disease Prevention | 3 | 44 | Instructor | 100% |
| Fall 2017 | ASP:3008:0SCA Basic Aspects of Aging | 3 | 25 | Guest Lecturer | 1 lecture |
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| Spring 2018 | CBH:6410 Special Topics: Advanced Intervention Research | 3 | 6 | Instructor | 100% |
| Fall 2018 | CBH:4105:0EXW Introduction to Health Promotion and Disease Prevention | 3 | 28 | Instructor | 100% |
| Spring 2019 | CBH:4105 Introduction to Health Promotion and Disease Prevention | 3 | 21 | Team Teacher | 100% |
| Fall 2019 | CBH:4105:0EXW Introduction to Health Promotion and Disease Prevention | 3 | 35 | Instructor | 100% |
| Spring 2020 | CBH:7200 Advanced Intervention Research | 3 | 4 | Instructor | 100% |
| Fall 2020 | CBH:4105:0EXW Introduction to Health Promotion and Disease Prevention | 3 | 33 | Instructor | 100% |
| Spring 2021 | CBH:4105 Introduction to Health Promotion and Disease Prevention | 3 | 62 | Instructor | 100% |
| Fall 2021 | CBH:4105:0EXW Introduction to Health Promotion and Disease Prevention | 3 | 27 | Instructor | 100% |

2. Other Institutions

| Semester /  Year | Course  Title/Number | Semester  Hours | # Students | Role | Percent  Responsible | Institution |
| --- | --- | --- | --- | --- | --- | --- |
| Fall 2010 | PUBH7160: Social and Behavioral Sciences Principles | 3 | 30 | Co-Instructor | 12.5% | University of Memphis School of Public Health |
| Fall 2011 | PUBH7160U50: Social and Behavioral Sciences Principles (online) | 3 | 7 | Instructor | 100% | University of Memphis School of Public Health |
| Spring 2012 | PUBH8161001: Advanced Psychosocial Theories in Health | 3 | 7 | Instructor | 100% | University of Memphis School of Public Health |
| Spring 2012 | Communication and education | 3 | 24 | Guest Lecturer | 1 Lecture | University of Memphis College of Education |
| Spring 2020 | Gerontologia | 3 | 21 | Guest Lecturer | 1 Lecture | Universidad de Guadalajara, Mexico (zoom) |
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3. Continuing Education Talks

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| Ashida S (September 2011) Social Relationships and Aging, Southeastern Association of Area Agency on Aging, Memphis, TN. |
| Ashida S (May 2014) Social Networks, Social Relationships, and Health. Annual Mental Health Conference. Iowa Veterans Home, Marshalltown, IA. |
| Ashida S (April 2015) Social Relationships, Family Communication, and Well-Being. 2015 Geriatric Lecture Series, Iowa Geriatric Education Center, Iowa City, IA. |
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| Ashida S (August 2019) PrepKids, PrepWise: Disaster Preparedness Programs for Vulnerable Populations. Iowa Trauma Conference, Des Moines, IA |

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| B. | Students Advised |

*Graduate Students/Dissertations/Thesis*

| Name | Degree | Role | Outcome |
| --- | --- | --- | --- |
| Behrouz Madahian, University of Memphis | MS | Thesis committee | Principal Data Scientist, Department of Mathematical Sciences, University of Memphis |
| Virginia Carney, University of Memphis | MPH | Thesis committee | Registered Dietitian, Pediatric Memphis |
| Tera Tongumpun, University of Memphis | MPH | Advisor, Research mentor | Medical Student, East Tennessee State University |
| Angela Johnson, University of Memphis | MPH | Advisor | CEO, SKY-Simply Know Yourself (Etiquette and mentoring program) |
| Crystal Ton, University of Memphis | MPH | Advisor, Thesis committee chair |  |
| Moshinah Usmani, University of Memphis | MPH | Advisor, Research supervisor | Medical student, University of Tennessee, health Science Center |
| Ashley Jones, University of Memphis | MPH | Advisor | Education and Outreach Manager, Planned Parenthood Greater Memphis Region |
| Robin Rutherford, University of Memphis | MPH | Advisor | Tennessee Public Health Training Center |
| Siri Ogg, University of Memphis | PhD | Doctoral examination committee, research mentor | Dissertation in progress |
| Ellen Schafer, University of Iowa, University of Memphis | PhD | Advisor, Dissertation chair, examination committee, research supervisor | Postdoctoral fellow, University of South Florida |
| Laura Schwab-Reese, University of Iowa | PhD | Dissertation and examination committees | Postdoctoral fellow, University of Colorado |
| Erin Robinson, University of Iowa School of Social Work | PhD | Dissertation and examination committees, research supervisor | Assistant Professor, University of Missouri-Columbia |
| Meagan Schorr | MPH | Research supervisor | Violence-prevention program coordinator, UI Women’s Resource and Action Center |
| Melissa Fox | MPH | Research supervisor | Elder Services Inc., Iowa City |
| Julia Friberg | MPH | Research supervisor, mentor | Qualitative Analyst, The Center for Comprehensive Access & Delivery Research and Evaluation, Iowa City VA Medical Center |
| Amanda Berns, University of Iowa College of Education | PhD | Dissertation committee | School Psychologist, Iowa City |
| Claire Richmond, University of Iowa | MPH | Advisor | Program Coordinator, Healthy Homes East Bank, Des Moines |
| Meagan Johnson, University of Iowa | MPH | Advisor, Research supervisor | Assistant in Instruction, University of Iowa, Department of Health and Human Physiology |
| Lauren Slagel, University of Iowa | MPH | Advisor, Research supervisor | Research Assistant, The Children’s Mercy Hospital, Kansas City |
| Audrey Schroer, University of Iowa | MPH | Research supervisor, mentor | Education Coordinator, Prelude Behavioral Services, Iowa City |
| Erin Arneson, University of Iowa | MPH | Research supervisor | Case Manger, Association for Mental Health and  Wellness, Ronkonkoma, NY |
| Talor Gray, University of Iowa | MPH | Research supervisor | Individual Living Specialist, Access to Independence, Iowa City |
| Sara Cassabaum, University of Iowa | MPH | Advisor, Research supervisor | Enrolled in a nursing practitioner program |
| Andrew Potter, University of Iowa | PhD | Doctoral examination committee member | Assistant Professor, California State University |
| Emily Hejna | MPH | Research supervisor, mentor | Research Associate, Department of Community and Behavioral Health, UI College of Public Health |
| Amy Schumacher, University of Iowa | PhD | Doctoral dissertation and examination committee member | Epidemic Intelligence Service Officer, Centers for Disease Control and Prevention |
| George Pro, University of Iowa | PhD | Doctoral dissertation and examination committee member | Postdoctoral Fellow |
| Madeline Mueller, University of Iowa | MPH | Advisor, Research supervisor | Prelude Behavioral Services |
| Samantha Kloft | MPH | Advisor | Peace Corps |
| Tammy Walker, University of Iowa Department of Communication | PhD | Examination and Dissertation committee member | In progress |
| Elizabeth Byram, University of Iowa School of Social Work | PhD | Examination and Dissertation committee member | In progress |
| Katie McCullough | MPH | Advisor | UI-CPH |
| Kyra Sorenson | Undergrad-to-grad (U2G) | Advisor | EveryStep |
| Sefonobong Obot | Undergrad-to-grad | Advisor | Research Assistant, UI-CPH |
| Samuel Pang | Undergrad-to-grad | Advisor | Food Safety Specialist, State of Iowa Department of Inspections & Appeal |
| McKyla Carson | MPH | Research supervisor | CAHPS Specialist, Iowa Total Care |
| Lena Thompson | PhD | Research Supervisor (GRA), Examination and Dissertation committee chair | In progress |
| Anne Abbott | PhD | Examination and Dissertation committee co-chair | In progress |
| Grace Ryan | PhD | Examination and Dissertation committee | Postdoctoral Fellow |
| Halkeno Tura | PhD | Examination and Dissertation committee | Blackhawk County Public Health |
| Patrick Brady | PhD | Examination and Dissertation committee | Postdoctoral Fellow |
| Toluwani Adekunle | PhD | Examination and Dissertation committee | Withdrawn |
| Haley Schneider | BA  MPH | Research supervisor; MPH advisor | CBH-Research Assistant |
| Olivia Teach | BA | Research supervisor, Experiential Learning | AmeriCorp |
| Felicia Pieper | MPH | Advisor | Graduated |
| Emily Shaw | MPH | Advisor | Graduated |
| Madison Snitker | MPH | Advisor | Graduated |
| Moamen Sheba | DDS | Thesis committee | UI College of Dentistry |
| Haley Wilson | MPH | Advisor, Research supervisor | In progress |
| Maria Donohoe | MPH | Advisor, Research supervisor | In progress |
| Veronica Smith | MPH | Advisor, Research supervisor | In progress |
| Abby Hellem | MPH | Research supervisor | Research Coordinator, University of Michigan |
| Michael Niles | MPH | Research supervisor | Rock County Public Health |
| Elizabeth Saathoff | MPH | Research supervisor | In progress |
| Lubna Hossain | BA | Research supervisor | In progress |
| Ambur Hageman | MPH | Advisor | In progress |
| Abinaya Ilvarasan | MPH | Advisor, Research supervisor | In progress |
| Delaney Pietzsch | BA | Research supervisor | In progress |

