

KANIKA ARORA
CURRICULUM VITAE

CONTACT INFORMATION

Department of Health Management and Policy
College of Public Health University of Iowa
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CURRENT ACADEMIC POSITION

July 2022 – Present Associate Professor (with tenure), University of Iowa, Department of Health Management and Policy
July 2015 – June 2022 Assistant Professor, University of Iowa, Department of Health Management and Policy

EDUCATION

2015 Ph.D., Public Administration and International Affairs, Maxwell School of Citizenship and Public Affairs, Syracuse University
2007 M.P.A, Public Administration, Cornell Institute of Public Affairs, Cornell University
2005 B.A., Journalism, Lady Shriram College, Delhi University, India

RESEARCH INTERESTS

Dementia Risk Factors & Outcomes; Long-Term Care & Public Policy; Older Adults & Cannabis

PUBLICATIONS

PEER REVIEWED

1. **Arora, K.** and Wolf, D.A. (2014) "Is there a Tradeoff between Parent Care and Self Care?" *Demography*. 51 (4) 1251-1270
2. **Arora, K.** (2016) "How Does Dementia Onset in Parents Influence Adult Children's Wealth?" *Social Science and Medicine*, 152: 156-165
3. Kaskie, B., Ayyagari, P., Milavetz, G., Shane, D., **Arora, K** (2016). "The Increasing Use of Cannabis among Older Americans: A Public Health Crisis or Viable Policy Alternative?" *The Gerontologist*. 57(6) 1166–1172
4. **Arora K.** and Wolf, D. (2018). "Does Paid Family Leave Reduce Nursing Home Use? The California Experience." *Journal of Policy Analysis and Management*, 37(1):38-62.
5. **Arora K.**, Ashida S, Mobley E, Sample G. (2018) "The Impact of Consolidating Area Agencies on Aging on the Delivery of Home and Community-Based Services: Evidence from Iowa" *Journal of Applied Gerontology*. E-Pub doi: 10.1177/0733464818821055
6. **Arora, K.**, Qualls, S. Bobitt, J., Lum, H., Milavetz, G., Croker, J., Kaskie, B. (2019) "Measuring Attitudes towards Medical and Recreational Cannabis among Older Adults in Colorado." *The Gerontologist*. E-pub doi:10.1093/geront/gnz054

