# Platelet counts and their effect on patient outcomes with patent ductus arteriosus (PDA)

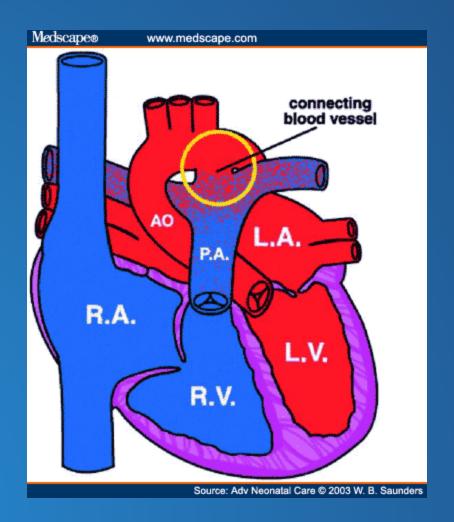
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#### What is PDA?

- Ductus Arteriosus is a blood vessel that allows the blood to pass from the pulmonary artery to the aorta, bypassing the not yet functional lungs
- Once the baby is born, it is expected to close the open aorta
- If it's still open, some of the blood skips the step of becoming oxygenated
- This circulatory disorder is called Patent Ductus
  Arteriosus (PDA)

### Picture



## Why is it bad?

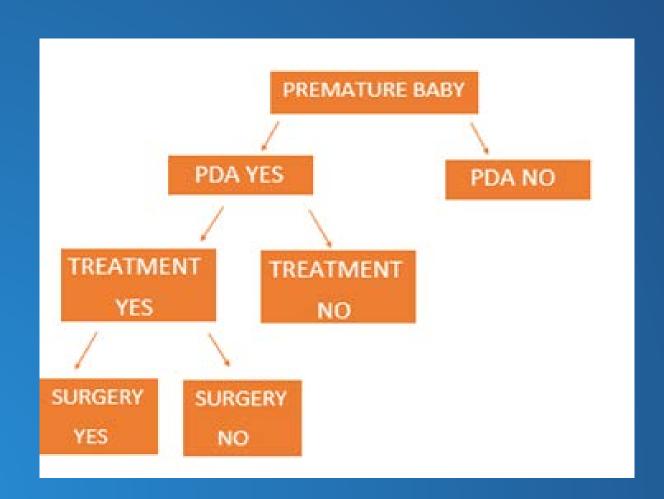
- Deoxygenated and oxygenated blood do not separate.
- Increased pulmonary blood flow
- Pulmonary edema
- Worsening of cardiopulmonary status

#### Premature babies and PDA

- Not a common problem in full term babies
- There is an increased risk between premature babies and the prevalence of PDA

## How is it diagnosed?

- All babies are born with Ductus Arteriosus
- In premature babies, an echocardiogram is performed on the fifth day after birth to diagnose PDA
- Doctors have different thoughts on how to treat it- some are more conservative than others



#### Research Goal:

Find risk factors that examine the relationship in premature babies with three clinical outcomes: development of PDA, recovery without intervention and successful indomethacin treatment.

## What is logistic regression?

$$ln\frac{p}{1-p} = \beta_0 + \beta_1 x_1 + \dots + \beta_i \ x_i \ \dots$$

 $eta_0$  is the "intercept"  $eta_i$  is the regression coefficient of  $x_i$   $x_i$  is a value of the predictor p is the probability that the dependent variable equals a case

### Our Data

- From chart reviews
- 404 babies (207 with PDA)
- University of Iowa Hospitals and Clinics
- All born prematurely (< 29 weeks)</li>
- Very low birth weight (<1800 grams)</li>

### Our Factors

- Platelet count
- Gender
- Preeclampsia
- Gestational age(weeks)
- Birth weight (grams)