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| C. | Other Contributions to Instructional Programs |

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| *Independent Studies* | |
| Semester/Year | Student(s) |
| Summer 2013 | Laura Reese |
| Fall 2013 | Ellen Schafer |
| Spring 2014 | Ellen Schafer, Erin Robinson |
| Fall 2014 | Ellen Schafer |
| Fall 2015 | George Pro, Ellen Schafer |
| Spring 2016 | Thomas Sayre |
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| Spring 2017 | Olivia Teach: Experiential Learning |
| Summer 2021 | Delaney Pietzsch: ICRU Fellowship Mentor |
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| *Doctoral Professional Seminars* | |
| Semester/Year |  |
| Fall 2012 | CBH Doctoral student professional development seminar – Your First Job |
| Fall 2015 | CBH Doctoral student professional development seminar – Interdisciplinary Teams |
| Fall 2016 | CBH Doctoral student professional development seminar – Interdisciplinary Teams |
| Fall 2017 | CBH Doctoral student professional development seminar – Interdisciplinary Teams |
| Fall 2019 | CBH Doctoral student professional development seminar – Interdisciplinary Teams |

# III. Scholarship

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| A. | Publications or Creative Works |

1. Peer-Reviewed Papers

1. **Ashida, S.** (2000). The effect of reminiscence music therapy sessions on changes in depressive symptoms in elderly persons with dementia. *Journal of Music Therapy, 37*(3), 170-182.
2. Sweet, K., Willis, S., **Ashida, S.,** & Westman, J. (2003). Use of fear-appeal techniques in design of tailored cancer risk communication messages: Implications for healthcare providers. *Journal of Clinical Oncology, 21*(17), 3375-3376.
3. **Ashida, S.,** & Heaney, C. A. (2008). Social networks and participation in social activities at a new senior center: Reaching out to older adults who could benefit the most. *Activities, Adaptation, and Aging, 32*(1), 40-58*.*
4. **Ashida, S.,** & Heaney, C. A. (2008). Differential associations of social support and social connectedness with structural features of social network systems and the health status of older adults. *Journal of Aging and Health, 20*(7), 872-893*.*
5. Ferguson, S. A., Burr, D. L., Allread, W. G., **Ashida, S.,** Fujishiro, K., Heaney, C., & Marras, W. S. (2008). Prevalence of low back disorders in furniture distribution centers. *Proceedings of the Human Factors and Ergonomics Society 52nd Annual Meeting* (peer-reviewed).
6. **Ashida S.,** Hadley, D. W., Vaughn, B. K., Kuhn, N. R., Jenkins, J. F., & Koehly, L. M. (2009). The impact of familial environment on depression scores after genetic testing for cancer susceptibility. *Clinical Genetics, 75,* 43-49*.* PMCID: PMC2615793
7. **Ashida, S.,** Palmquist, A. E., Basen-Engquist, K., Singletary, S. E., & Koehly, L. (2009). Changes in female support network systems and adaptation after breast cancer diagnosis: Differences between older and younger patients. *The Gerontologist, 49*(4), 549-559. PMCID: PMC2733765
8. **Ashida, S.,** Koehly, L. M., Roberts, J. S., Chen, C. A., Hiraki, S., & Green, R. C. (2009). Disclosing the disclosure: Factors associated with communication of susceptibility genotype to family, friends, and health professionals. *Journal of Health Communication, 14*(8), 768-784*.* PMCID: PMC2801901
9. **Ashida, S.,** Wilkinson, A., & Koehly, L. (2010). Motivation for Health Screening: Evaluation of Social Influence within Mexican American Families. *American Journal of Preventive Medicine, 38*(4), 396-402*.* PMCID: PMC2844878
10. **Ashida, S.,** Koehly, L., Roberts, S., Chen, C., Hiraki, S., & Green, R. (2010). The role of disease perceptions and results sharing on psychological adaptation in genetic susceptibility testing: The REVEAL Study. *European Journal of Human Genetics, 18*(12), 1296-301*.* PMCID: PMC2988099
11. Hadley, D. W., **Ashida, S.,** Jenkins, J. F., Mensz, J. M., Calzone, K. A., Kuhn, N. R., McBride, C. M., Kirsch, I. R., & Koehly, L. M. (2010). Generation after generation: Exploring the psychological impact of providing genetic services through a cascading approach. *Genetics in Medicine, 12*(12), 808-815.
12. Canan, B. D., Asti, L., Heaney, C. A., **Ashida, S.,** Renick, K. M., Xiang, H., Stallones, L., & Wilkins, J. R. (2011). Compliance with NAGCAT work practices recommendations for youth cleaning service alley in stall barns. *Journal of Agricultural Safety and Health, 17*(2), 127-146.
13. Asti, L., Canan, B. D., Heaney, C., **Ashida, S.,** Renick, K., Xiang, H., Stallones, T., Bean, T., Jepsen, S. D., & Wilkins, J. R. III. (2011). Compliance with the North American Guidelines for Children’s Agricultural Tasks among Youth Working with Large Animals. *Journal of Agromedicine, 16*(3), 174-193.
14. Hadley, D. W., **Ashida, S.,** Jenkins, J. F., Calzone, K. A., Kirsch, I. R., & Koehly, L. M. (2011). Colonoscopy use following mutation detection in Lynch syndrome: Exploring a role for cancer screening in adaptation. *Clinical Genetics, 79*(4), 321-328. PMCID: PMC3407565
15. Koehly, L., **Ashida, S.,** Giroux, A., Skapinsky, K., Hadley, D. W., Wilkinson, A. V. (2011). Willingness of Mexican-American adults to share family health history with healthcare providers. *American Journal of Preventive Medicine, 40*(6), 633-636. PMCID: PMC3104291
16. **Ashida, S.,** Goodman, M., Pandya, C.,Koehly, M.,Lachance, C., Stafford, J., & Kaphingst, K. (2011). Age differences in health literacy, genetic knowledge and causal beliefs for health conditions. *Public Health Genomics, 14*(4-5), 307-316. PMCID: PMC313690
17. **Ashida, S.,** Heaney, C. A., Kmet, J. M., & Wilkins, J. R. (2011). Using Protection Motivation Theory and Formative Research to Guide An Injury Prevention Intervention: Increasing Adherence to the North American Guidelines for Children’s Agricultural Tasks. *Health Promotion Practice, 12*(3), 396-405.
18. **Ashida, S.,** Hadley, D. W., Goergen, A. F., Skapinsky, K., Devlin, H., & Koehly, L. M. (2011). The importance of older family members in providing social resources and promoting cancer screening in families with a hereditary cancer syndrome. *The Gerontologist, 51*(6), 833-842. PMCID: PMC3220664
19. Ahn, S., & **Ashida, S.** (2012). Editorial: Music therapy for dementia. *Maturitas,71*, 6-7.
20. **Ashida, S.,** Wilkinson, A., & Koehly, L. (2012). Social influence and motivation to change health behaviors: Implications for diet and physical activity. *American Journal of Health Promotion, 26*(3), 176-179*.* PMCID: PMC3252202.
21. **Ashida, S.,** Goodman, M. S., Stafford, J., Lachance, C., & Kaphingst, K. A. (2012). Perceived familiarity with and importance of family health history among a medically underserved population. *Journal of Community Genetics, 3*(4), 285-295. PMCID: PMC3461219
22. **Ashida, S.,** Kaphingst, K., Goodman, M.,& Schafer, E\*. (2013). Family health history communication networks of older adults: Importance of social relationships and disease perceptions. *Health Education and Behavior, 40*(5), 612-619.
23. Hovick, S.R., Wilkinson, A. V., **Ashida, S.,** de Heer, H. D., & Koehly, L. M. (2014). The impact of personalized risk feedback on Mexican Americans’ perceived risk for heart disease and diabetes. *Health Education Research, 29*(2), 222-234.
24. **Ashida, S.,** & Schafer, E\*. (2015). Family health information sharing among older adults: reaching more family members. *Journal of Community Genetics, 6*, 17-27. Epub ahead of print. DOI: 10.1007/s 12687-014-0197-x
25. Koehly, L. M., **Ashida, S.,** Schafer, E. J.\*, & Ludden, A. (2015). Caregiving networks – Using a network approach to identify missed opportunities. *Journal of Gerontology: Social Sciences, 70*(1), 143-154*.*
26. **Ashida, S.,** Robinson, E.\*, Gay, J., & Ramirez, M. (2015). Motivating rural older residents prepare for disasters: Moving beyond personal benefits. *Ageing and Society, 36*(10), 2117-2140*.*
27. Schafer, E.\*, Williams, N. A., Digney, S.\*, Hare, M. E., & **Ashida, S.** (2016). Social contexts of infant feeding and infant feeding decisions. *Journal of Human Lactation, 32*(1), 132-140*.*
28. **Ashida, S.,** Lynn, F.B., Williams, N.A., & Schafer, E.J.\* (2016). Competing infant feeding information in mothers’ networks: Advice that supports versus undermines clinical recommendations. *Public Health Nutrition, 19*(7), 1200-1210.
29. Goergen, A.F., **Ashida, S.,** Skapinsky, K., deHeer, H. D., Wilkinson, A. V., & Koehly, L. M. (2016). What you don’t know…: Improving family health history knowledge among multigenerational Mexican origin families. *Public Health Genomics, 19*(2), 93-101*.*
30. Schwieger, T.R.\*, Campo, S., Weinstein, S. L., Clarke, W. R., **Ashida, S.,** Steuber, K. R., & Dolan, L. A. (2016). Body Image, Quality-of-Life and Brace Wear Adherence in Females with Adolescent Idiopathic Scoliosis. *Journal of Pediatric Orthopedics.* ePub ahead of print.
31. Schwab-Reese, L.\*, Schafer, E.J.\*, & **Ashida, S.** (2016). Association of Social Support and Postpartum Mental Health Status: Main Effects, Moderation, and Mediation. *Women and Health.* ePub ahead of print
32. Elrick, A., **Ashida, S.,** Ivanovich, J., Lyons, S., Biesecker, B., Goodman, M., & Kaphingst, K. (2016). Psychosocial and clinical factors associated with family communication of cancer genetic test results among women diagnosed with breast cancer at a young age. *Journal of Genetic Counseling.* ePub ahead of print.
33. Schwieger, T.\*, Campo, S., Steuber, K. R., Weinstein, S. L., & **Ashida, S**. (2016). An exploration of information exchange by adolescents and parents participating in adolescent idiopathic scoliosis online support groups. *Scoliosis and Spinal Disorders.* (published online).
34. Schwieger, T.\*, Campo, S., Weinstein, S. L., Dolan, L. A., **Ashida, S.,** & Steuber, K. R. (2016). Body image and quality-of-life in untreated versus brace-treated females with Adolescent Idiopathic Scoliosis. *Spine, 41*(4), 311-319.
35. Schwab-Reese, L.\*, Ramirez, M., **Ashida, S.,** & Peek-Asa, C. (2017). Psychosocial employment characteristics and postpartum maternal mental health symptoms. *American Journal of Industrial medicine, 60*(1), 109-120.
36. **Ashida, S.,** Robinson, E.\*, Gay, J., Slagel, L.E.\*, & Ramirez, M. (2017). Personal disaster and emergency support networks of older adults in a rural community: Changes after participation in a disaster preparedness education program. *Disaster Medicine and Public Health Preparedness, 11*(1), 110-119*.* DOI: 10.1017/dmp.2016.197
37. Schafer, E.\*, Campo, S., Colaizy, T., Mudler, P.J., & **Ashida, S.** (2017). Influence of experiences and perceptions related to breastfeeding one’s first child on breastfeeding initiation of second child. *Maternal and Child Health Journal, 21*(6), 1288-1296. doi: 10.1007/s10995-016-2228-1.
38. Schafer, E.\*, Campo, S., Colaizy, T., Mudler, P.J., Breheny, P. J., & **Ashida, S.** (2017). First-time mothers’ breastfeeding maintenance: Role of experiences and changes in maternal perceptions. *Public Health Nutrition, 29*(17), 3099-3108*.* DOI: 10.1017/S136898001700221X
39. **Ashida, S.,** Marcum, C. S., & Koehly, L. M. (2018). Unmet expectations in Alzheimer’s family caregiving: interactional characteristics associated with perceived under-contribution in care. *The Gerontologist. 58*(2), e46-e55.DOI: 10.1093/geront/gnx141
40. Marcum, C.S., **Ashida, S.**, & Koehly, L.M. ‘Primary’ Caregiving as a Network Context. (2018). *Journal of Gerontology: Social Sciences.* doi: 10.1093/geronb/gbx165.
41. Skapinsky K.F., Persky S., Lewis M., Goergen A., **Ashida S.,** de Heer H., Hadley D., Wilkinson A.V., Koehly L. (2018) Heart disease risk information, encouragement, and physical activity among Mexican-origin couples: Self- or Spouse-driven change. *Translational Behavioral Medicine, 8*(1), 95-104. Doi:10.1093/tbm/ibx012*.*
42. Schafer, E.\*, **Ashida, S.,** Palmquist, A.E.L. (2018) Psychosocial dimensions of human milk sharing. *Maternal and Child Nutrition, 14* Suppl 6:e12606DOI:10.1111/mcn.12606
43. **Ashida, S.**, Zhu, X., Robinson, E.\*, & Schroer, A.\* (2018) Disaster preparedness networks of organizations in rural Midwest communities: Organizational roles, collaborations, and support for older residents. *Journal of Gerontological Social Work, 61*(7): 735-750*.* DOI: 10.1080/01634372/2048.1474157
44. Baquero B, Kava CM, **Ashida S**, Daniel-Ulloa J, Laroche HH, Haines H, Bucklin R, Maldonado A, Garcia MC, Berto S, Sewell D, Novak N, Janz K, Gates C, Parker EA. (2018). Active Ottumwa: Adapting evidence-based recommendations to promote physical activity in a micropolitan new destination community. *International Journal of Environmental Research and Public Health*, 15(5), 917*.* DOI: 10.3390/ijerph15050917
45. Schafer E.\*, Buch E.D., Campo S., Mudler, P.J., **Ashida, S.** (2018) From initiation to cessation: Turning points and coping resources in the breastfeeding experience of first-time mothers. *Women and Health, 19*:1-15.
46. **Ashida S.**, Sewell D.K., Schafer E.J., Schroer A., & Friberg J. (2019) Social network members who engage in activities with older adults: Do they bring more social benefits than other members? *Ageing and Society. 39,* 1050-1069. Doi:10.1017/So144686X17001490
47. Murrell, M, Marchini, L, Blanchette, D, **Ashida, S** (2019) Evaluation of intraoral camera use in a predoctoral clinic. *Journal of Dental Education, 83*(11), 1339-1344*.* DOI: 10.21815/JDE.019.140
48. Arora K., **Ashida S.**, Mobley E., Sample J. (2020) The impact of consolidating Area Agencies on Aging on the delivery of home and community-based services: Evidence from Iowa. *Journal of Applied Gerontology, 39*(7), 751-759. DOI: 10.1177/0733464818821055
49. Casteel, C., Bruening, R., Carson, M., Berard-Reed, K., and **Ashida, S.** (2020) Evaluation of a falls and fire safety program for community-dwelling older adults. *Journal of Community Health, 45*(4), 717-727. DOI: 10.1007/s10900-019-00786-8
50. **Ashida, S.,** Robinson, E., Williams, K., Hejna, E., Thompson, L. (2020-Online ahead of print) Social Interactions between Family and Community-Based Service Providers in Dementia Caregiving. *Clinical Gerontologist.* DOI: 10.1080/07317115/2020/1765932 MPID:32449496
51. Craig, T., Johnsen, D., Hartshorn, J., Cowen, H., **Ashida S.,** Thompson, L., Pendleton, C., Xie, X.J., Marchini, L. (2020-Online ahead of print) Teaching Rapid Oral Health Deterioration Risk Assessment: A 5-year Report. *Journal of Dental Education*. DOI: 10.1002/jdd.12309
52. Hadley, D. W., Eliezer, D., Addissie, Y., Goergen, A., **Ashida, S.,** & Koehly, L. (2020) Uptake and predictors of colonoscopy use in family members not participating in cascade genetic testing for Lynch syndrome. *Scientific Reports. 10*(1), 15959.DOI: 10.1038/s41598-020-72938-z
53. Klaassen, H., **Ashida, S.**, Comnick, C., Jin, X.,…….Marchini, L. (accepted) COVID-19 pandemic and its impact on dental students: A multi-institutional survey. *Journal of Dental Education.*
54. Sheba, M., Comnick, C., Elkerdani, T., **Ashida, S.**, Zeng, E., Marchini, L. (2021). Students’ perceptions and attitudes about digital dental technology is associated with their intention to use it. *Journal of Dental Education.* DOI:10.1002/jdd.12610
55. Cleary, J., Manalel, J., Marcum, C., Rewley, J., **Ashida, S.**, & Koehly, L., (accepted) Interpersonal correlates of dementia caregivers’ emotional support networks: Considering family history. *Research on Aging*

