

**BIOGRAPHICAL SKETCH**

Provide the following information for the key personnel and other significant contributors in the order listed on Form Page 2.  
Follow this format for each person. **DO NOT EXCEED FOUR PAGES.**

|   |   |         |  |
|---|---|---------|--|
| NAME<br>Anderson, Rachel L.   | POSITION TITLE<br>Assistant Professor of Health Management and Policy |         |  |
| eRA COMMONS USER NAME<br>Andersonr  |   |         |  |
| EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)</i> |   |         |  |
| INSTITUTION AND LOCATION  | DEGREE<br><i>(if applicable)</i>                                      | YEAR(s) | FIELD OF STUDY                             |
| Beloit College, Beloit, WI  | B.A.  | 1987    | Psychology                                 |
| Northwestern University, Evanston, IL   | M.A.  | 1995    | Human Development & Social Policy          |
| Northwestern University, Evanston, IL   | Ph.D.   | 1997    | Human Development & Social Policy          |
| Institute for Health, Health Care Policy, and Aging Research, Rutgers University, New Brunswick, NJ   | Postdoctoral Fellowship   | 1999    | Mental Health Services and Policy Research |

**A. Positions and Honors****Professional Positions**

1986 Research Assistant, Department of Human Services, Northwestern Medical School, Chicago, IL

1987-1991 Project Director, Department of Research and Evaluation Services, Northwestern Memorial Hospital, Chicago, IL

1990 Guest Researcher, National Institute of Mental Health, Rockville, MD

1991-1993 Director of Research, TGP, Inc., Chicago, IL

1993-1997 Research Consultant to the Buehler Center on Aging, Chicago, IL; the Urban League, Chicago, IL; the National Institute for Health Care Research, Washington, D.C.; and Pine Rest Hospital, Grand Rapids, MI

1997-1999 Postdoctoral Fellow, Institute for Health, Health Care Policy and Aging Research, Rutgers University, New Brunswick, NJ

1999-2005 Assistant Professor, Department of Health Management and Policy, College of Public Health, The University of Iowa, Iowa City, IA

2000-Present Secondary Appointment, College of Nursing, The University of Iowa, Iowa City, IA

2004-Present Associate Director, National Health Law and Policy Resource Center, College of Law, University of Iowa, Iowa City, IA

2005-2007 Deputy Director, Iowa Health and Disability Resource Center, The University of Iowa, Iowa City, IA

2005-Present Secondary Appointment, College of Law, The University of Iowa, Iowa City, IA

2005-Present Associate Professor, Department of Health Management and Policy, College of Public Health, The University of Iowa, Iowa City, IA

2007-Present Director, The Mental Health Services and Policy Collaborative, within the Center for Health Services and Policy, The University of Iowa, Iowa City, IA

**Awards and Other Professional Activities**

1990-1999 Fellow, Buehler Center on Aging, Chicago, IL

1996-1997 Research Graduate Fellowship, Institute for Policy Research, Evanston, IL

2001-2003 Fellow, National Institute of Mental Health Mentoring and Education Program in Mental Health Services Research

2002-2003 University of Iowa, College of Public Health Faculty Teaching Award

2002-2003 University of Iowa, Collegiate Teaching Award

2006-Present Cambridge Who's Who among Women Executives VIP and lifetime member

2007-Present Marquis Who's Who in America

2008-Present Marquis Who's Who in the World

2009 Marquis Who's Who in Medicine and Healthcare  
 2009 Outcomes Research Award, Mental Health Services and Research, Praed Foundation

