

## KANIKA ARORA

N250 College of Public Health | [kanika-arora@uiowa.edu](mailto:kanika-arora@uiowa.edu)

### CURRENT ACADEMIC POSITION

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July 2022 – Present Associate Professor (with tenure), University of Iowa, Department of Health Management and Policy

July 2022 – Present Director of Graduate Studies

July 2015 – June 2022 Assistant Professor, University of Iowa, Department of Health Management and Policy

### EDUCATION

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2015 Ph.D., Public Administration and International Affairs, Maxwell School of Citizenship and Public Affairs, Syracuse University

2007 M.P.A, Public Administration, Cornell Institute of Public Affairs, Cornell University

2005 B.A., Journalism, Lady Shriram College, Delhi University, India

### SCHOLARSHIP

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#### PEER REVIEWED

**Arora, K.**, Davis, J., Basnet, L., Bobitt, J. (Forthcoming). "Agricultural Injuries with Dementia: Double Whammy?" *American Journal of Industrial Medicine*

Gadag, K., **Arora, K.**, Kaskie, B., Zahnd, W.E. (2026). "Effect of Medicaid Audio-Only Telehealth Coverage Policy on Mental Health Visits in Federally Qualified Health Centers." *Health Services Research*. Online: <https://doi.org/10.1111/1475-6773.70107>

McQuown, C.M., Snell, K., Song, S., Koepf, B., Ragsdale, L., Abbate, L., **Arora, K.** (2026) "Outcomes of a Geriatric Emergency Medicine care Transition Program, SCOUTS (Supporting Community, Outpatient, Urgent Care, and Telehealth Services)." *Academic Emergency Medicine*. 33(3):e70258

Shehu, E., **Arora, K.**, Kaskie, B. (2025). "Cross-sector Partnerships and Emergency Department Use Among Older Adults: Evidence from Colorado's Accountable Health Communities Model." *Journal of Applied Gerontology*. Online: <https://doi.org/10.1177/07334648251394490>

Kaskie, B., Martinos, F., Bhagianadh, D., **Arora, K.**, Moore, A., Nguyen, A.L., Bobitt, J. (2025) . "Taking Care of Themselves: cannabis Use Among Informal Care Partners of Older Adults." *Cannabis & Cannabinoid Research*. Online: <https://doi.org/10.1177/25785125251380>

Van Tiem, J., Johnson, N., Balkenende, E., Jones, D., Chasco, E., Moeckli, J., Steffensmeier, K., Steffen, M., **Arora, K.**, Rabin, B., Reisinger, H. (2025). "Tentative Renderings: Describing Local Data Infrastructures that Support the Implementation and Evaluation of National Evaluation Initiatives." *Journal of Biomedical Informatics*. 165, 104814.

Reisinger, H., Damush, T., Balkenende, E., Wong, E., **Arora, K.**, Kenney, R., Taylor, L., Matthieu, M. (2025). "Using the RE-AIM Framework and Other implementation Theories, Models, and Frameworks to

Guide the Implementation and Evaluation of Rural Health Innovations." *Frontiers in Health Services*. doi: 10.3389/frhs.2025.1695418

Gadag, K., **Arora, K.**, Zahnd, W. (2025). "Effect of Telemental health adoption on mental health services utilization in federally qualified health centers." *Journal of Telemedicine and Telecare*. doi: 10.1177/1357633X241307417

Gai, J. and **Arora, K.** (2024). "The Impact of Closing Medicare Part D Coverage Gap on Mental Health of Adults over Age 65." *Journal of Applied Gerontology*. doi: 10.1177/07334648241290324

Johnson, N. L., Van Tiem, J., Balkenende, E., Jones, D., Friberg, J. E., Chasco, E. E., ...**Arora, K.**, Rabin, B.A., Reisinger, H. S. (2024). "Gaps in communication theory paradigms when conducting implementation science research: qualitative observations from interviews with administrators, implementors, and evaluators of rural health programs." *Implementation Science*. doi: 10.1186/s13012-024-01395-3

Reisinger, H. S, Barron, S., Balkenende, E., Steffen, M., Steffensmeier, K., Richards, C., ...**Arora, K.**, Rabin, B.A. (2024). "Tracking Implementation Strategies in Real-World Settings: VA Office of Rural Health Enterprise-Wide Initiative Portfolio." *Health Services Research* doi: 10.1111/1475-6773.14377

**Arora, K.** and Wolf, D.A. (2024). "Paid Leave Mandates and Care for Older Parents." *The Milbank Quarterly*. doi: 10.1111/1468-0009.12708