2. Non-Peer-Reviewed Papers (reports, proceedings, etc.)

1. **Ashida, S.** (2012). Community and Worksite Assessment for Dementia and Alzheimer’s Patients and Caregivers: Needs for worksite elder care service programs to support employees who provide care to older family members (Submitted to the Baptist Memorial Health Care Foundation in November, 2012).
2. Casteel, C., Bruening, R., & **Ashida, S.** Pilot Evaluation of the Remembering When™ Program in Five Communities in Iowa (Submitted to the National Fire Protection Association).
3. RememberingWhen™-PLUS Toolkit: Establishing a Community-Engaged Network to Refer Older Adults to Falls Prevention Programming (available through the University of Iowa Injury Prevention Research Center). [Link](https://iprc.public-health.uiowa.edu/wp-content/uploads/2021/09/RW_toolkit_2021_ONLINE.pdf)

3. Manuscripts Under Review

1. **Ashida, S,** Schafer E. J., & Thompson, L. Roles of family and local friends in social networks of community-based older adults in U.S.
2. Heeren, T.,\* Ward C., Sewell, D., **Ashida, S.** Applying network analysis to assess the development and sustainability of multi-sector coalitions.
3. Koehly, L., **Ashida, S.**, Sumrall, S., Hyman, S. Malfeasant, Nonfeasant, and Uplifting caregiving interactions and behaviors in pediatric care contexts.
4. Brady, P., Askelson, N., Thomson, H., **Ashida, S**., Nothwehr, F., Janssen B., Frisvold, D. A qualitative study of factors influencing food choices and food sources among adults aged 50 years and older during the COVID-19 pandemic.
5. Ryan, G. Askelson N., **Ashida, S.**, Charlton, M., Gilbert P., Scherer, A. “HPV is probably not at the top of our list”: Challenges to adolescence HPV vaccination and implementation of EBIs to promote vaccine uptake during the COVID-19 pandemic.

