



Business Leadership Network



College of
Public Health

September 2019



At the University of Iowa College of Public Health, we understand that our work is very place based; it happens out in the "real world" where people live and work. We also recognize the mutual benefits that might come about through collaborative relationships with communities and businesses around the state. We invite you to keep in touch with us through these quarterly messages and through our initiatives around the state.

- Edith Parker, Dean

BLN Community Grant 2019 Recipient Spotlight



Lee County: Using farmers' markets to improve health

Lee County Health Department organized events at farmers markets in Fort Madison, Montrose, and Keokuk, where community partners provided health and wellness information, health screenings, and encouraged biking to the markets with the goal of increasing participation in the markets and increasing awareness to community health services.



Fort Dodge: Providing beds for kids in need

Fort Dodge Community Foundation and United Way are providing free beds and cribs for children to increase safety and improve sleep which can impact a child's health, well-being, and ability to learn. A partnership with local schools, health care providers, the Webster County Health Department and nonprofits help identify children who need beds.

Podcasts on Workplace Health



Share Public Health

Podcast episode "Mental Health Programs are an Investment" features Iowa employers, including BLN Steering Committee member Don Woodruff, discussing programs to address mental health in their workplaces and resources for employers to help support their employees. The podcast series is produced by The Midwestern Public Health Training Center.



Workplace Matters

The mini (less than 10 min) podcast series produced by the Healthier Workforce Center of the Midwest focuses on healthy work design and a broad range of cost-effective approaches to impact the well-being of today's workforce.

Nominate an Iowa Public Health Hero



Nominations are being sought for the **Iowa Public Health Heroes Award**, which recognizes individuals who have worked to promote a healthier state through wellness and disease prevention initiatives. Nominations may come from a range of career paths including service in local leadership, advocacy, business, as a newcomer to public health practice, or for career achievement.

Midwest Rural Agricultural Safety and Health Conference



The Iowa Rural Health Association and **Midwest Rural Agricultural Safety and Health (MRASH)** will hold a joint conference November 13-14 in Marshalltown, IA. Some topics to be covered are: emergency/disaster response and rural behavioral/mental health.

The UI College of Public Health in the News

Study looks at caregivers and gaps in workplace support

A study coauthored by CPH associate professor Brian Kaskie finds that workers who are unpaid caregivers of older relatives struggle with unmet workplace needs.

Ashida helps older adults prepare for emergencies

CPH associate professor Sato Ashida is working to help older Iowans—especially those with mobility or chronic health issues—prepare for emergency situations.

Economic consequences of immigration raids are far reaching

CPH research scientist Nicole Novak was recently interviewed about the economic impact of immigration raids on rural communities.

Regulating e-cigarettes will help both adolescents and adults

In an opinion piece, CPH assistant professor Shannon Watkins writes, "By leaving e-cigarettes on the market, the FDA has abdicated its role to review the scientific evidence carefully and protect the public health."

Students contribute to Mason City neighborhood study

CPH students took part in a research project that helped develop the "Healthy North End Neighborhood Plan" in Mason City.

State Hygienic Lab receives CDC funding for new statewide biomonitoring program

A new project led by the State Hygienic Lab and involving numerous CPH researchers will analyze the presence of environmental hazards in well water and households across the state.



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