

# Assessing the Effect of Practical Considerations when using the CRM in Dose Finding Studies

---

**Caroline Sprecher**, University of North Carolina-Chapel Hill

**Rolando Acosta Nuñez**, University of Puerto Rico-Humacao

**Tyler Bonnett**, Marshall University

**Dr. Eric Foster**, Clinical Assistant Professor, Dept. of Biostatistics, University of Iowa

**Mitchell Thomann**, Graduate Student Mentor, Dept. of Biostatistics, University of Iowa

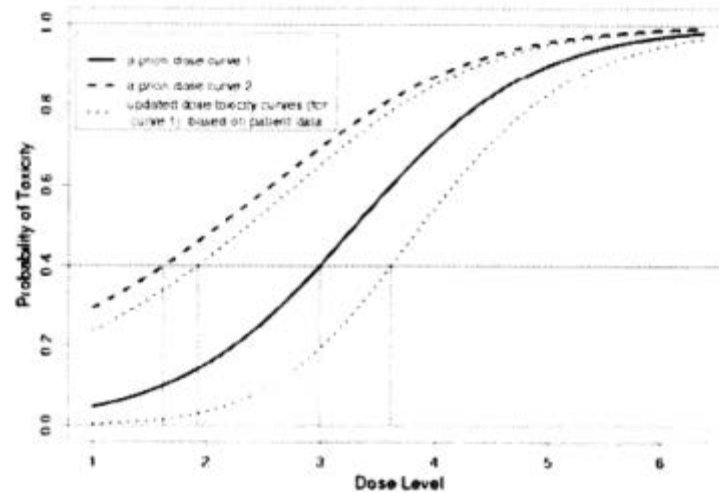
# Agenda

- Introduction to Phase I Studies & Continual Reassessment Method (CRM)
- Motivation & Set-up
- Simulation Results and Conclusions

# Phase I (Dose-Finding) Studies

- Broad class of early development trial designs
- Purpose: find a dose of treatment that is optimal with respect to simple criteria, such as toxicity and efficacy
- Often the first time the drug is being tested in humans
- Traditional approach: 3 + 3 Method
- Modern approach: Continual Reassessment Method (CRM)

# Continual Reassessment Method (CRM)



- Target Toxicity Rate
- Dose Limiting Toxicity – DLT (Toxicity)
- Maximum Tolerated Dose – MTD

# Choosing a CRM design

## Dose-Toxicity Model

- One-Parameter Models
- Two-Parameter Models

## Dose Levels

- Should reflect preclinical information
- Series of doses that increase in increments determined in a predictable fashion

## Cohort Size

- Usually 2-4 patients
- Typically around 30 total patients

## Target Toxicity Rate

- The maximum probability of Dose Limiting Toxicities that is considered acceptable in the trial
- Depends on the length of the study as well as the disease being studied

## Stopping Criteria

- Set a fixed number of patients at trial onset
- Stop once a fixed number of patients have been treated at a dose
- Stop when target dose changes by less than 10%

# Motivation: Pfizer Research

## Continual Reassessment Method for First-in-Human Trial: From Design to Trial Implementation

Inna Perevozskaya

Statistical Research and Consulting Center, Pfizer

in collaboration with

Lixin Han, Infinity Pharmaceuticals Oncology

Kristen Pierce, Pfizer Oncology

# Why Pfizer?

Cohort	Dose (mg)	Evaluable Patients	Patients with DLTs	CRM-estimated MTD (mg)	Dose Recomm. by CRM (mg)	Next Dose Assigned (mg)
1	10	4	0	222	21	21
2	21	4	0	266	43	43
3	43	3	0	266	89	89
4	89	4	0	266	185	154 <sup>a</sup>
5	154	4	0	266	266	266 <sup>b</sup>
6	266	4	1	383	383	319 <sup>c</sup>
7	319	4	2	266	266	266
8	266	4	2	222	222	222
9	222	2	1	222	222	222
10	222	4	4	128	128	154 <sup>d</sup>
11	154	4	0	154	154	154
12	154	4	1	154	154	NA <sup>e</sup>

<sup>a</sup> Out of caution: 154mg was maximum allowed at the time

<sup>b</sup> Model switch occurred after this cohort

<sup>c</sup> Other (non-DLT) AE's and investigators' input

<sup>d</sup> Based on cohort 5 (154 mg) safety results

<sup>e</sup> 154mg declared MTD. Part 1 concluded

\*Data first presented in Tabernero et al. (2011)

Model change

Human Oversight

MTD

# Research Questions

- Does dropping doses affect CRM performance?
- Does the sample size affect CRM performance?
- Does the number of doses considered affect CRM performance?