4. Books/Chapters

1. **Ashida S.,** & Schafer, E. (2018). Social Networks, Social Relationships, and Aging Mind and Brain. In M. Rizzo, B. Fritzsch, & S. Anderson (Eds.). *The Wiley Handbook on the Aging Mind and Brain* (pp. 19-36)*.* West Sussex, UK: John Wiley & Sons Ltd.

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| B. | Areas of Research Interest/Current Projects |

1. Examine the roles of social networks and relationships in health and health-related behaviors, and develop strategies to positively influence such social factors.

2. Identify and influence modifiable social factors to facilitate healthy aging.

3. Develop, implement, and evaluate social network interventions to facilitate healthy aging.

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| C. | Sponsored Research |

1. Grants Received

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| Alumni Grants for Graduate Research and Scholarship at The Ohio State University, 2004  Role: PI | |
| Miami Valley Gerontology Council (MVGC) Research Incentive Award, 2005  Role: PI | |
| Baptist Memorial Health Care Foundation (Kedia)  Community and Worksite Assessment for Dementia and Alzheimer’s Patients and Caregivers  Role: Co-PI | 06/01/11-12/31/11 |
| Faculty Research Grant, University of Memphis (Ashida)  Psychosocial factors associated with communication of family history in familial networks of older adults  Role: PI | 07/01/11–06/30/12 |
| National Human Genome Research Institute, NIH (Koehly)  Alzheimer’s caregiving and social networks  Role: PI, sub-contract | 04/04/11-04/30/12 |
| Social Science Funding Program, University of Iowa (Ersig)  Social network analysis of individual and family responses to an early-onset colorectal cancer  Role: Co-I | 05/01/11-06/30/12 |
| Collaborative Health Equity Research Incubator Grant (Ashida, Williams)  Center for Health Equity Research and Promotion, University of Memphis  Social networks and infant feeding practices among new and expecting mothers  Role: Co-PI | 05/01/11-04/31/12 |
| R44AG038316 (Tien)  National Institutes of Health/ Medical Decision Logic  SocioWorks: Integrated Web Platform for Applications of Social Network Analysis  Role: PI, sub-contract | 09/15/10–09/30/13 |
| Major Goal: The purpose of this project is to conduct a pilot research project testing the software SocioWorks developed by Medical Decision Logic, Inc. The end goal of the Socioworks grant is to create a web application for social networks to improve health and productivity for patients, health care providers, administrators, and public health officials. | |
| University of Iowa Prevention Research Center for Rural Health (Ashida)  Pilot Grant Program  Familial and community-based social networks of older adults in rural Iowa  Role: PI | 03/01/13-08/30/14 |
| University of Iowa Prevention Research Center for Rural Health (Baquero) Pilot Grant Program  Exploring and understanding social networks of community-based organizations associated with healthy eating and active lifestyle among Latinos in Ottumwa, IA  Role: Co-I | 03/01/13-08/30/14 |
| Major Goal: To explore the social networks of community-based organizations that Latinos access in Ottumwa, Iowa and to demonstrate how these networks can be part of community-based interventions. | |
| University of Iowa Injury Prevention Research Center Pilot Program (Ashida)  Translational Research: Development of PrepWise, a New Tool to Assist Community-Dwelling Older Adults Prepare for Disasters  Role: PI | 07/01/13-06/30/14 |
| Retirement Research Foundation (Ashida)  Public Health Systems of Disaster Preparedness and Response Supporting Community-Dwelling Older Adults in Iowa  Role: PI | 07/01/14-12/31/15 |
| Major Goal: To understand the structure and functioning of public health network systems in two Eastern Iowa Counties (Johnson County, Linn County) in relation to disaster preparedness and response to identify the strategies to develop and optimize new and existing collaborations. | |
| University of Iowa Center on Aging (Ashida, Williams)  Family caregiving in Iowa communities: Relationships between community-based health care providers and family  Role: Co-PI | 12/1/14-12/31/16 |
| Major Goal: To assess the extent to which measures for staff-family relationships used in nursing home research can be applied to evaluate social relationships between community-based service providers and family providing care at home. This project was funded for the second year to conduct additional aims through a competitive renewal process. | |
| The Fire Protection Research Foundation (Casteel)  Evaluation of the Remembering When™ Program  Role: Co-I | 11/7/14-12/31/15 |
| Centers for Disease Control and Prevention (Ashida, Margrett)  Evaluating formal and informal support in rural Iowa: Relation to long-term support services and aging in place (Pilot project within Prevention Research Center)  Role: Co-PI | 10/01/14-09/30/15 |
| Major Goal: To assess formal and informal community supports in rural Iowa communities which are at an increased risk of being located in “care deserts” where residents have limited access to resources that support healthy and independent living. | |
| Centers for Disease Control and Prevention (Parker)  University of Iowa Prevention Research Center for Rural Health  Role: Co-I | 09/30/12-09/29/19 |
| Major Goal: To develop and evaluate a community-based program in the area of nutrition and exercise to reduce BMI in rural Iowans through the establishment of the Prevention Research Center. | |
| Health Resources & Services Administration (Smith)  Interprofessional Strategic Healthcare Alliance for Rural Education: Ishare  Role: Co-I | 07/01/15-06/30/19 |
| Major Goal: To respond to the GWEP vision to work directly with primary care providers so that learning can most effectively take place at the point of care, as well as partner with families and patients to work as a team in maximizing health outcomes. | |
| PCORI (Carnahan)  Extension Connection: Advancing Dementia Care for Rural and Hispanic Populations  Role: Co-I | 05/01/13-10/31/16 |
| University of Iowa Center on Aging (Arora, Ashida)  Mind and Brain Initiative  Evaluation of the Consolidation of Iowa’s Area Agency on Aging  Role: Co-PI | 1/1/16-12/31/16 |
| Major Goal: To evaluate the outcomes of restructuring efforts in Iowa through analyzing existing state data and obtaining information from the formal service providers and service recipients. | |
| Retirement Research Foundation (Ashida)  Developing and pilot testing an online tool for PrepWise: a disaster preparedness program for rural older residents  Role: PI | 07/01/17- 8/31/19 |
| Major Goal: To develop disaster PrepWise electronic tool for community-based providers and older adults and dissemination strategies through engaging key stakeholders throughout the project period. Stakeholders include County Emergency Management Agency, County Public Health, Area Agencies on Aging, and other local non-profit organizations and aging services agencies. | |
| Centers for Disease Control and Prevention (Ashida, Casteel)  Translational research to refer older adults to evidence-based falls prevention programs (Project within Injury Prevention Research Center)  Role: Co-PI | 07/01/17-06/30/20 |
| Major Goal: To develop an infrastructure and protocols for maximizing the reach and adoption of evidence-based falls prevention programs among community-residing older Iowans and to evaluate the referral infrastructure through implementation. | |
| CDC/NCIPC 3R49 CE002108-05 (Peek-Asa) 8/1/12-7/31/19 *The University of Iowa Injury Prevention Research Center (IPRC)*  Major Goal: to control and prevent injuries, especially in rural communities, focusing on high-risk populations such as children, the elderly, farmers, and those with disabilities, through interdisciplinary research, outreach and training, targeting a wide variety of unintentional injuries.  Administrative and Research Support Core – Role: Center Co-Evaluator  Outreach Core – Role: Center Co-Evaluator  Role: Co-Investigator  Centers for Disease Control and Prevention (Parker) 9/30/14-9/29/19  *University of Iowa Prevention Research Center for Rural Health*  The major goal of the study is to support the development of a comprehensive prevention research center with the key elements of infrastructure and administration; community engagement, partnerships, and technical assistance; communication and dissemination; training; and evaluation; and support of one applied public health prevention research project: a community-based intervention to promote physical activity among residents of a new destination community in Iowa.  Role: Co-Investigator  National Institute on Aging; (Ashida: PI) 07/15/18-06/30/21  BUILDING A BRIDGE (between clinical and community care): Post-diagnosis support for persons with dementia and their family (R21)  Major Goal: To evaluate the implementation and efficacy of an intervention that directly connects individuals affected by dementia and their family to community-based services at medical clinics. | |
| Centers for Disease Control and Prevention (Casteel, Kennelty (Co-PI) 09/01/18-08/31/22 | |
| Implementation of a medication care plan to reduce unintentional injury among rural older adults  Role: Co-Investigator  Major Goal: To develop a sustainable program for healthcare systems to reduce falls among high-risk older adults living independently in their communities. | |