Chasco, E. E., Van Tiem, J., Johnson, N., Balkenende, E., Steffen, M., Jones, D., ...**Arora, K.**, Rabin, B.A., Reisinger, H. S. (2024). "RE-AIM for rural health innovations: perceptions of (mis) alignment between the RE-AIM framework and evaluation reporting in the Department of Veterans Affairs Enterprise-Wide Initiatives program." *Frontiers in Health Service* 4, 1278209. doi: 10.3389/frhs.2024.1278209

Kaskie, B., Bhagianadh, D., Bobitt, J., Martinos, F., Milavetz, G., & **Arora, K.** (2024). "Unrelenting Growth and Diversification: Using the Health and Retirement Study to Illuminate Cannabis Use among Aging Americans." *Gerontologist*. ge016. doi: 10.1093/geront/gnae016

**Arora, K.** (2023). "Partnerships, Public Health, and Rural Older Adults – Examined through the Lens of Dementia." *Public Policy and Aging Report* 33(3), 96–100. doi: 10.1093/ppar/prad017

Crocker, J.A., Bobitt, **Arora, K.**, Kaskie, B. (2023) "Cannabis and Palliative Care Utilization among Non-terminal Cancer Patients in the Illinois Medical Cannabis Program." *Psychoactives* 2(1) 52-65.

Bobitt, J., Kang, H., **Arora, K.**, Bhagianadh, D., Milavetz, G., Kaskie, B. (2023) "Offering an Alternative to Persons with Chronic Pain: How Access to Cannabis may Provide an Off-Ramp from undesired Prescription Opioid Use." *Cannabis* 6(2), 113. doi: 10.26828/cannabis/2023/000125

Bhagianadh D. and **Arora, K.** (2023). "Classifying End-of-Life Patterns: Evidence from National Health and Aging Trends Study." *Gerontologist* 63(6):1039-1048. doi: 10.1093/geront/gnac160.

Oyeka O. and **Arora, K.** (2023) "ACA's Community First Choice Option: Effect on Long-term Care Expenditures." *Health Services Research*, 58(1) 154-163

Crocker, J. A., Bobitt, J., **Arora, K.**, & Kaskie, B. (2022). "Medical Cannabis and Utilization of Nonhospice Palliative Care Services: Complements and Alternatives at End of Life." *Innovation in Aging*, 6(1), igab048. <https://doi.org/10.1093/geroni/igab048>

Bhagianadh D. and **Arora K.** (2022). "Legalization of Medical Cannabis and Site of Death: Evidence from National Vital Statistics Mortality Data." *Journal of Applied Gerontology*. 2022 Mar;41(3):806-816. doi: 10.1177/07334648211058720. Epub 2021 Dec 20. PMID: 34930063.

