

2024: Improving Health Outcomes Through Preventing Childhood Obesity Conference

Virtual Conference Agenda

Tuesday, January 23rd, 2024 - 9:00 AM – 4:00 PM CST

Logistics: [Zoom Webinar](#)

Time	Session Overview	Facilitators & Presenters
9:00 – 9:30	The Current State of Childhood Obesity and Highlights of Select Strategies and Collaborations That May Achieve Greater Impact	Vickie Miene, MS, MA, LMHC – Institute for Public Health Practice, Research and Policy
9:30 – 10:30	Keynote Address: Diverse Diets, Inclusive Solutions: Transforming Nutrition Services	Anna Corona, MPH, CPH – Association of Maternal & Child Health Programs Ellisa Alvarez, BS – Association of Maternal & Child Health Programs
10:30 – 10:35	Movement Break #1	
10:45 – 11:45	Morning Session: Using a Positive Deviance Approach in WIC to Prevent Childhood Obesity	Jamie Stang, PhD, MPH, RDN – University of Minnesota School of Public Health Rebecca Gruenes, MS, RDN, LD - Minnesota Department of Health WIC Program
11:45 – 12:15	Lunch Break	
12:15 – 1:15	Afternoon Session #1: Is Exercise Medicine?	Tyler Slayman, MD – University of Iowa Hospitals and Clinics
1:15 – 1:20	Movement Break #2	
1:30 – 2:30	Iowa Total Care Breakout Session: Clinical Practice Guidelines for the Evaluation and Treatment of Children and Adolescents with Obesity – a Practical Summary with Action Steps for the Primary Care Provider Healthy Schoolhouse 2.0: Taking Care of Teachers	Lauren Kanner, MD – University of Iowa Hospitals and Clinics Meredith Fishbane-Gordon, MD – University of Iowa Stead Family Children's Hospital Melissa Hawkins, PhD, MHS – American University
2:30 – 2:35	Iowa Total Care Movement Break #3	
2:45 – 3:40	Breakout Session #2: Keeping Micropolitan Communities on the Move through Active Iowa's Package of Program Materials Set the Table with Me: Tips for Raising Healthy Eaters	Becky Bucklin, MPH – University of Iowa College of Public Health Stephanie Vande Brake, RD, LD – Hy-Vee