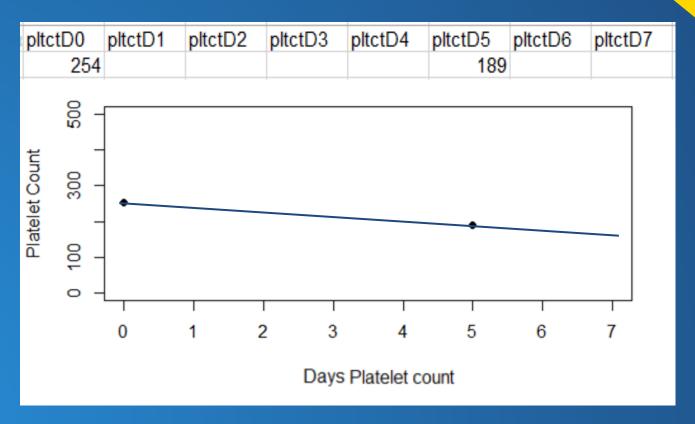
#### Platelet counts

In this study we focused on a baby's platelet counts. Counts were recorded on their first seven days of life. We are interested in this because platelets help blood clot, meaning there might be an association with PDA.

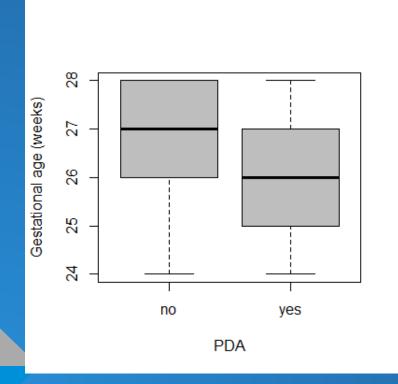
## Missing Data

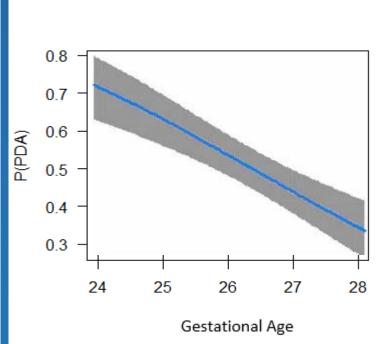
- Incomplete data on platelet counts
- Linear prediction for specific day platelet counts
- This assumes the data is missing at random

## Missing Data Example



## Predict if a baby will develop PDA





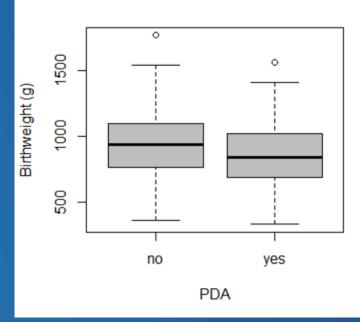
Gestational Age

OR: 0.67 CI: (0.58, 0.78) p = 2e-

## Predict if a baby will develop PDA

#### Birth weight-- but confounding with GA weeks

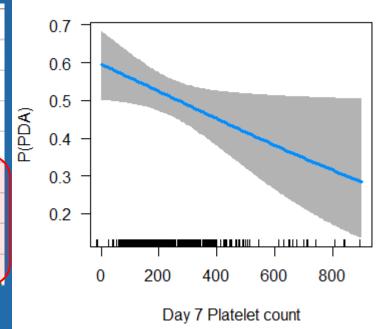
	Odds Ratio	CI (95%)	p value		
	Birthweight on it's own				
Birthweight	0.897	(0.83,0.97)	0.007		
	Birthweight + GA weeks				
Birthweight	1.05	(0.94,1.16)	0.402		
Gaweeks	0.64	(0.53, 0.776)	4.41E-06		
*Birthweight is per 100g					



## Predict if a baby will develop PDA

#### Platelet counts

Days	OR	CI 2.5%	CI 97.5%	p value
0	1.02	0.79	1.31	0.87
1	0.87	0.67	1.12	0.28
2	0.85	0.67	1.08	0.18
3	0.81	0.66	1.01	0.06
4	0.80	0.66	0.98	0.03
5	0.83	0.69	0.99	0.04
6	0.85	0.73	0.99	0.04
7	0.86	0.75	0.99	0.04