7. **Lum, H., Arora, K.** (co-first author), Croker, J., Qualls, S., Schuchman, M., Bobitt, J., Milavetz, G., Kaskie, B (2019). "Recreational and Medical Marijuana Patterns of Use and Health Impact: A Survey among Older Adults." *Gerontology and Geriatric Medicine*, 5:1-9.
8. Bobitt, J., Qualls, S., Schuchman, M., Wickersham, R, Lum, H., **Arora, K.**, Milavetz, G., Kaskie, B (2019). "A Qualitative Analysis of Cannabis Use among Older Coloradans." *Drugs & Aging*, 36(7): 655-666
9. **Arora, K.** and Bhagianadh, D. (2019) "Smoking and Alcohol Consumption Following a New Dementia Diagnosis" *Journal of Gerontology Social Sciences*. Online ahead of print. doi:10.1093/geronb/gbz127
10. **Arora, K.**, Qualls, S., Bobitt, J., Milavetz, G., Kaskie, B. (2019) "Older Cannabis Users are Not All Alike: Lifespan Cannabis Use Patterns." *Journal of Applied Gerontology*. doi: 10.1177/0733464819894922
11. **Arora, K.**, Cheyney, M., Gerr, F., Gibbs, J., Bhagianadh, D., Anthony, T.R (2019). "Assessing Health and Safety Needs and Psychological Stressors among Agricultural Workers in the U.S." *Journal of Agricultural Safety and Health*, 26(1):45-58
12. **Arora, K.**, Rochford, H., Kaskie, B (2020). "Medicaid Managed Care in Iowa: Experiences of Older Adults and People with Disabilities." *Disability and Health Journal*. 14(1), 100975. doi: 10.1016/j.dhjo.2020.100975
13. Croker, J., Bobitt, J., **Arora, K.**, Kaskie, B. (2020). Assessing Health-Related Outcomes of Medical Cannabis Use among Older Persons: Findings from Colorado and Illinois. *Clinical Gerontologist*. doi: 10.1080/07317115.2020.1797971
14. **Arora, K.**, Xu, L., Bhagianadh, D. (2021) "Dementia and Cognitive Decline in Older Adulthood: Are Agricultural Workers at Greater Risk?" *The Journal of Gerontology, Series B: Psychological Sciences and Social Sciences*. doi: 10.1093/geronb/gbab005
15. Kaskie, B., Bobitt, J., Herrera, J., Bhagianadh, D., Segal-Gidan, F., **Arora, K.** (2021). "Cannabis Use among Persons with Dementia and their Caregivers: Lighting up an Emerging Issue for Clinical Gerontologists." *Clinical Gerontologist*, 44(1):42-52.
16. Croker, J., Bobitt, J., Sanders, S., **Arora, K.**, Mueller, K., Kaskie, B. (2021). "Cannabis and End-of-Life Care: A Snapshot of Hospice Planning and Experiences among Illinois Medical Cannabis Patients with a Terminal Diagnosis." *American Journal of Hospice and Palliative Medicine*. Online ahead of print. doi: 10.1177/10499091211018655
17. Bhagianadh D. and **Arora, K** (2021). "COVID-19 Vaccine Hesitancy among Community-Dwelling Older Adults: The Role of Information Sources." *Journal of Applied Gerontology*. doi: 10.1177/07334648211037507
18. Bhagianadh D. and **Arora K** (2022). "Legalization of Medical Cannabis and Site of Death: Evidence from National Vital Statistics Mortality Data." *Journal of Applied Gerontology*. 2022 Mar;41(3):806-816. doi: 10.1177/07334648211058720. Epub 2021 Dec 20. PMID: 34930063.
19. Croker, J. A., Bobitt, J., **Arora, K.**, & Kaskie, B. (2022). "Medical Cannabis and Utilization of Nonhospice Palliative Care Services: Complements and Alternatives at End of Life." *Innovation in Aging*, 6(1), igab048. <https://doi.org/10.1093/geroni/igab048>
20. Oyeka O. and **Arora, K.** (2023) "ACA's Community First Choice Option: Effect on Long-term Care Expenditures." *Health Services Research*, 58(1) 154-163
21. Bhagianadh D. and **Arora, K** (2023). "Classifying End-of-Life Patterns: Evidence from National Health and Aging Trends Study." *Gerontologist* 63(6):1039-1048. doi: 10.1093/geront/gnac160.
22. Bobitt, J., Kang, H., **Arora, K.**, Bhagianadh, D., Milavetz, G., Kaskie, B. (2023) "Offering an Alternative to Persons with Chronic Pain: How Access to Cannabis may Provide an Off-Ramp from undesired Prescription Opioid Use." *Cannabis* 6(2), 113. doi: 10.26828/cannabis/2023/000125
23. Croker, J.A., Bobitt., **Arora, K.**, Kaskie, B. (2023) "Cannabis and Palliative Care Utilization among Non-terminal Cancer Patients in the Illinois Medical Cannabis Program. *Psychoactives* 2(1) 52-65.
24. **Arora, K.** (2023). "Partnerships, Public Health, and Rural Older Adults – Examined through the Lens of Dementia." *Public Policy and Aging Report* 33(3), 96–100. doi: 10.1093/ppar/prad017

25. Kaskie, B., Bhagianadh, D., Bobitt, J., Martinos, F., Milavetz, G., & **Arora, K.** (2024). "Unrelenting Growth and Diversification: Using the Health and Retirement Study to Illuminate Cannabis Use among Aging Americans." *Gerontologist*, ge016. doi: 10.1093/geront/gnae016
26. Chasco, E. E., Van Tiem, J., Johnson, N., Balkenende, E., Steffen, M., Jones, D., ...**Arora, K.**, Rabin, B.A., Reisinger, H. S. (2024). "RE-AIM for rural health innovations: perceptions of (mis) alignment between the RE-AIM framework and evaluation reporting in the Department of Veterans Affairs Enterprise-Wide Initiatives program." *Front. Health Serv.*, 4, 1278209. doi: 10.3389/frhs.2024.1278209
27. **Arora, K.** and Wolf, D.A. (2024). "Paid Leave Mandates and Care for Older Parents." *The Milbank Quarterly*. doi: 10.1111/1468-0009.12708
28. Reisinger, H. S, Barron, S., Balkenende, E., Steffen, M., Steffensmeier, K., Richards, C., ...**Arora, K.**, Rabin, B.A. (2024). "Tracking Implementation Strategies in Real-World Settings: VA Office of Rural Health Enterprise-Wide Initiative Portfolio." *Health Services Research* doi: 10.1111/1475-6773.14377
29. Gai, J. and **Arora, K.** (2024). "The Impact of Closing Medicare Part D Coverage Gap on Mental Health of Adults Over Age 65" *Journal of Applied Gerontology* [Conditional Accept]

