lowa - 2021 Consumed vegetables less than one time per day (variable calculated from one or more BRFSS questions) (Crude Prevalence) View by: Overall Response: (All) 80 75 70 65 60 55 50 Percent (%) 45 40 35 30 25 Overall 20 23.0% 15 CI (21.8 - 24.2), n = 2004 10 5 One or more times per Less than one time per

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

day

Iowa - All available years

Overall

day

Consumed vegetables less than one time per day (variable calculated from one or more BRFSS questions) (Crude Prevalence)

View by: Overall Response: (All)

	One or more times per day	Less than one time per day		
2021				
Percent (%)	77.0	23.0		
95% CI	75.8 - 78.2	21.8 - 24.2		
n	6546	2004		
2019				
Percent (%)	77.3	22.7		
95% CI	76.2 - 78.3	21.7 - 23.8		
n	6805	1940		
2017				
Percent (%)	80.7	19.3		
95% CI	79.6 - 81.8	18.2 - 20.4		
n	5682	1290		

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

Bite Snack Meal Activity Data Sheet

lowa - 2021

Consumed vegetables less than one time per day (variable calculated from one or more BRFSS questions) (Crude Prevalence)

View by: Gender Response: (All)

	Male	Female	
One or more times	per day		
Percent (%)	74.3	79.7 78.1 - 81.3 3421	
95% CI	72.6 - 76.0		
n	3125		
Less than one time	per day		
Percent (%)	25.7	20.3	
95% CI	24.0 - 27.4	18.7 - 21.9	
n	1105	899	

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

lowa - 2021

Consumed vegetables less than one time per day (variable calculated from one or more BRFSS questions) (Crude Prevalence)

View by: Education Attained

Response: (All)

	Less than H.S.	H.S. or G.E.D.	Some post-H.S.	College graduate				
One or more times per day								
Percent (%)	61.0	72.2	79.2	83.9				
95% CI	55.4 - 66.6	70.0 - 74.5	77.2 - 81.2	82.2 - 85.6				
n	323	1827	1967	2411				
Less than one time per day								
Percent (%)	39.0	27.8	20.8	16.1				
95% CI	33.4 - 44.6	25.5 - 30.0	18.8 - 22.8	14.4 - 17.8				
n	248	742	526	480				

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

lowa - 2021

Consumed vegetables less than one time per day (variable calculated from one or more BRFSS questions) (Crude Prevalence)

stions/ (Crude Prevale)

View by: Age Group

Response: (All)

18-24	25-34	35-44	45-54	55-64	65+					
One or more times per day										
69.0	78.0	77.2	77.3	78.5	79.4					
64.6 - 73.4	74.7 - 81.2	74.2 - 80.2	74.5 - 80.2	76.0 - 81.0	77.5 - 81.2					
462	687	884	987	1193	2333					
Less than one time per day										
31.0	22.0	22.8	22.7	21.5	20.6					
26.6 - 35.4	18.8 - 25.3	19.8 - 25.8	19.8 - 25.5	19.0 - 24.0	18.8 - 22.5					
235	222	260	308	368	611					
	69.0 64.6 - 73.4 462 e time per di 31.0 26.6 - 35.4	69.0 78.0 64.6 - 73.4 74.7 - 81.2 462 687 e time per day 31.0 22.0 26.6 - 35.4 18.8 - 25.3	69.0 78.0 77.2 64.6 - 73.4 74.7 - 81.2 74.2 - 80.2 462 687 884 e time per day 31.0 22.0 22.8 26.6 - 35.4 18.8 - 25.3 19.8 - 25.8	69.0 78.0 77.2 77.3 64.6 - 73.4 74.7 - 81.2 74.2 - 80.2 74.5 - 80.2 462 687 884 987 e time per day 31.0 22.0 22.8 22.7 26.6 - 35.4 18.8 - 25.3 19.8 - 25.8 19.8 - 25.5	e times per day 69.0 78.0 77.2 77.3 78.5 64.6 - 73.4 74.7 - 81.2 74.2 - 80.2 74.5 - 80.2 76.0 - 81.0 462 687 884 987 1193 e time per day 31.0 22.0 22.8 22.7 21.5 26.6 - 35.4 18.8 - 25.3 19.8 - 25.8 19.8 - 25.5 19.0 - 24.0					

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)