## B. Selected peer-reviewed publications

### Publications

- Anderson, R.L. (1998). The Role of Intermediate Care Facilities for the Mentally Ill in Meeting the Mental Health Care Needs of Residents: Treatment and Policy Implications. *Dissertation Abstracts International: Section B: The Sciences & Engineering*, 58(11-B), 5883.
- Anderson, R.L., Lewis, D.A. (1999). Clinical Characteristics and Service Use of Persons with Mental Illness Living in an Intermediate Care Facility. *Psychiatric Services*, 50:10, 1341-1345.
- Anderson, R.L., Lewis, D.A. (2000). Quality of Life of Persons with Severe Mental Illness Living in an Intermediate Care Facility. *Journal of Clinical Psychology*, 56:4, 575-581.
- Anderson, R.L., Lyons, J.S. (2001). Needs-Based Planning for Persons with Serious Mental Illness Residing in Intermediate Care Facilities. *The Journal of Behavioral Health Services & Research*, 28:1, 104-110.
- Anderson, R.L., Lyons, J.S., West, C. (2001). The Prediction of Mental Health Service Use in Residential Care. *Community Mental Health Journal*, 37:4, 313-322.
- Anderson, R.L., Estle, G. (2001). Predicting Level of Mental Health Care Among Children Served in a Delivery System in a Rural State. *The Journal of Rural Health*, 17:3.
- Jonas, W.B., Anderson, R.L., Crawford, C.C., Lyons, J.S. (2001). A Systematic Review of the Quality of Homeopathic Clinical Trials. *BMC Complementary and Alternative Medicine*, 1:12.
- Anderson, R.L., Lyons, J.S., Giles, D.M., Price, J.A., Estle, G. (2003). Reliability of the Child and Adolescent Needs and Strengths-Mental Health (CANS-MH) Scale. *Journal of Child and Family Studies*, 12:3, 279-289.
- Anderson, R.L., Buckwalter, K.C., Buchanan, R.J., Maas, M.L., Imhof, S.L. (2003). Validity and Reliability of the Minimum Data Set Depression Rating Scale (MDSDRS) for Older Adults in Nursing Homes. *Age and Ageing*, 32:4, 435-438.
- Anderson, R.L. (2003). Use of Community-Based Services by Rural Adolescents with Mental Health and Substance Use Disorders. *Psychiatric Services*, 54:10, 1339-1341.
- Anderson, R.L., Schultz, S.K., Buckwalter, K.C., Schneider, J.E. (2003). Clinical Characteristics of Older Adults Admitted to an Inpatient Psychiatric Unit: Implications for Resource Allocation. *Journal of Mental Health and Aging*, 9:4, 211-221.
- Anderson, R.L., Gittler, J. (2005). Unmet Need for Mental Health and Substance Use Treatment Among Rural Adolescents. *Community Mental Health Journal*, 4:1, 35-49.
- Anderson, R.L. Finding the Balance in Evolving Service Sectors for Rural Youth with Co-occurring Mental Health and Substance Use Disorders: The Role of Measurement and Policy in Matching Treatment Need to Service Delivery. Residential Treatment for Children and Adolescents. 25:1, 2008.
- Anderson, R.L. (2008). Finding the Balance in an Evolving Service Sector: The Role of Measurement in Matching Treatment Need to Service Delivery. In *Strategies in Behavioral Health: Total Clinical Outcomes Management and Communimetrics*. (Lyons JS and Weiner DA, Eds.), Civic Research Institute: New York, New York.
- Anderson, R.L. (2008). The Silos of Iowa: The Role of Prevention and Promotion in Creating a Path Toward an Efficacious Mental Health System for Youth and Families. In *Strategies in Behavioral Health: Total Clinical Outcomes Management and Communimetrics*. (Lyons JS and Weiner DA, Eds.), Civic Research Institute: New York, New York.

## C. Research Support

### Ongoing Research Support

(Anderson, Rachel L.)

01/08 – 01/11

State of Iowa Department of Health and Human Services, The Medicaid Enterprise, CMS

Demonstration to Maintain Independence and Employment (DMIE) among offenders upon release from prison.

This research will examine whether an intervention designed to assist offenders with community mental health needs as they transition to the community will lead to an increase in independence and employment.

Role: Investigator

**Completed Research Support**

(Anderson, Rachel L.)