# Our Study Design

<b>Without Dropping Doses</b>	<b>Consecutive Stopping Criteria</b>	High MTD
		Medium MTD
		Low MTD
		No MTD
<b>Without Dropping Doses</b>	<b>No Consecutive Stopping Criteria</b>	High MTD
		Medium MTD
		Low MTD
		No MTD
<b>Dropping Doses</b>	<b>Consecutive Stopping Criteria</b>	High MTD
		Medium MTD
		Low MTD
		No MTD
<b>Dropping Doses</b>	<b>No Consecutive Stopping Criteria</b>	High MTD
		Medium MTD
		Low MTD
		No MTD

# Study Comparison

## Our Simulation

- Target Toxicity Rate: .30
- Sample Size: 30, 45, 60
- Cohort Size: 3
- Max Escalation: 3
- Dose Levels: 5, 10, 20
- Stopping Condition:
  - Consecutive Doses
  - Specified Sample Size
  - All Estimated Toxicities > Target Toxicity Rate

## Pfizer's Study

- Target Toxicity Rate: .25
- Sample Size: 50
- Cohort Size: 4
- Max Escalation: 3
- Dose Levels: 22 (10mg-319mg)
- Stopping Condition:
  - Consecutive Doses
  - Specified Sample Size
  - All Estimated Toxicities > Target Toxicity Rate

# Our Simulation Data: Toxicity Profiles

Dose	1. High MTD	2. Medium MTD	3. Low MTD	4. All Toxic
1	0.01	0.01	0.01	0.35
2	0.02	0.02	0.05	0.40
3	0.04	0.04	0.10	0.55
4	0.06	0.06	0.20	0.75
5	0.08	0.08	<b>0.30</b>	0.85
6	0.10	0.10	0.40	0.90
7	0.12	0.15	0.55	0.95
8	0.14	0.20	0.75	0.99
9	0.16	0.25	0.85	0.99
10	0.18	<b>0.30</b>	0.90	0.99
11	0.20	0.35	0.95	0.99
12	0.22	0.40	0.99	0.99
13	0.24	0.45	0.99	0.99
14	0.26	0.55	0.99	0.99
15	<b>0.30</b>	0.75	0.99	0.99
16	0.34	0.85	0.99	0.99
17	0.38	0.90	0.99	0.99
18	0.45	0.95	0.99	0.99
19	0.55	0.99	0.99	0.99
20	0.75	0.99	0.99	0.99

# Results: Regarding Pfizer

*With respect to dropping unused doses late in the study*

## Carrying all Doses Through Entire Study

Percentage of CRM Simulations Selecting MTD or MTD-1  
Stopping for Consecutive Dose Criteria

High MTD Profile

	Doses Under Consideration		
	5 Doses	10 Doses	20 Doses
Number of Subjects = 30	100	91	60
Number of Subjects = 45	100	97	71
Number of Subjects = 60	100	98	77

## Dropping Doses Late in Study

Percentage of CRM Simulations Selecting MTD or MTD-1  
Stopping for Consecutive Dose Criteria

High MTD Profile

	Doses Under Consideration		
	5 Doses	10 Doses	20 Doses
Number of Subjects = 30	100	89	69
Number of Subjects = 45	100	96	73
Number of Subjects = 60	100	98	78

# Further Evidence – Carrying Through vs Dropping Doses

## Carrying all Doses Through Entire Study

Percentage of CRM Simulations Selecting MTD or MTD-1  
Not Stopping for Consecutive Dose Criteria

Low MTD Profile

	Doses Under Consideration		
	5 Doses	10 Doses	20 Doses
Number of Subjects = 30	96	66	38
Number of Subjects = 45	98	78	41
Number of Subjects = 60	98	84	49

## Dropping Doses Late in Study

Percentage of CRM Simulations Selecting MTD or MTD-1  
Not Stopping for Consecutive Dose Criteria

Low MTD Profile

	Doses Under Consideration		
	5 Doses	10 Doses	20 Doses
Number of Subjects = 30	90	65	24
Number of Subjects = 45	95	76	39
Number of Subjects = 60	98	81	47

# Results: More Regarding Pfizer

*With respect to sample size*

Dropping Doses Late in Study  
Percentage of CRM Simulations Selecting MTD or MTD-1  
Stopping for Consecutive Dose Criteria

