

# STAR

Seniors Together in Aging Research



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**How do I learn more  
about using  
the STAR Registry?**

**Website**

[public-health.uiowa.edu/star/](http://public-health.uiowa.edu/star/)

**Telephone**

1-319-335-7569

**Email**

[coa-star@uiowa.edu](mailto:coa-star@uiowa.edu)



What do we live for if not to make  
life less difficult for each other?

– George Eliot



Meeting the needs of  
researchers across Iowa



# Seniors Together in Aging Research

The STAR Registry is a group of Iowans over age 50 who are interested in volunteering for research studies.

### Health/Medical Information Collected from STAR Participants:

- Abdominal Diseases
- Allergies
- Behavior/Psychiatric/Mental Health
- Bone Issues
- Cancer
- Endocrine/Metabolism Issues
- Head/Eyes/Ears/Nose/Throat Issues
- Diseases of the Heart & Blood Vessels
- Lung Diseases
- Neurological Disorders
- Reproductive health
- Skin Issues
- Urological Issues



### STAR has two primary aims:

- Promote scientific study of late-life issues among Iowans
- Encourage more older adults to participate in research studies

### STAR offers:

- Over 1,500 enthusiastic and interested volunteers
- Searchable fields for demographics and a variety of specific health conditions
- Standard language and recruitment feasibility for use in grant applications
- Recruitment of non-disease populations and healthy controls
- Recruitment for community-based studies
- Committed registrants willing to participate in long-term studies
- Overall recruitment enhancement

STAR has been used by over 20 departments at UI & ISU with 19% of researchers using STAR for multiple projects.

### What kinds of research studies ask for volunteers through STAR?

Studies include surveys, interviews or focus groups, and clinical trials. Here are some examples of past studies:

- Grocery Shopping Study
- Uses and Gratifications of Facebook
- Hearing Aid Success
- Bicycling Intervention, Cognitive Skills, and Cardiovascular Health
- Married Couples' Health and Health Service Use

### How to request STAR volunteers?

- Contact STAR for free initial query
- If needed, use STAR boilerplate for grant proposal
- Complete Subject Request Form
- STAR sends out study information to specified STAR volunteers
- If interested, STAR volunteers contact the study team directly

### Costs associated with STAR:

- Free preliminary feasibility query
- \$50 flat service fee
- \$2 per recruitment packet mailed OR
- \$0.25 per recruitment packet e-mailed