- Kaskie, B., Bobitt, J., Herrera, J., Bhagianadh, D., Segal-Gidan, F., **Arora, K.** (2021). "Cannabis Use among Persons with Dementia and their Caregivers: Lighting up an Emerging Issue for Clinical Gerontologists." *Clinical Gerontologist*, 44(1):42-52.
- Bhagianadh D. and **Arora, K** (2021). "COVID-19 Vaccine Hesitancy among Community-Dwelling Older Adults: The Role of Information Sources." *Journal of Applied Gerontology*. doi: 10.1177/07334648211037507
- Croker, J., Bobitt, J., Sanders, S., **Arora, K.**, Mueller, K., Kaskie, B. (2021). "Cannabis and End-of-Life Care: A Snapshot of Hospice Planning and Experiences among Illinois Medical Cannabis Patients with a Terminal Diagnosis." *American Journal of Hospice and Palliative Medicine*. Online ahead of print. doi: 10.1177/10499091211018655
- Arora, K.**, Xu, L., Bhagianadh, D. (2021) "Dementia and Cognitive Decline in Older Adulthood: Are Agricultural Workers at Greater Risk?" *The Journal of Gerontology, Series B: Psychological Sciences and Social Sciences*. doi: 10.1093/geronb/gbab005
- Croker, J., Bobitt, J., **Arora, K.**, Kaskie, B. (2020). Assessing Health-Related Outcomes of Medical Cannabis Use among Older Persons: Findings from Colorado and Illinois. *Clinical Gerontologist*. doi: 10.1080/07317115.2020.1797971
- Arora, K.**, Rochford, H., Kaskie, B (2020). "Medicaid Managed Care in Iowa: Experiences of Older Adults and People with Disabilities." *Disability and Health Journal*. 14(1), 100975. doi: 10.1016/j.dhjo.2020.100975
- Arora, K.**, Cheyney, M., Gerr, F., Gibbs, J., Bhagianadh, D., Anthony, T.R (2019). "Assessing Health and Safety Needs and Psychological Stressors among Agricultural Workers in the U.S." *Journal of Agricultural Safety and Health*, 26(1):45-58
- Arora, K.**, Qualls, S., Bobitt, J., Milavetz, G., Kaskie, B. (2019) "Older Cannabis Users are Not All Alike: Lifespan Cannabis Use Patterns." *Journal of Applied Gerontology*. doi: 10.1177/0733464819894922
- Arora, K.** and Bhagianadh, D. (2019) "Smoking and Alcohol Consumption Following a New Dementia Diagnosis" *Journal of Gerontology Social Sciences*. Online ahead of print. doi:10.1093/geronb/gbz127
- Bobitt, J., Qualls, S., Schuchman, M, Wickersham, R, Lum, H., **Arora, K.**, Milavetz, G., Kaskie, B (2019). "A Qualitative Analysis of Cannabis Use among Older Coloradans." *Drugs & Aging*, 36(7): 655-666
- Lum, H., Arora, K.** (co-first author), Croker, J., Qualls, S., Schuchman, M., Bobitt, J., Milavetz, G., Kaskie, B (2019). "Recreational and Medical Marijuana Patterns of Use and Health Impact: A Survey among Older Adults." *Gerontology and Geriatric Medicine*, 5:1-9.
- Arora, K.**, Qualls, S. Bobitt, J., Lum, H., Milavetz, G., Croker, J., Kaskie, B. (2019) "Measuring Attitudes towards Medical and Recreational Cannabis among Older Adults in Colorado." *The Gerontologist*. E-pub doi:10.1093/geront/gnz054
- Arora K.**, Ashida S, Mobley E, Sample G. (2018) "The Impact of Consolidating Area Agencies on Aging on the Delivery of Home and Community-Based Services: Evidence from Iowa" *Journal of Applied Gerontology*. E-Pub doi: 10.1177/0733464818821055
- Arora K.** and Wolf, D. (2018). "Does Paid Family Leave Reduce Nursing Home Use? The California Experience." *Journal of Policy Analysis and Management*, 37(1):38-62.
- Kaskie, B., Ayyagari, P., Milavetz, G., Shane, D., **Arora, K** (2016). "The Increasing Use of Cannabis among Older Americans: A Public Health Crisis or Viable Policy Alternative?" *The Gerontologist*. 57(6) 1166–1172

**Arora, K.** (2016) "How Does Dementia Onset in Parents Influence Adult Children's Wealth?" *Social Science and Medicine*, 152: 156-165

**Arora, K.** and Wolf, D.A. (2014) "Is there a Tradeoff between Parent Care and Self Care?" *Demography*. 51 (4) 1251-1270

#### NON-PEER REVIEWED – BOOKS & REPORTS

Trochim, W.M., Donnelly, J., **Arora, K.** (2015). "Research Methods: The Essential Knowledge Base. Belmont, CA: Cengage Learning"

**Arora, K.** and Trochim, W.M. (2013). "Rating Systems in International Evaluation." i-eval Think Piece, No. 3. International Labor Organization

#### UNDER REVIEW

Shehu, E. and **Arora, K.** "Do caregiving arrangements influence hospital use among older adults with functional limitations?" *Revise and Resubmit – Health Services Research (Revision Submitted)*

Bhagianadh, D, Kaskie, B, **Arora, K.** "Medical Marijuana Legislation and Out of Pocket Expenses at End of Life" *Revise and Resubmit – Drugs & Aging*

**Arora, K.**, Basu, S., Gawai, V., Gai, J., Schmitz, L. "Cognitive Decline and Life-Course Patterns – Evidence from Longitudinal Study of Ageing in India." *Under Review*

Gai, J., Carnahan, R., **Arora, K.** "The Impact of the SUPPORT Act on the Treatment of Opioid Use Disorder among Medicare Beneficiaries." *Under Review*

#### MANUSCRIPTS IN PREPARATION/IN-PROGRESS

Huang, H., and **Arora, K.** "Paid Leave and Home and Community-based Services (HCBS) Workforce."

**Arora, K.**, Lin, S., Lawton, E. "Dementia Onset and Driving Cessation among Urban and Rural Older Adults"

**Arora, K.**, M., Snell, K., Song, S., Koepf, B., Ragsdale, L., Abbate, L., McQuown, C. "Screening for Cognitive Impairment and Delirium in the Emergency Department – Can SCOUTS help?"