NON-PEER REVIEWED – BOOKS & REPORTS

1. Trochim, W.M., Donnelly, J., **Arora, K.** (2015). "Research Methods: The Essential Knowledge Base. Belmont, CA: Cengage Learning"
2. **Arora, K.** and Trochim, W.M. (2013). "Rating Systems in International Evaluation." i-eval Think Piece, No. 3. International Labor Organization

WORKING PAPERS/IN PROGRESS

1. Bhagianadh, D, Kaskie, B, **Arora, K.** "Medical Marijuana Legislation and Out of Pocket Expenses at End of Life" *Revise and Resubmit (Drugs & Aging)*
2. Venkataramana, K., **Arora, K.**, Zahnd, W. "Impact of Offering Tele-mental Health Service on Mental Health Services Utilization in Federally Qualified Health Centers" *Under Review*
3. **Arora, K.**, Basu, S., Gawai, V., Schmitz, L. "Cognitive Decline and Life-Course Patterns – Evidence from Longitudinal Study of Aging in India." *Under Preparation*
4. Shehu, E, and **Arora, K.** "Does leveraging community partnerships lower costs and improve outcomes? Evidence from Accountable Health Communities Model in Colorado" *Under Preparation*
5. **Arora, K.**, Basnet, L., Davis, J. Bobitt, J., "Injury in Agricultural Older Adults with Dementia." *Under Preparation*

RESEARCH GRANT SUPPORT

Source Title P.I./Role	Direct Funds Period of Funding	% Effort
National Institutes of Health/National Center for Advancing Translational Sciences University of Iowa Clinical and Translational Science Program Rosenthal, PI Role: Program Evaluator	\$2,334,897 08/14/15-07/31/17	20%
Centers for Disease Control and Prevention Great Plains Center for Agricultural Health (GPCAH) Anthony, PI Role: Co-Investigator	\$21,254,271 09/30/2001-09/29/2027	12%
Iowa Hospital Association	\$37,172	3%

A Study of the Impact of Iowa Health Link on Beneficiaries and Providers Mueller, PI Role: Co-Investigator	11/01/2016-06/30/2018	
National Institutes of Health The University of Iowa Clinical and Translational Science Award Winokur, PI Role: Co-Investigator	\$2,372,971 03/30/18-02/2/23	5%
University of Colorado Colorado Department of Public Health & Environment Older Coloradans and Marijuana: A Public Health Problem or Policy Alternative Kaskie, PI Role: Co-Investigator	\$29,566 04/01/2017-06/30/2018	8.3%
Retirement Research Foundation Illuminating the Intersection between Older Persons And Medical Cannabis Kaskie, PI Role: Co-Investigator	\$109,358 10/15/2017-12/31/2018	10%
University of Illinois at Urbana-Champaign Illinois Department of Public Health Cannabis and Older Persons Study Kaskie, PI Role: Co-Investigator	\$112,143 10/17/2018-09/30/2020	10%
US Department of Veterans Affairs, Iowa City Veterans Affairs Medical Center VA's Office of Rural Health (ORH) Center for Evaluation of Enterprise Wide Initiative (CEEWI) Reisinger, PI Role: Co-Investigator	\$53,700 03/01/2020-09/30/2023	20%
Retirement Research Foundation Paid Family Leave and Work-Eldercare Tradeoffs Arora, PI	\$46,612 06/01/2020-05/31/202	20%
National Institutes of Health Medicare Advantage and End of Life Care for Patients with Advanced Dementia Arora, PI	\$100,000 08/15/2020-04/30/2023	25%
Washington Center for Equitable Growth Paid Family Leave and Work-Eldercare Tradeoffs Arora, PI	\$27,500 09/01/2020-08/31/2021	12%
Iowa Department on Aging IRTC State-Wide Program Expansion – Strategic Planning Proposal Kaskie, PI Role: Co-Investigator	\$103,005 02/26/2021-02/28/2022	10%
Centers for Disease Control and Prevention Farm Safety for Rural Families Coping with Dementia Arora, PI	\$400,000 09/30/2023-09/29/2027	25%

PROFESSIONAL POSITIONS

2021-Present	Director, Graduate Studies, Department of Health Management and Policy, University of Iowa
2020-Present	Researcher (IPA), Center for Access & Delivery Research and Evaluation (CADRE), Department of Veterans Affairs Health Care System, Iowa City, Iowa
2017-Present	Director, Seniors Together in Aging Research (STAR) Registry
2017- 2019	Advisor, MPH in Policy, College of Public Health, University of Iowa
2015-2018	Co-Director, Evaluation, Institute for Clinical and Translational Science, University of Iowa
2015-Present	Evaluation Director, Great Plains Center for Agricultural Health, University of Iowa
2022-2023	Trainer, International Labor Organization
2014, 2012	Evaluation Consultant, International Labor Organization
2014	Digital Content Consultant, Cengage Learning
2007-2010	Monitoring and Evaluation Specialist, Orbis International