Low MTD Profile

	Doses Under Consideration		
	5 Doses	10 Doses	20 Doses
Number of Subjects = 30	91	62	26
Number of Subjects = 45	93	64	40
Number of Subjects = 60	93	66	44

Dropping Doses Late in Study  
Percentage of CRM Simulations Selecting MTD or MTD-1  
Stopping for Consecutive Dose Criteria

High MTD Profile

	Doses Under Consideration		
	5 Doses	10 Doses	20 Doses
Number of Subjects = 30	100	89	69
Number of Subjects = 45	100	96	73
Number of Subjects = 60	100	98	78

# Further Evidence – Sample Size

Dropping Doses Late in Study  
Percentage of CRM Simulations Selecting Dose > MTD  
Stopping for Consecutive Dose Criteria

Low MTD Profile

	Doses Under Consideration		
	5 Doses	10 Doses	20 Doses
Number of Subjects = 30	2	25	34
Number of Subjects = 45	1	26	34
Number of Subjects = 60	1	25	34

Dropping Doses Late in Study  
Percentage of CRM Simulations Selecting Dose > MTD  
Stopping for Consecutive Dose Criteria

Medium MTD Profile

	Doses Under Consideration		
	5 Doses	10 Doses	20 Doses
Number of Subjects = 30	1	27	40
Number of Subjects = 45	0	28	38
Number of Subjects = 60	0	27	32

# Results: General Comments on CRM Performance

*When possible, reduce the number of doses considered prior to beginning the trial*

Carrying all Doses Through Entire Study

Percentage of CRM Simulations Selecting MTD

Stopping for Consecutive Dose Criteria

Medium MTD Profile

	Doses Under Consideration		
	5 Doses	10 Doses	20 Doses
Number of Subjects = 30	68	33	20
Number of Subjects = 45	67	34	21
Number of Subjects = 60	70	36	28

Dropping Doses Late in Study

Percentage of CRM Simulations Selecting MTD

Not Stopping for Consecutive Dose Criteria

Low MTD Profile

	Doses Under Consideration		
	5 Doses	10 Doses	20 Doses
Number of Subjects = 30	56	26	11
Number of Subjects = 45	55	37	20
Number of Subjects = 60	51	42	22



# Determining the Number of Doses to be Considered

## Too Many Doses

- Increased Cost and Subjects Needed
- Lower probability of selecting MTD

## Too Few Doses

- Escalation increments are higher
- Dose toxicity range may not contain target toxicity level

# Issues with Smaller Numbers of Doses

Carrying Doses Through Entire Study  
 Percentage of CRM Simulations Recommending No MTD

**Stopping** for Consecutive Dose Criteria

No MTD Profile

	Doses Under Consideration		
	5 Doses	10 Doses	20 Doses
Number of Subjects = 30	67	74	86
Number of Subjects = 45	67	75	89
Number of Subjects = 60	71	75	88

Carrying Doses Through Entire Study  
 Percentage of CRM Simulations Recommending No MTD

**Not Stopping** for Consecutive Dose Criteria

No MTD Profile

	Doses Under Consideration		
	5 Doses	10 Doses	20 Doses
Number of Subjects = 30	85	88	87
Number of Subjects = 45	94	94	91
Number of Subjects = 60	96	95	94

# Why Does This Occur?

- Reason 1
  - When all doses are very toxic, the CRM will rarely recommend escalation.
  - Imposing stopping conditions for consecutive doses forces the study to stop very early.
  - Because of this, the a priori toxicity estimates carry greater weight.
  - Based mostly on a priori estimates, the CRM tends to select an MTD, even when none is present.
- Reason 2
  - With fewer doses, we can not gather sufficient data.
  - Observed toxicities may not be representative of true toxicity probabilities.

# Suggested Solution

- When a small number of doses is being considered, consecutive stopping criteria should be delayed until the study is at least partially finished.

# Conclusions

- Pfizer's study
  - Dropping doses likely did not impact their results.
- General CRM Design
  - Dose Effect
  - Sample Size Effect
- Ideal Scenario:
  - Large Sample Size
  - Low Number of Considered Doses
  - Delayed Stopping Criteria

# Acknowledgements

- Dr. Eric Foster and Mitchell Thomann, for providing valuable guidance over the course of our research project, as well as being so willing to answer our numerous questions
- Terry Kirk, for being so organized and willing to help throughout the course of the ISIB program, and even before it started
- Dr. Gideon Zamba and all the Graduate Students who worked with us as TAs or “babysitters”
- The Department of Biostatistics for hosting us this summer, and all other Faculty and Staff who help make ISIB possible