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| CDC/NCIPC 3R49 CE002108-05 (Peek-Asa) 8/1/19-7/31/24 *The University of Iowa Injury Prevention Research Center (IPRC)*  Major Goal: to control and prevent injuries, especially in rural communities, focusing on high-risk populations such as children, the elderly, farmers, and those with disabilities, through interdisciplinary research, outreach and training, targeting a wide variety of unintentional injuries.  Administrative and Research Support Core – Role: Center Co-Evaluator  Outreach Core – Role: Center Co-Evaluator  Role: Co-Investigator  National Institutes of Health; Chen (PI) 7/1/19-6/30/22  Functionally-tailored oral care intervention for community-dwelling older adults with dementia and their caregivers (R21)  Role: Co-Investigator  Major Goal: To develop modularized, functionally-tailored oral care intervention for individuals with dementia and their families and examine its efficacy using a randomized controlled trial. |
| SAMHSA/5 UL1 TR002537-02 (Skinstad, PI) 8/15/18-8/14/23   |  | | --- | | *National American Indian and Alaska Native Mental Health Technology Transfer Center* |   The goal is to work with organizations and treatment practitioners involved in the delivery of mental health services to American Indian and Alaska Native individuals, families and tribal communities to strengthen their capacity to deliver effective EBPs to individuals, including the full continuum of services spanning mental illness prevention, treatment, and recovery support. We are adopting the KAER public health dementia care model to be used by the providers of Native American elderly through a community-engaged approach.  Role: Co-Investigator |
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RRF Foundation for Aging #2021066 (Ashida, PI) 7/1/21-6/30/22

*Implementation research: Engaging community stakeholders to develop Disaster PrepWise implementation infrastructure in Iowa communities*

Major goal is to develop a community-level infrastructure to help older adults become prepared for disasters with built-in connections to support from trusted entities (e.g., aging providers, state agencies) through community-engaged research processes.

Delta Dental Institute (Ashida, Marchini, Co-PIs) 07/01/21-06/30/23

*Using a mobile application (app) to improve oral hygiene knowledge and care provision among caregivers of frail and dependent older adults*

Major Goals: To increase oral health literacy of formal and family caregivers, and facilitate the integration of oral health care in the daily care routines at residential facilities by using a mobile device app to support caregivers of frail and dependent adults.

2. Pending Grant Applications

National Institutes on Aging 1R01AG077436-01 (PI: Ashida) 04/1501/22-03/31/27

*Emergency preparedness and support of caregivers of persons with dementia: The Disaster PrepWise study*

Major Goal: To test the impact of Disaster PrepWise intervention on caregiver outcomes (i.e., resilience, stress) and perceptions that may mediate the association between DPW and outcomes (caregiver self-efficacy, preparedness, social support); and evaluate implementation strategies to optimize dissemination.

Role: PI

3. Grant Applications Unfunded

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| 1 U48 DP006389 (Ashida, PI) 9/30/20-9/29/22  Centers for Disease Control and Prevention  *Adapting and implementing the KAER model: Enhancing a health care system to increase early detection of cognitive decline and access to supportive services*  The long-term goal of this proposed project is to facilitate early detection of cognitive decline among community-based older adults to provide relevant services and resources to improve clinical outcomes and to minimize family distress.  Role: PI   |  | | --- | | National Institute of Health/National Institute on Aging (Ashida, PI) 10/15-20-7/31/21 Administrative Supplement to Building a Bridge: Post-diagnosis support for persons with dementia and their family (R21)  Major Goal: To assess the impact of changes in caregiving participation an interaction quality among caregiving network members on caregiver well-being in the context of the COVID-19 pandemic, and to identify challenges and opportunities in care-related interactions to support community-living during the pandemic. |   Centers for Disease Control and Prevention (Ashida) 9/30/19-9/29/21  *Enhancing a healthcare network system to increase early detection of cognitive impairment and access to supportive services using the KAER Model*  The long-term goal of this proposed project is to facilitate early detection of cognitive decline among older adults in Eastern Iowa to provide relevant services and resources to improve clinical outcomes and minimize family distress.  Role: PI  National Institute on Aging (Ashida)  PrepWise: A program to enhance disaster preparedness and emergency support networks of older adults (R01: scored but not funded)  Role: Co-PI  Major Goal: To evaluate the implementation and effectiveness of a disaster preparedness program for older adults delivered through community-based case management programs. |
| Association of Schools and Programs of Public Health (Ramirez)  PrepUs: An online tool to enhance disaster preparedness for individuals with special needs  Role: Co-I  Major Goal: To develop an online tool to help individuals with special needs develop disaster and emergency plans. |
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| National Institutes of Health, National Institute on Aging, (Ashida)  Roles and expectations among caregiving social network members (R21)  Role: PI |
| US Department of Health & Human Services, Centers for Disease Control & Prevention (Ashida)  Health Promotion and Disease Prevention Research Centers: Special Interest Project  Public Health Messages to Promote Cognitive Health (2014-2016)  Role: PI. |
| US Department of Health & Human Services, Centers for Disease Control & Prevention.  Health Promotion and Disease Prevention Research Centers: Special Interest Project.  Evaluating the Processes and Impacts of the State Driven Fall Prevention (2014-2016)  Role: Co-I |
| Alzheimer’s Association (Ashida)  Long-term dementia care admission and changes in caregiving social networks (2014-2016)  Role: PI |
| Major Project Grant Program, The Office of the Vice President for Research and (Ashida)  Economic Development, The University of Iowa  Caregiving social networks: Families seeking community-based support in Eastern Iowa (2014-2015)  Role: PI |

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| D. | Presentations |

1. Invited Lectures and Presentations

| Year | Title | Organization |
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| 2008 | Genetic susceptibility for Alzheimer’s disease and family caregiving networks. (**Ashida, S.**, Green, R., Roberts, J. S., & Koehly, L.) | Pre-Conference Institute. Society for Social Work and Research, Washington, DC. |
| 2011 | Social networks, social relationships and healthy aging. | Annual Training Conference. Southeastern Association of Area Agencies on Aging. Memphis, TN. |
| 2011 | Social influence and motivation to change health behaviors among Mexican origin adults: Implications for diet and physical activity. (**Ashida, S.,** Wilkinson, A., & Koehly, L.) | 21st Annual Art & Science of Health Promotion Conference. Colorado Springs, CO. |
| 2012 | Social Relationships and Optimal Aging: Enhancing Social Roles and Networks of Older Adults. | Departmental Seminar Series. Department of Community and Behavioral Health, University of Iowa College of Public Health |
| 2013 | The Roles of Social Networks and Relationships in Healthy Aging. | Iowa State University Gerontology Program Colloquium. Ames, IA. |
| 2014 | Alzheimer’s Disease and Affected Families: Impact of Genetic Information and Caregiving Processes. (**Ashida, S.**, Green, R., Roberts, J. S., Chen, C., Hiraki, S., Schafer, E. & Koehly, L.) | Translating Genomics through a Social and Behavioral Lens: Research Symposium, Social and Behavioral Research Branch, National Human Genome Research Institute. Bethesda, MD. |
| 2014 | Exploring the Impact of Genetic Services on Cancer Screening in Lynch Syndrome. (Hadley, D., Elizer, D., Addisse, Y., Goergen, A. F., **Ashida, S.**, & Koehly, L.) | Translating Genomics through a Social and Behavioral Lens: Research Symposium, Social and Behavioral Research Branch, National Human Genome Research Institute. Bethesda, MD. |
| 2014 | Transitioning to academic jobs: Trainee Lunch Career Panel. | National Institutes of Health, Office of Intramural Training & Education, Bethesda, MD. |
| 2014 | Social Networks, Social Relationships, and Health. Annual Mental Health Conference. | Iowa Veterans Home, Marshalltown, IA. |
| 2014 | Enhancing Social Relationships to Facilitate Health and Well-Being. | College of Nursing Research Forum, University of Iowa. |
| 2014 | Communication within the Caregiving Social Networks of Individuals Affected by Dementia. | Family Council Education Series, Lone Tree Health Care Center - Pioneer Park, Lone Tree, IA. |
| 2014 | Enhancing Social Relationships to Facilitate Health. | Tokyo Metropolitan Institute of Gerontology, Tokyo Japan. |
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| 2019 | Facilitating Disaster Preparedness Among Older Residents | Linn Area Partners Active in Disasters annual meeting (July) |
| 2019 | PrepKids & PrepWise: Disaster Preparedness among Vulnerable Populations | Iowa Annual Trauma Conference, Des Moines, IA (August) |
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| 2019 | Community Engaged Research to Support Healthy Aging | University of Iowa Institute for Clinical and Translational Science |
| 2019 | Disaster PrepWise: A Program for Community-Based Older Adults | Service Area 2 Healthcare Coalition, Mason City, IA (September) |
| 2020 | Strengthening Personal and Community Disaster Networks of Older Adults | Iowa Disaster Human Resource Council Meeting, Iowa Homeland Security (February) |
| 2020 | Disasters and Older Adults: Supporting older adults during COVID-19 pandemic | Gerontologia, Universidad de Guadalajara, Mexico (April, zoom) |
| 2020 | Disaster Preparedness for Families and Caregivers | Caregiver Wellness Series, Heritage Area Agency on Aging (September) |
| 2020 | Social Networks and Social Isolation: Community-based networks of older Iowans | The Iowa Aging Summit, Aging and Longevity Studies Program, University of Iowa School of Social Work |
| 2021 | Meet the Author: Ethnographic Methods and Implementation Core’s Summer Reading Series | Center for Access and Delivery Research and Evaluation, Iowa City VA Health Care System. |