MEETINGS/CONFERENCE PRESENTATIONS /POSTERS

2024	Workshop on Determinants of Adult Mortality, Morbidity, and Healthy Aging in LMICs (Berkley Center on the Economics and Demography on Aging), International Society for Agricultural Safety and Health
2023	Association for Public Policy Analysis and Management; International Health Economics Association World Congress; American Evaluation Association
2021	Association for Public Policy Analysis and Management; Gerontological Society of America; Population Association of America
2020	Academy Health, Association for Public Policy Analysis and Management, Population Association of America
2019	Population Association of America, Academy Health, Gerontological Society of America
2018	American Evaluation Association, Gerontological Society of America, American Geriatrics Society
2017	Association for Public Policy Analysis and Management
2016	American Evaluation Association, Association for Public Policy Analysis and Management, Association for Clinical and Translational Science, Population Association of America
2015	Association for Public Policy Analysis and Management, Population Association of America, American Evaluation Association
2014	Association for Public Policy Analysis and Management, Population Association of America, American Evaluation Association

OTHER PROFESSIONAL ACTIVITIES

Journal Reviewer:	Demography, Journal of Policy Analysis and Management, Social Science and Medicine, Health Affairs, Journal of Gerontology: Social
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Sciences, Journal of Applied Gerontology, Drugs & Aging, Clinical Gerontologist, Research on Aging, Journal of Geriatric Psychiatry and Neurology Journal of Family Studies, Innovation in Aging, Journal of Aging and Social Policy, Nature

Abstract Reviewer: Association of Public Policy Analysis and Management (2024)
Member: American Evaluation Association, Association for Public Policy Analysis and Management, Population Association of America, Gerontological Society of America

TEACHING

University of Iowa, Department of Health Management and Policy

2019-present	CPH 3700	Methods for Program Implementation and Evaluation
2019	HMP5310	Healthcare Quality Management
2016-present	HMP7950	Design Issues in Health Services Research
2018	HMP5750	Performance Improvement in Healthcare
2017	HMP5291	Medicare and Medicaid Policy

STUDENT ADVISEES

PhD Advisor: Bhagianadh, Divya; Junjie Gai; Erblin Shehu
Dissertation: Potter, Andrew; Mobley, Erin; Crain, Chelsea (Department of Economics); Salako, Abiodun; Croker, James; Qian, Haobing; Lyu, Wei; Joanne Constantin; Onyinye Oyeka; Lili Xu; Khyathi Venkatraman

SELECTED PRESS

- Sommer, C. (2023). Paid Caregiving Leave Is Spreading to More States. N.Y. Times. Retrieved from <https://www.nytimes.com/2023/09/09/business/retirement-paid-leave-caregiving.html>
- Span, P. (2022). The Quiet Cost of Family Caregiving. N.Y. Times. Retrieved from <https://www.nytimes.com/2022/09/04/science/elderly-work-caregiving.html>
- Span, P. (2021). More Than 80 Percent of Seniors Are Vaccinated. That's 'Not Safe Enough.'. N.Y. Times. Retrieved from <https://www.nytimes.com/2021/09/02/health/covid-vaccines-seniors.html>
- Struett, D. (2023). Marijuana use surges among older adults. Chicago Sun-Times. Retrieved from <https://chicago.suntimes.com/cannabis/2023/9/5/23852639/marijuana-use-seniors-older-adults>
- Brooks, G. (2021). Recent study shows agriculture workers have a greater chance of having dementia. KGAN. Retrieved from <https://cbs2iowa.com/news/local/recent-study-shows-agriculture-workers-have-a-greater-chance-of-having-dementia>
- Taylor, J. (2021). UI Study Shows Agriculture Workers More Likely to Have Dementia. NEWSRADIO 1040 WHO. Retrieved from <https://whoradio.iheart.com/content/2021-02-01-ui-study-shows-agriculture-workers-more-likely-to-have-dementia>
- Peikes, K. (2020). One Year Later, Some Doctors Still Cautious About Medical Cannabis In Iowa. Iowa Public Radio. Retrieved from <https://www.iowapublicradio.org/ipr-news/2019-12-23/one-year-later-some-doctors-still-cautious-about-medical-cannabis-in-iowa#stream/0>