Bobitt, J. and **Arora, K.** "Developing a Tailored Farm Safety Intervention for Dementia Caregivers in Rural Agricultural Communities Using an Intervention Mapping Approach"

#### RESEARCH GRANT SUPPORT

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Source	Direct Funds	% Effort
Title	Period of Funding	
P.I./Role		
National Institutes of Health/National Center for Advancing Translational Sciences University of Iowa Clinical and Translational Science Program Rosenthal, PI Role: Program Evaluator	\$2,334,897 08/14/15-07/31/17	20%

Centers for Disease Control and Prevention Great Plains Center for Agricultural Health (GPCAH) Anthony, PI Role: Co-Investigator	\$21,254,271 09/30/2001-09/29/2027	12%
Iowa Hospital Association A Study of the Impact of Iowa Health Link on Beneficiaries and Providers Mueller, PI Role: Co-Investigator	\$37,172 11/01/2016-06/30/2018	3%
National Institutes of Health The University of Iowa Clinical and Translational Science Award Winokur, PI Role: Co-Investigator	\$2,372,971 03/30/18-Ongoing	5%
University of Colorado Colorado Department of Public Health & Environment Older Coloradans and Marijuana: A Public Health Problem or Policy Alternative Kaskie, PI Role: Co-Investigator	\$29,566 04/01/2017-06/30/2018	8.3%
Retirement Research Foundation Illuminating the Intersection between Older Persons And Medical Cannabis Kaskie, PI Role: Co-Investigator	\$109,358 10/15/2017-12/31/2018	10%
University of Illinois at Urbana-Champaign Illinois Department of Public Health Cannabis and Older Persons Study Kaskie, PI Role: Co-Investigator	\$112,143 10/17/2018-09/30/2020	10%
US Department of Veterans Affairs, Iowa City Veterans Affairs Medical Center VA's Office of Rural Health (ORH) Center for Evaluation of Enterprise Wide Initiative (CEEWI) Reisinger, PI Role: Co-Investigator	\$53,700 03/01/2020-Ongoing	20%
Retirement Research Foundation Paid Family Leave and Work-Eldercare Tradeoffs Arora, PI	\$46,612 06/01/2020-05/31/2022	20%
National Institutes of Health Medicare Advantage and End of Life Care for Patients with Advanced Dementia Arora, PI	\$100,000 08/15/2020-04/30/2023	25%
Washington Center for Equitable Growth Paid Family Leave and Work-Eldercare Tradeoffs Arora, PI	\$27,500 09/01/2020-08/31/2021	12%
Iowa Department on Aging	\$103,005	

IRTC State-Wide Program Expansion – Strategic Planning Proposal Kaskie, PI Role: Co-Investigator	02/26/2021-02/28/2022	10%
Centers for Disease Control and Prevention Farm Safety for Rural Families Coping with Dementia Arora, PI	\$400,000 09/30/2023-09/29/2027	25%

## **PROFESSIONAL POSITIONS**

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2020-Present	Researcher (IPA), Center for Access & Delivery Research and Evaluation (CADRE), Department of Veterans Affairs Health Care System, Iowa City, Iowa
2017-2026	Director, Seniors Together in Aging Research (STAR) Registry
2017- Present	Advisor, MPH in Policy, College of Public Health, University of Iowa
2015-2018	Co-Director, Evaluation, Institute for Clinical and Translational Science, University of Iowa
2015-Present	Evaluation Director, Great Plains Center for Agricultural Health, University of Iowa
2022-2023	Trainer, International Labor Organization
2014, 2012	Evaluation Consultant, International Labor Organization
2014	Digital Content Consultant, Cengage Learning
2007-2010	Monitoring and Evaluation Specialist, Orbis International

## **SEMINARS/ORAL CONFERENCE PRESENTATIONS**

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2026	Cognitive Aging and Dementia in Policy Contexts: Life Course Perspectives, Vanderbilt University
2025	Population Association of America, Gerontological Society of America
2024	Workshop on Determinants of Adult Mortality, Morbidity, and Healthy Aging in LMICs (Berkley Center on the Economics and Demography on Aging), International Society for Agricultural Safety and Health
2023	Association for Public Policy Analysis and Management; International Health Economics Association World Congress; American Evaluation Association
2021	Association for Public Policy Analysis and Management; Gerontological Society of America; Population Association of America
2020	Academy Health, Association for Public Policy Analysis and Management, Population Association of America
2019	Population Association of America, Academy Health, Gerontological Society of America
2018	American Evaluation Association, Gerontological Society of America, American Geriatrics Society
2017	Association for Public Policy Analysis and Management