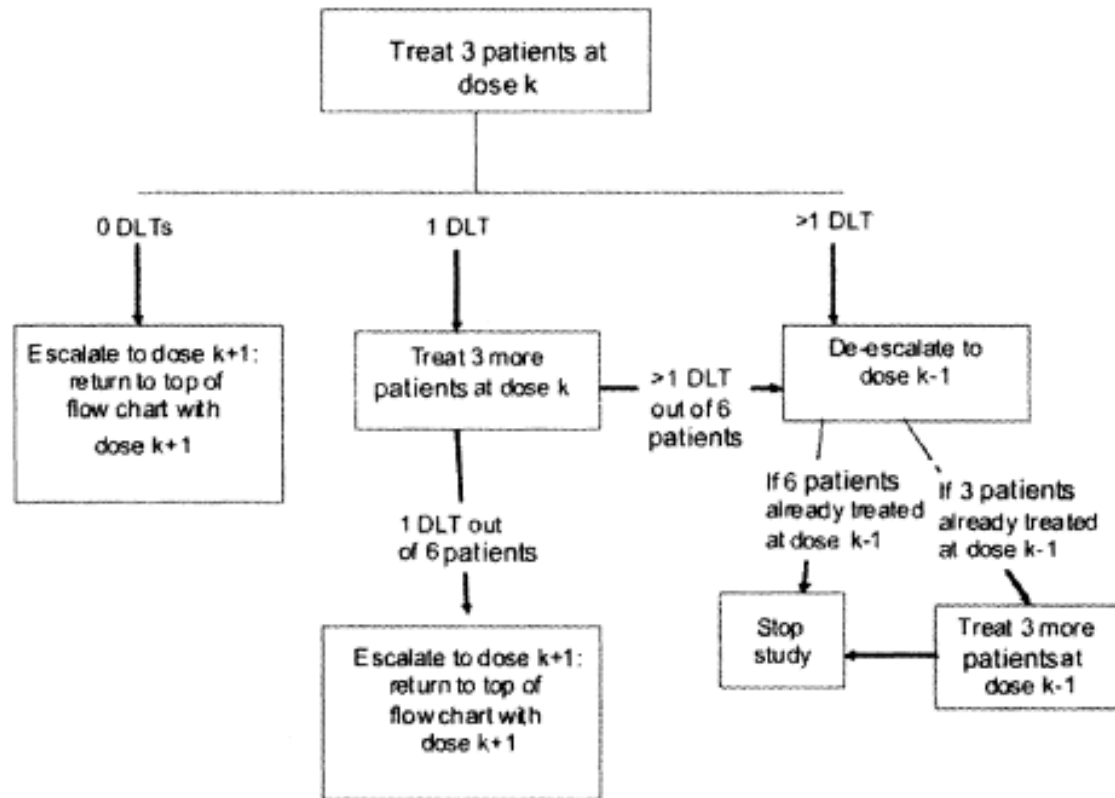
# References

Garrett-Mayer, Elizabeth. "The Continual Reassessment Method for Dose-finding Studies: A Tutorial." *Clinical Trials* 3.1 (2006): 57-71. Web.

Perevozskaya, Inna, Lixin Han, and Kristen Pierce. Proc. of Continual Reassessment Method for First-in-Human Trial: From Design to Trial Implementation, Pfizer. N.p.: n.p., n.d. Print.

# 3 + 3 Method

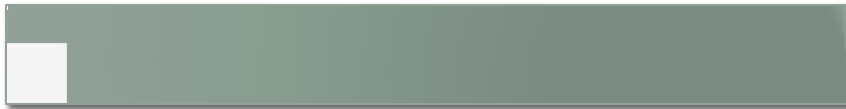
**Box 1** A standard “3 + 3” dose escalation design starting at dose k. The maximum tolerated dose (MTD) is usually defined as the highest dose at which 0 or 1 dose-limiting toxicities (DLTs) are observed in six patients (although some “3 + 3” rules call the highest dose with two or fewer dose-limiting toxicities in six patients the MTD). If de-escalation occurs at the first dose level, then the study is discontinued.