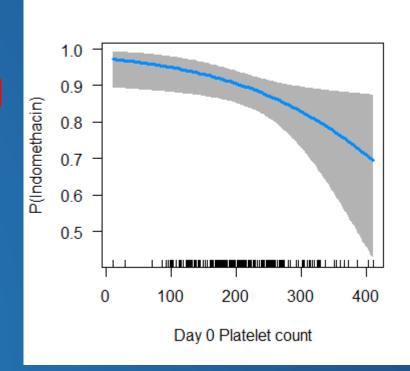


\*per 100 counts

Prediction of recovery without intervention

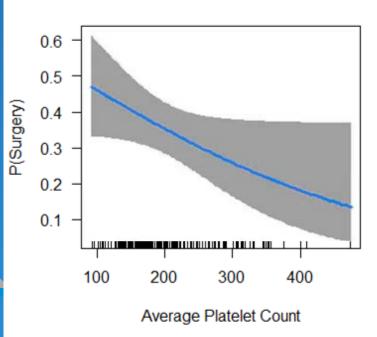
#### **Platelet counts**

Days	OR	CI 2.5%	CI 97.5%	p value
0	0.51	0.28	0.91	0.02
1	0.63	0.33	1.21	0.16
2	0.58	0.32	1.02	0.06
3	0.73	0.44	1.24	0.24
4	0.98	0.61	1.66	0.94
5	1.00	0.63	1.67	1.00
6	1.14	0.74	1.87	0.58
7	1.19	0.81	1.86	0.40



## Predict if the indomethacin treatment is effective (no surgery)

**Average Platelet Count** 



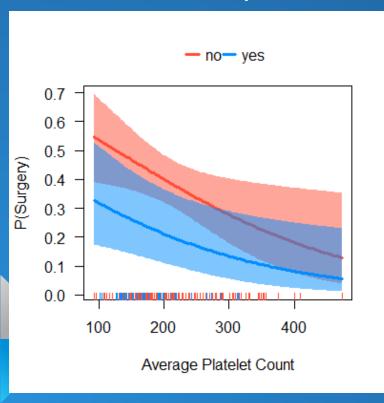
OR: 0.64

CI: (0.40,1.0)

p = 0.0547

\*per 100 counts

## Predict if the indomethacin treatment is effective (no surgery)



Average platelet count + preeclampsia

Average platelet count

OR: 0.58 CI: (0.35, 0.91) p = 0.02

\*per 100 counts

**Preeclampsia** 

OR: 0.40 CI: (0.16, 0.90) p = 0.03

## Predict if the indomethacin treatment is effective (no surgery)

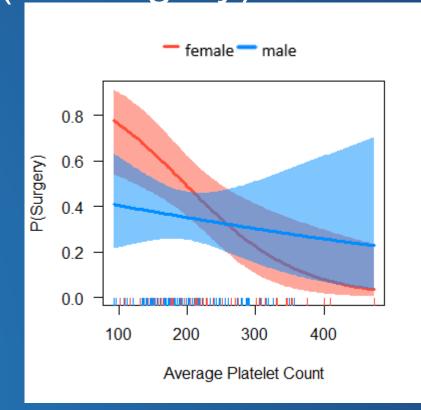
No Preeclampsia

Average platelet count \* gender

#### **Average Platelet Count**

Female OR: 0.30 CI: (0.13,0.62) p = 0.003 Male OR: 0.80 CI: (0.37,1.66) p = 0.554 \*per 100 counts

Average Platelet Count : Gender p = 0.08



#### Results & Discussion

- Preeclampsia, gender and gestational age are significant
- Platelet count is a significant factor in all three clinical outcomes
- Interesting dynamics between different days and its predictive power
- Higher platelet counts lead to good clinical outcomes

#### The future

- Clinical collaboration: show our results
- Prospective studies: allow us to have more control of the data
- Randomized trials (far future)

## Acknowledgements

Dr. Patrick Breheny- our favorite mentor Dr. Gideon Zamba- our favorite program director Terry Kirk- our favorite program coordinator John Vanburen and Monelle Tamegnon- our favorite graduate students National Heart, Lung and Blood Institute- our favorite grant