2. Conference Presentations

1. **Ashida, S.,** Willis, S., Sweet, K., & Westman, J. (2002). *Improving health information provided for those at increased risk of hereditary cancer to increase the use of genetic counseling.* American Public Health Association’s 130th Annual Meeting, Philadelphia, PA.
2. **Ashida, S.** (April, 2005). *Social network characteristics, social support, and general health status of community-dwelling older adults in Columbus, Ohio.* Ohio Association of Gerontology and Education 29th Annual Conference on Aging, Aurora, OH.
3. **Ashida, S.** (May, 2005). *The relationship between the health status of senior citizens and their intentions to participate in senior center programs.* Ohio Public Health Association Annual Meeting, Columbus, OH.
4. **Ashida, S.** (December, 2005). *Social network characteristics, social support, and the intention to participate in new social activities among older adults.* American Public Health Association’s 133rd Annual Meeting, Philadelphia, PA.
5. **Ashida, S.,** Heaney, C. A., Wilkins, J. R., Koechlin, K., & Kmet, J. M. (December, 2005). *Using Protection Motivation Theory and formative research to guide the development of an intervention to increase adherence to the North American Guidelines for Children’s Agricultural Tasks.* American Public Health Association’s 133rd Annual Meeting, Philadelphia, PA.
6. Kmet, J. M., Knecht, A. S., **Ashida, S.,** Wilkins, J. R., Crawford, J. M., & Koechlin, K. M. (December, 2005). *Parental characteristics and farm chore assignment to children and adolescents: Seeking targets of prevention/intervention.* American Public Health Association’s 133rd Annual Meeting, Philadelphia, PA.
7. **Ashida, S.,** &Heaney, C. A. (November, 2006). *Social relationships and intentions to participate at a new senior center: Reaching out to individuals who benefit the most.* Gerontological Society of America’s 59th Annual Scientific Meeting, Dallas, TX.
8. **Ashida, S.,** & Heaney C. A. (November, 2006). *Differential associations of social support and companionship with structural features of social network systems and health status of older adults.* American Public Health Association’s 134th Annual Meeting, Boston, MA.
9. **Ashida, S.,** Kmet, J., Renick, K., Heaney, C. A., & Wilkins, J. R. (November, 2006). *Factors associated with parental supervision and childhood agricultural injuries: Using Protection Motivation Theory for deeper understanding.* American Public Health Association’s 134th Annual Meeting, Boston, MA.
10. **Ashida, S.,** Hadley, D. W., Vaughn, B. K., Kuhn, N. R., Jenkins, J. F., & Koehly, L. M. (November, 2007). *Social relationships and family characteristics associated with change in depression scores after receiving genetic counseling and testing among family members at risk for Hereditary Nonpolyposis Colorectal Cancer.* American Public Health Association’s 135th Annual Meeting, Washington, DC.
11. Loscalzo, A., **Ashida, S.,** & Koehly, L. (November, 2007). *The Role of Applied Anthropology in Social and Behavioral Genomics Research: Contributing to Methodological Innovation in the Study of Health Disparities.* American Anthropological Association’s 106th Annual Meeting, Washington, DC.
12. **Ashida, S.,** Loscalzo, A., Basen-Engquist, K., & Koehly, L. (January, 2008). *Changes in friend network systems of newly diagnosed breast cancer patients.* Annual Meeting of the International Network of Social Network Analysis, St. Pete Beach, FL.
13. Loscalzo, A., **Ashida, S.,** Basen-Engquist, K., & Koehly, L. (January, 2008). *The role of social relationships in shaping perceptions of cancer screening efficacy and screening behaviors.* Annual Meeting of the International Network of Social Network Analysis, St. Pete Beach, FL.
14. Hadley, D., **Ashida, S.,** Kuhn, N., Jenkins, J., McBride, C., & Koehly, L. (May, 2008). *Exploring the influence of the family social network on the psychological well-being of individuals undergoing genetic counseling and testing for Lynch syndrome.* European meeting on Psychosocial Aspects of Genetics, Barcelona, Spain.
15. **Ashida, S.,** Koehly, L. M., Roberts, J. S., Hiraki, S., & Green, R. C. (October, 2008). *Do research participants share the results of genetic susceptibility testing for Alzheimer's disease with family, friends, and health professionals?* American Public Health Association’s 136th annual meeting, San Diego, CA.
16. Heaney, C., **Ashida, S.,** & Wilkins, J. R. III. (October 2008). *Enhancing Adherence To The North American Guidelines For Children’s Agricultural Tasks.* National Occupational Injury Research Symposium (NOIRS), Pittsburgh, PA.
17. **Ashida, S.,** Loscalzo, A., Basen-Engquist, K., & Koehly, L. (November, 2008). *Changes in friend support networks of newly diagnosed breast cancer patients: older vs. younger patients.* Gerontological Society of America’s 61th Annual Scientific Meeting, National Harbor, MD.
18. Koehly, L. M., Valente, T. W., **Ashida, S.,** Loscalzo, A. E., & Hadley, D. W. (March 2009). *Diffusion of distress within HNPCC families.* Annual Meeting of the International Network of Social Network Analysis, San Diego, CA.
19. **Ashida, S.,** Wilkinson, A., & Koehly, L. (November, 2009). *Intention to screen and encouragement from social network members: A cross-generational perspective.* Gerontological Society of America’s 62nd Annual meeting, Atlanta, GA.
20. **Ashida, S.,** Goodman, M., Pandya, C., Koehly, M.,Lachance, C., Stafford, J., & Kaphingst, K. (November, 2009). *Age differences in health literacy, genetic knowledge and causal beliefs for health conditions.* American Public Health Association’s 137th annual meeting, Philadelphia, PA.
21. Koehly, L. M., Devlin, H., **Ashida, S.,** Giroux, A., Skapinsky, K., & Hadley, D. W. (June 2010). *Optimistic and pessimistic network members in families affected by hereditary cancer: implications for risk communication and screening encouragement.* Annual Meeting of the International Network of Social Network Analysis. Riva del Garda, Italy
22. **Ashida, S.,** Hadley, D., Giroux, A., Skapinsky, K., Devlin, H., & Koehly, L. (November, 2010). *Social Roles of Older Members within the Social Network Systems of Families Affected by a Hereditary Cancer Syndrome.* Oral presentation at the Gerontological Society of America’s 63rd Annual meeting, New Orleans, LA.
23. **Ashida, S.,** Wilkinson, A., & Koehly, L. (November, 2010). *Family health risk message and social influence within families of Mexican origin: Motivations to change health behaviors.* Oral presentation at the American Public Health Association’s 137th annual meeting, Atlanta, GA.
24. **Ashida, S.,** Goodman, M.,Stafford, J., Lachance, C., & Kaphingst, K. (November, 2011). *Familiarity with family health history: Associations with age, perceptions, and family communication.* American Public Health Association’s 138th annual meeting, Washington, DC.
25. **Ashida, S.,** Schafer, E. J.\*, Codruta, A. C., & Amoah, D. K. (April, 2012). *Family Health History Communication Networks of Older Adults in Memphis, TN.* Southern Gerontology Society’s 33rd Annual Meeting, Nashville, TN.
26. Schafer, E.\*, & **Ashida, S.** (April, 2012). *Family health history communication: With whom do older adults share their health lyrics?* SOPHE Midyear Scientific Conference, Nashville, TN.
27. **Ashida, S.,** Schafer, E.\*, Kaphingst, K., Goodman, M.,& Webb, L. (October, 2012). *Family Health History Communication Patterns Among Older Adults: Importance of Perceptions and Disease Experience.* American Public Health Association’s 139th annual meeting, San Francisco, CA.
28. **Ashida, S.,** & Schafer, E.\* (November, 2012). *Health Communication Networks of Older Adults: Willingness to Share Family Health History.* Gerontological Society of America’s 65th Annual meeting, San Diego, CA.
29. Hankey, M., Williams, N., Schafer, E.\*, Digney, S.,\* & **Ashida, S.** (April 2013). *Feeding Practices of Low Income Urban Mothers: Do Beliefs About Childhood Obesity Play a Role?* Poster for the National Conference in Pediatric Psychology, New Orleans, LA.
30. **Ashida, S.,** Schafe,r E.\*, Marcum, C. S., & Koehly, L. M. (November, 2013). *Family participation in Alzheimer’s caregiving and self-reported health status of family members.* Gerontological Society of America’s 66th Annual meeting, New Orleans, LA.
31. Marcum, C. S., **Ashida, S.,** & Koehly, L. M. (November, 2013). *Who Gives and Who Cares? Identifying Primary Caregivers in Alzheimers Disease Patients’ Caregiving Networks.* Gerontological Society of America’s 66th Annual meeting, New Orleans, LA.
32. **Ashida, S.,** & Schafer, E\*. (November, 2013). *Reach of family health information within familial social networks of older adults: The importance of role modeling.* American Public Health Association’s 140th Annual meeting, Boston, MA.