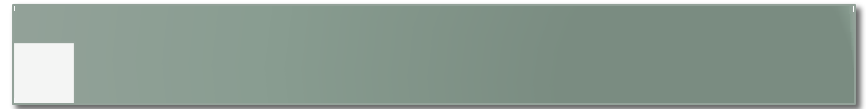
# 3+3 Methods Pros and Cons

## Pros



- Simple
- Familiar

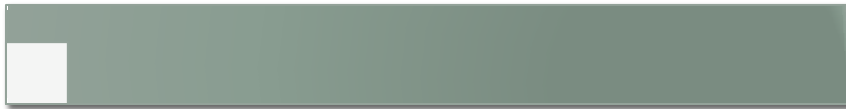
## Cons



- Tends to treat many patients at low, ineffective doses
- Large uncertainty about MTD

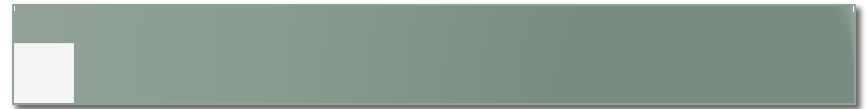
# Continual Reassessment Method (CRM)

## Pros



- Incurs fewer toxic events
- More accurately estimates MTD

## Cons



- Safety Concerns
- “Complicated”
- Unfamiliar

# Our Study Design

- Going through study without dropping doses
  - Implementing a consecutive stopping criteria
    - High MTD, Medium MTD, Low MTD, No, MTD
  - Not implementing a consecutive stopping criteria
    - High MTD, Medium MTD, Low MTD, No MTD
- Going through study dropping doses
  - Implementing a consecutive stopping criteria
    - High MTD, Medium MTD, Low MTD, No MTD
  - Not implementing a consecutive stopping criteria
    - High MTD, Medium MTD, Low MTD, No MTD

# Interpreting Results

Carrying All Doses Through Entire Study  
Percentage of CRM Simulations Selecting MTD  
Stopping for Consecutive Dose Criteria

## High MTD Profile

	Doses Under Consideration		
	5 Doses	10 Doses	20 Doses
Number of Subjects = 30	78	55	31
Number of Subjects = 45	82	66	37
Number of Subjects = 60	82	68	44

- Carrying Doses vs Dropping Doses
- Percentages of Simulations Selecting: MTD, MTD or MTD-1, >MTD, No MTD
- Implementation of Stopping Criterion for Consecutive Doses
- MTD Profile
- Doses Under Consideration
- Number of Subjects

# Determining the Number of Doses to be Considered

## Too Many Doses

- Increased Cost and Subjects Needed
- Lower probability of selecting MTD

Dropping Doses Late in Study  
Percentage of CRM Simulations Selecting MTD  
Stopping for Consecutive Dose Criteria

High MTD Profile

	5 Doses	10 Doses	20 Doses
Number of Subjects = 30	100	89	69
Number of Subjects = 45	100	96	73
Number of Subjects = 60	100	98	78

## Too Few Doses

- Escalation increments are higher
- Dose toxicity range may not contain target toxicity level

# Evidence

## Carrying All Doses Through Entire Study

Percentage of CRM Simulations Treating All Subjects at Dose 1

Stopping for Consecutive Dose Criteria

Not Stopping for Consecutive Dose Criteria

No MTD Profile

Doses Under Consideration

5 Doses 10 Doses 20 Doses

Number of Subjects = 30	69	55	31
Number of Subjects = 45	69	58	28
Number of Subjects = 60	72	57	28

No MTD Profile

Doses Under Consideration

5 Doses 10 Doses 20 Doses

Number of Subjects = 30	70	58	27
Number of Subjects = 45	68	56	29
Number of Subjects = 60	70	57	30

## Dropping Doses Toward End of Study

Doses Under Consideration

5 Doses 10 Doses 20 Doses

Number of Subjects = 30	70	60	30
Number of Subjects = 45	68	59	27
Number of Subjects = 60	69	58	31

Doses Under Consideration

5 Doses 10 Doses 20 Doses

Number of Subjects = 30	66	57	27
Number of Subjects = 45	69	60	28
Number of Subjects = 60	70	57	27

# Further Evidence – Small Numbers of Doses and Related Issues

Dropping Doses Late in Study  
 Percentage of CRM Simulations Recommending No MTD

**Stopping** for Consecutive Dose Criteria

No MTD Profile

	Doses Under Consideration		20 Doses
	5 Doses	10 Doses	
Number of Subjects = 30	68	75	86
Number of Subjects = 45	67	74	86
Number of Subjects = 60	65	74	87

Dropping Doses Late in Study  
 Percentage of CRM Simulations Recommending No MTD

**Not Stopping** for Consecutive Dose Criteria

No MTD Profile

	Doses Under Consideration		20 Doses
	5 Doses	10 Doses	
Number of Subjects = 30	86	89	88
Number of Subjects = 45	91	93	92
Number of Subjects = 60	93	96	94