10/00 – 10/01

University of Iowa Hospitals and Clinics

Needs-Based Assessment for Older Persons with Mental Illness

This research assessed older adults with psychiatric conditions admitted to an inpatient psychiatric unit to determine whether patient characteristics at admission could distinguish persons most likely to achieve positive clinical outcomes from those not able to benefit meaningfully from acute hospitalization.

Role: PI

(Anderson, Rachel L.)

01/01 – 01/02

College of Public Health/College of Medicine, New

Investigator Award, University of Iowa

Adolescent Mental Health and Substance Abuse

This research assessed the type and level of care needs among rural adolescents with mental health and/or substance use disorders and outcomes associated with service utilization.

Role: PI

(Anderson, Rachel L.)

04/01 – 12/02

Iowa Department of Corrections

An Assessment of the Mental/Behavioral Health Needs and Services Within the Iowa Department of Corrections

To evaluate the mental health needs and system of care for inmates in Iowa's prisons.

Role: PI

(Anderson, Rachel L.)

01/06 – 01/08

National Institute of Mental Health

Primary and mental health services for rural children

This research examines whether national guidelines for the treatment of attention deficit hyperactivity disorder in youth are recommended in primary care settings and examines barriers to recommendations. Further, this research examines whether collaboration between the primary care and mental health specialty sectors are more likely to achieve guideline concordant recommendations for and outcome of care.

Role: PI

(Anderson, Rachel L.)

07/07 – 12/08

Identifying Depression in Medical/Surgical Patients

Pre-doctoral Fellowship in Health Services and Policy

This research examines the prevalence of and outcomes associated with undetected depression among patients with cardiovascular disease.

Role: PI and Technical Advisor

(Anderson, Rachel L.)

01/09 – 12/09

Orchard Place

Evaluation of Psychiatric Medical Institutes for Children (PMIC)

Role: PI

(Anderson, Rachel L.) 05/01 – 05/02  
Gerontological Nursing Interventions Research  
Center (GNIRC), College of Nursing, University of  
Iowa  
Validity of the Minimum Data Set Depression Rating Scale

This research examined the utility of the Minimum Data Set Depression Rating Scale (MDSDRS) in detecting depression among nursing home residents.  
Role: PI

(Anderson, Rachel L.) 08/03 – 07/04  
National Institute on Drug Abuse  
Integrating Health Services for Rural Adolescents

This research examined the utilization of and outcomes associated with the use of specialty mental health and/or substance use services by rural adolescents.  
Role: PI

(Gittler, Josephine, Anderson, Rachel L.) 01/05 – 01/07  
Nellie Ball Trust Research Fund  
Medicaid and Individuals with Mental Disabilities

The project involves the examination of legal and public policy barriers to adequate and appropriate Medicaid reimbursement for assessment in management services provided to children and adolescents with mental disabilities. The project site is Pediatric Clinics at the University of Iowa Hospital and Clinics.  
Role: Co-PI

(Anderson, Rachel L.) 12/05 – 01/06  
The Iowa Department of Human Services  
Mental Health Transformation Pilot Project: Strategies and Priorities for Systems Change

This research provided the Iowa Department of Human Services with a strategy for mental health systems change based on best practices and state experiences.  
Role: PI

(Anderson, Rachel L.) 12/05 – 01/06  
The Iowa Department of Human Services  
Identifying Effective Services for Iowa's Mental Health System of Care

A literature review was completed to identify evidence-based practices and treatments for adults with psychiatric disorders and youth with serious emotional disturbances.  
Role: PI

(Anderson, Rachel L.) 12/05 – 06/07  
Iowa Department of Human Resources  
The Iowa Health and Disability Resource Center  
Role: Deputy Director

(Anderson, Rachel L.) 05/07 – 09/07  
Linn County Empowerment and Northwestern  
University  
Meeting the needs of drug exposed newborns and their families.

This research examines whether a collaborative agency approach to meeting the needs of drug exposed newborns and their families improves health and reunification outcomes.  
Role: PI