33. Ludden, A., **Ashida, S.,** Marcum, C., & Koehly, L. (February 2014). *Using a network approach to identify missed opportunities in caregiving networks.* International Sunbelt Social Network Conference, St. Pete Beach, FL.
34. Schafer, E.\*, Williams, N., Digney, S.\*, & **Ashida, S.** (March 2014). *Social influence and initiation of breastfeeding among low-income urban mothers.* Society for Public Health Education’s (SOPHE) 65th Annual Meeting, *Discovery 2014: New Health Education Strategies, Connections & Idea,* Baltimore, MD.
35. **Ashida, S.,** Marcum, C. S., Goergen, A. F., & Koehly, L. M. (November 2014). *Family participation, supportive staff, and family member well-being in Alzheimer’s caregiving.* Gerontological Society of America’s 67th Annual meeting, Washington, DC.
36. **Ashida, S.,** Robinson, E.\*, Schafer, E.\*, Rook, E.\*, & Ramirez, M. (November 2014). *Using Extended Parallel Process Model to guide the development of a tool to assist Community-dwelling older adults in rural áreas prepare for disasters*. American Public Health Association’s 141st Annual Meeting*,* New Orleans, LA.
37. Schafer, E\*., Williams, N., Digney, S.\*, & **Ashida, S.** (November 2014). *Relationship characteristics associated with breastfeeding encouragement within support networks of low-income new mothers*. American Public Health Association’s 141st Annual Meeting,New Orleans, LA.
38. Robinson, E.\*, Slagel, L.\*, Ramirez, M., Schafer, E.\*, Schroer, A.\*, Friberg, J.\*, & **Ashida, S.** (April 2015). *“Because I don’t want to think about it”: Disaster preparedness perceptions and behaviors amongst older adults in Eastern Iowa.* Iowa Governor’s Conference on Public Health, Cedar Rapids, IA.
39. Schafer, E.\*, Friberg, J.\*, Schroer, A.\*, Robinson, E.\*, Slagel, L.\*, & **Ashida, S.** (April 2015). *“Families aren’t able to see their loved one on a daily basis”: Social networks and relationships of older residents in Ottumwa, IA.* Iowa Governor’s Conference on Public Health, Cedar Rapids, IA.
40. **Ashida, S.,** Lynn, F., Williams, N., & Schafer, E\*. (November 2015). *Infant feeding information within mothers’ social networks: What is the effect of advice that is consistent with versus inconsistent with clinical recommendations?* American Public Health Association’s 142st Annual Meeting*,* Chicago, IL.
41. Schafer, E.\*, Williams, N., & **Ashida, S.** (November 2015). *Who do low-income, urban mothers perceive as providing current infant feeding recommendation?* American Public Health Association’s 142st Annual Meeting*,* Chicago, IL.
42. Friberg, J.\*, Baquero, B., Schafer, E.\*, Schroer, A.\*, Slegel, L., Arneson, E.\*, & **Ashida S.** (November 2015). *Social support networks and vegetable consumption of older adults in rural Iowa: Who do they eat with and who encourages healthy eating?* American Public Health Association’s 142st Annual Meeting*,* Chicago, IL.
43. Baquero, B., **Ashida, S.,** Daniel-Ulloa, J., Friberg, J.\*, Zavala, J., Haines, H., Parker, E., & The Ottumwa Community Advisory Board. (November 2015). *What does it take? Establishing a Community-Academic Partnership to explore health-related needs and assets and to develop a health promotion agenda for Latinos in the Midwest.* American Public Health Association’s 142st Annual Meeting*,* Chicago, IL.
44. **Ashida, S.,** Robinson, E.\*, Gay, J., & Ramirez, M. (November 2015). *Personal Disaster and Emergency Support Networks of Older Adults in Rural Community: Who Would Help?* Gerontological Society of America’s 68th Annual meeting, Orlando, FL.
45. **Ashida, S.,** Marcum, C. S., & Koehly, L. M. (November 2016). *Social interaction characteristics associated with perceptions of unmet expectations in caregiving,* Gerontological Society of America’s 69th Annual meeting, New Orleans, LA.
46. Schafer, E.\*, Palmquist, A., & **Ashida, S.** (November 2016). *Receiving human milk via online milk sharing networks: Role of stigma, screening, and social support in emotional response*. Poster for the American Public Health Association’s 144th annual meeting, Denver, CO.
47. Schafer, E.\*, Buch, E., Campo, S., & **Ashida, S.** (November 2016). *Exploring Turning Points in the Breastfeeding Experience of New Moms.* Round table presentation for the American Public Health Association’s 144th annual meeting, Denver, CO.
48. Schafer, E.\*, Campo, S., Colaizy, T., Mulder, P., & **Ashida, S.** (November 2016). *Factors facilitating breastfeeding maintenance among first-time mothers and initiation among second-time mothers.* American Public Health Association’s 144th annual meeting, Denver, CO.
49. Elrick, A., **Ashida, S.,** Lyons, S., Ivanovich, J., Goodman, M. S., & Kaphingst, K. (November 2016). *Factors related to family communication of genetic risk information by young breast cancer survivors.* American Public Health Association’s 144th annual meeting, Denver, CO.
50. **Ashida, S.,** Sewell, D. K., Schafer, E. J.\*, Schroer, A.L.\*, & Friberg, J. E\*. (July 2017). *Social network functions related to co-engagement in social activities and psychological well-being.* 21st IAGG World Congress of Gerontology and Geriatrics meeting, San Francisco, CA.
51. Robinson, E. L.\*, & **Ashida, S.** (July 2017). *HIV and aging: Associations between information sources and HIV knowledge amongst a sample of people aged 50+.* 21st IAGG World Congress of Gerontology and Geriatrics meeting, San Francisco, CA.
52. **Ashida, S.**, Zhu, X., Schroer, AL., Friberg, JE. (November 2017). Disaster preparedness networks of organizations in rural Midwest communities: Organizational roles, collaborations, and support for older adults. American Public Health Association’s 145th annual meeting, Atlanta, GA.
53. **Ashida, S.,** Hejna E., Robinson, E.L., Mueller, M., & Williams, K. (November 2018). *Dementia caregiving in rural communities: Social relationships between family and community-based paid providers,* Gerontological Society of America’s Annual meeting, Boston, MA.
54. Cleary, J., Lienert, J., **Ashida, S.,** Marcum, C. S., & Koehly, L. M. (November 2018). *Caregiving involvement and emotional support in families with and without prior history of Alzheimer’s dementia,* Gerontological Society of America’s Annual meeting, Boston, MA.
55. Robinson, E.L., & **Ashida, S.** (November 2018). *Community-based disaster support for older residents: Perceptions of organizational leaders belonging to disaster coalitions.* Gerontological Society of America’s Annual meeting, Boston, MA.
56. Bucklin, R., Casteel, C., & Ashida, S. (March 2019) Remembering WhenTM: Utilizing fire Service Personnel to Engage Older Adults in Falls Prevention. Oral presentation at Society for Advancement of Violence and Injury Research Injury Prevention Advocacy: From Research to Policy Conference. Cincinnati, OH.
57. Bucklin, R., Popelka, P., **Ashida, S.,** & Casteel, C. (April 2019) Remembering WhenTM PLUS Program: Developing a Falls Prevention Referral Infrastructure for Older Adults in Iowa Communities. Iowa Governor’s Conference on Public Health Des Moines IA.
58. Thompson LT, Walkner L, Beckman T, **Ashida S**. (April 2019) Implementing Disaster PrepWise, a program to help older Iowans prepare for disasters. Iowa Governor’s Conference on Public Health. Des Moines, IA.
59. Thompson, L., Obot S., & **Ashida, S**. (2019) Examining the Quality of Relationships in Older Adults’ Emergency Support Networks. American Public Health Association Annual Meeting, Philadelphia, PA.
60. **Ashida, S.**, Thompson, L., & Robinson, E. (2019). Strengthening Personal and Community Disaster Networks of Older Adults. Presidential Symposium, Gerontological Society of America’s Annual Meeting, Austin, TX.
61. **Ashida, S.** & Lubben, J. (2020) Social Networks and Social Isolation. The Iowa Aging Summit. Iowa City, IA.
62. Ramirez M., Harding, A., Wu, H., Yang, J., Gay, J., Hamann, C. J., Thompson, L., **Ashida, S.,** & Peek-Asa, C. (2020) PrepKids: A Disaster Preparedness Program for Families of Children with Disabilities. American Public Health Association Annual Meeting, Online.
63. **Ashida, S.**, Carson, M., Bucklin, R., Thompson, L., Niles, M., Casteel, C. (October 2020) Community Engaged Research to Support Healthy Aging: Developing a Referral Infrastructure of Injury Prevention among Older Residents. American Public Health Association Annual Meeting, Online.
64. **Ashida, S.**, Thompson, L., Hejna, E., Obot, S., Schneider, H. (November 2020) Personal Support Networks of Older Adults in Relation to Their Perceptions about Disaster Management. Gerontological Society of America’s Annual Meeting, Online.
65. Thompson, L., Hejna, E., Gay J., Beckman T., **Ashida, S.** (November 2020) Implementation of Disaster PrepWise, An Online Disaster Preparation Tool for Older Adults. Gerontological Society of America’s Annual Meeting, Online.

# IV. Service

1. **Service to Profession** (National level: from least to most recent)

| Year | Organization | Position |
| --- | --- | --- |
|  |  |  |
| 2010-2012 | American Public Health Association, Aging and Public Health Section, Membership Committee | Member |
| 2009-present | American Public Health Association, Aging and Public Health Section, Archstone Foundation Award Review Committee | Member |

1. **Service on Review Panels**

| Year | Organization | Position |
| --- | --- | --- |
| 2021 | National Institutes of health, Clinical Management in General Care Settings (CMGC) Study Section | Ad hoc reviewer |
|  |  |  |
| 2019 | National Institutes of Health, Social Psychology, Personality and Interpersonal Processes Study Section (SPIP) | Ad hoc Reviewer |
| 2009- present | American Public Health Association (APHA): Aging and Health Section, Archstone Foundation Award Committee | Application Reviewer |
|  |  |  |
| 2012-2015 | Alzheimer’s Association’s New Investigators Research Grant | Grant Reviewer |
| 2015 | Office for Nursing Research and Scholarship, University of Iowa College of Nursing | Peer Proposal Reviewer |
| 2013 | Health Sciences Research Week, College of Public Health and Carver College of Medicine, University of Iowa | Poster Judge |
| 2013 | 14th Annual Student Interdisciplinary Health Research Poster Session. Women in Science and Engineering, College of Liberal Arts & Sciences, Center on Aging, and Public Policy Center, University of Iowa | Poster Judge |
| 2014- 2019 | Research Week, University of Iowa College of Public Health | Poster Judge |
|  |  |  |

1. **Service on University Committees**

| Year | Organization | Position |
| --- | --- | --- |
| 2012-2015 | Seminars Committee, Aging Mind and Brain Initiative, University of Iowa | Member |
| 2012-2015 | Outreach Committee, Aging Mind and Brain Initiative, University of Iowa | Member |
| 2013-2014 | Oberman Center for Advanced Studies: Working Group on Dementia and Communication | Member |
| 2017- 2018 | Public Health Dean Search Committee, University of Iowa | Member |
| 2018-2021 | Faculty Senate, University of Iowa | Member |
| 2017- present | Aging & Longevity Studies Program, Curriculum Advisory Board, University of Iowa | Member |
| 2019 | Provost’s Advisory Group on Diversity, Equity, University of Iowa | Member |
| 2021-present | Faculty Senate Committee on Elections | Member |
|  |  |  |

1. **Service on Departmental and Collegiate Committees**

| Year | Organization | Position |
| --- | --- | --- |
| 2002-2004 | Faculty Search Committee, The Ohio State University College of Public Health | Student Member |
| 2004-2005 | The Ohio State University College of Public Health | Student Liaison to the Faculty |
| 2009 | Postdoctoral Fellows Search Committee, National Human Genome Research Institute | Member |
| 2009-2010 | Outstanding Mentorship Selection Committee, National Institutes of Health | Member |
| 2010-2011 | Faculty Search Committee for the Division of Biostatistics, School of Public Health, University of Memphis | Member |
| 2010-2011 | Faculty Search Committee for the Division of Epidemiology, School of Public Health, University of Memphis | Member |
| 2011-2012 | Faculty Search Committee for the Division of Health Systems Management and Policy, School of Public Health, University of Memphis | Member |
| 2012-2015 | Faculty Council, University of Iowa College of Public Health | Member |
| 2013-2014 | Strategic Planning Committee, Department of Community and Behavioral Health, University of Iowa College of Public Health | Member |
| 2013-2016 | Master of Public Health Program Board of Advisors, University of Iowa College of Public Health | Member |
| 2013-2015 | Admissions Committee, Department of Community and Behavioral Health, University of Iowa College of Public Health | Member |
| 2014 | Search committee for Assistant Research Scientist for the PRC-RH in the Department of Community and Behavioral Health, University of Iowa College of Public Health | Member |
| 2014-2015 | The Department of Community and Behavioral Health Faculty Search Committee, University of Iowa College of Public Health | Member |
| 2014-2017 | PhD Qualifying Examination Committee, Department of Community and Behavioral Health, University of Iowa College of Public Health | Member |
| 2015-2018 | Research Council, University of Iowa College of Public Health | Member |
| 2015-2017 | PhD Curriculum Committee, Department of Community and Behavioral Health, University of Iowa College of Public Health | Member |
| 2015-2016 | MPH Director Search Committee, University of Iowa College of Public Health | Member |
| 2016-2017 | Department of Community and Behavioral Health Faculty Search Committee, University of Iowa College of Public Health | Member |
| 2019 | Outstanding Alumni Selection Committee, University of Iowa College of Public Health | Member |
| 2019-2020 | Strategic Planning Committee, College of Public Health | Member |
| 2020 | Faculty Reviewer, Undergraduate Experiential Learning Poster Fair | Reviewer |
| 2020 | Departmental Consulting Group for Promotion and Tenure, Department of Community and Behavioral Health (Dr. Askelson) | Chair |
| 2020 | Departmental Consulting Group for Promotion and Tenure, Department of Community and Behavioral Health (Dr. Story) | Member |
| 2020 | Departmental Consulting Group for Promotion and Tenure, Department of Community and Behavioral Health (Dr. Gilbert) | Member |
| 2017-present | PhD Qualifying Examination Committee, Department of Community and Behavioral Health, University of Iowa College of Public Health | Chair |
| 2018-2021 | Faculty Council, University of Iowa College of Public Health | Member |
| 2019-present | Collegiate Consulting Groups for Promotion and Tenure, University of Iowa College of Public Health | Standing member |
| 2019-present | Business Leadership Network Community Grant, University of Iowa College of Public Health | Member |
| 2021-present | Department of Community and Behavioral Health Faculty Search Committee, University of Iowa College of Public Health | Chair |

1. **Service to the State**

| Year | Organization | |
| --- | --- | --- |
| 2016-2019 | Iowa Healthiest State Initiative – serve on the Leadership Cabinet as College of Public Health representative and a Co-Chair of the Feedback Committee | |
| 2018 | 2018 Iowa Regional Future City Competition, Science Fair Judge representing the University of Iowa Center on Aging |  |

1. **Relevant Community Involvement**

| Year | Organization |
| --- | --- |
| 2011 | Southeastern Association on Area Agencies on Aging, Memphis, TN – provided a Continuing Education course to agency staff |
| 2014 | The Gazette, Cedar Rapids, IA – participated in an interview and provided information that resulted in the article “Aging in Iowa.” |
| 2014 | Iowa Veterans Home, Marshalltown, IA – provided Continuing Education course at the Annual Mental Health Conference |
| 2014-2015 | Iowa State University Extension – participated in community meetings (Dubuque, Iowa City, Ottumwa) and quarterly meetings (Ames) related to the Midlife and Beyond and Volunteer Lifestyle Guide programs |
| 2015 | Iowa Geriatric Education Center, Iowa City, IA – provided an online Continuing Education course for Iowa’s geriatric workforce |
| 2015 | Lone Tree Care Center, Lone Tree, IA – gave a presentation at the Family Council Education Series |
| 2013-2015 | Johnson County Coalition of Organizations Active in Disaster (COAD) – participated in meetings |
| 2013-2019 | Linn Area Partners Active in Disaster (LAP-AID) – participated in meetings, present research, ongoing collaboration |
| 2013-2016 | Johnson County Elderly Consortium – member |
| 2013-2016 | Johnson County Task Force on Aging – member |
| 2017-present | Johnson County Livable Community, Caregiver Ad Hoc Committee member |
| 2019 | Cerro Gordo County Department of Public Health, Mason City Healthcare Coalition – present about disaster preparedness among older adults |
| 2012-present | Heritage Area Agency on Aging – Caregiver Focus Group member (e.g., Caregiver Conference), collaborate on obtaining information from older residents to inform their daily practice; currently serve on the Caregiver Focus Group to support activities outlined in the Area Plan on Aging |
| 2020-present | Linn County Community Resilience Project, Subject Matter Expert Panel |

1. **Other Contributions**

**Referee Manuscripts/Journal Reviews**

|  |
| --- |
| Health Promotion Practice |
| American Journal of Health Promotion |
| American Journal of Health Behavior |
| AIDS Care |
| Psychology, Health & Medicine |
| Network Science |
| Supportive Care in Cancer |
| Journal of Community Genetics |
| Preventive Medicine |
| Clinical Practice |
| Health Education Research |
| Research on Ageing |
| Disaster Medicine and Public Health Preparedness |
| Journal of Aging and Health |
| Health Education and Behavior |
| Journal of Health Communication |
| Gerontology and Geriatric Medicine |
| The Gerontologist |
| Innovation in Aging |
| Health Behavior Research  Network Science  International Journal of Disaster Risk Reduction |

**Professional Memberships**

| Years | Organization |
| --- | --- |
|  |  |
| 2005-present | American Public Health Association (APHA) |
|  |  |
| 2005-present | Gerontological Society of America (GSA) |
|  |  |
| 2010-2012; 2014-219 | American Academy of Health Behavior (AAHB) |
|  |  |
| 2006-2010 | Society of Behavioral Medicine (SBM) |
|  |  |
| 2007-present | International Network of Social Network Analysis (INSNA) |
|  |  |
| 2013-2018 | International Society to Advance Alzheimer Research and Treatment (ISTAART) |

**Conference Abstract Reviewer**

| Years | Organization |
| --- | --- |
|  |  |
| 2006-2010 | Society of Behavioral Medicine (SBM) |
|  |  |
| 2005-present | Gerontological Society of America (GSA) |
|  |  |
| 2006-present | American Public Health Association (APHA), Aging and Health Section |