2016	American Evaluation Association, Association for Public Policy Analysis and Management, Association for Clinical and Translational Science, Population Association of America
2015	Association for Public Policy Analysis and Management, Population Association of America, American Evaluation Association
2014	Association for Public Policy Analysis and Management, Population Association of America, American Evaluation Association

## **OTHER PROFESSIONAL ACTIVITIES**

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Awards:	Associate Professor Advancement Award, \$30,000 (2025); University of Iowa Experiential Education Course Grant, \$4,500 (2024).
Grant Reviewer	NIH: [2026: Biobehavioral Medicine, Physical Activity and Supportive Care Interventions and Health Outcomes/ZRG1 CCHI-L (57)]; [2026 Topics in Health Services: Cancer, Transplantation, and Aging/ZRG1 HSS-Z (90)]; [2025 Organization and Delivery of Health Services (ODHS) Review Panel]
Journal Reviewer:	Demography, Journal of Policy Analysis and Management, Social Science and Medicine, Health Affairs, Journal of Gerontology: Social Sciences, Journal of Applied Gerontology, Drugs & Aging, Clinical Gerontologist, Research on Aging, Journal of Geriatric Psychiatry and Neurology Journal of Family Studies, Innovation in Aging, Journal of Aging and Social Policy, Nature, Health Services Research, The Gerontologist, Journals of Gerontology Social Sciences
Abstract Reviewer:	Association of Public Policy Analysis and Management (2024)
Member:	American Evaluation Association, Association for Public Policy Analysis and Management, Population Association of America, Gerontological Society of America

## **TEACHING**

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University of Iowa, Department of Health Management and Policy

2019-present	CPH3700	Methods for Program Implementation and Evaluation [Undergraduate]
2019	HMP5310	Healthcare Quality Management [Graduate]
2016-present	HMP7950	Design Issues in Health Services Research [Graduate/Doctoral]
2018	HMP5750	Performance Improvement in Healthcare [Graduate]
2017	HMP5291	Medicare and Medicaid Policy [Graduate]

## **STUDENT ADVISEES**

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PhD Advisor:	Bhagianadh, Divya; Gai Junjie; Shehu, Erblin; Ramanathan, Srividya; Kim, Eunji (co-advisor); Kingi, Happiness (co-advisor); Basnet, Lila (co-advisor)
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Dissertation: Potter, Andrew; Mobley, Erin; Crain, Chelsea (Department of Economics); Salako, Abiodun; Croker, James; Qian, Haobing; Lyu, Wei; Constantin, Joanne; Oyeka, Onyinye; Xu, Lili; Venkatraman, Khyathi; Lee, Sangil (Department of Epidemiology), Ejughemre, Ufuoma, Lazaro, Edmer

## SELECTED PRESS

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- Keiffer, B. (2025). The Impact of Dementia on Farm Families. *River to River, Iowa Public Radio*. Retrieved from: <https://www.iowapublicradio.org/podcast/river-to-river/2025-09-10/the-impact-of-dementia-on-farm-families>
- Keiffer, B. (2024). The Role of Health Care in the Election. *River to River, Iowa Public Radio*. Retrieved from <https://www.iowapublicradio.org/podcast/river-to-river/2024-10-23/the-role-of-health-care-in-the-election>
- Sommer, C. (2023). Paid Caregiving Leave is Spreading to More States. *N.Y. Times*. Retrieved from <https://www.nytimes.com/2023/09/09/business/retirement-paid-leave-caregiving.html>
- Span, P. (2022). The Quiet Cost of Family Caregiving. *N.Y. Times*. Retrieved from <https://www.nytimes.com/2022/09/04/science/elderly-work-caregiving.html>
- Span, P. (2021). More Than 80 Percent of Seniors Are Vaccinated. That's 'Not Safe Enough.'. *N.Y. Times*. Retrieved from <https://www.nytimes.com/2021/09/02/health/covid-vaccines-seniors.html>
- Struett, D. (2023). Marijuana use surges among older adults. *Chicago Sun-Times*. Retrieved from <https://chicago.suntimes.com/cannabis/2023/9/5/23852639/marijuana-use-seniors-older-adults>
- Brooks, G. (2021). Recent study shows agriculture workers have a greater chance of having dementia. *KGAN*. Retrieved from <https://cbs2iowa.com/news/local/recent-study-shows-agriculture-workers-have-a-greater-chance-of-having-dementia>
- Taylor, J. (2021). UI Study Shows Agriculture Workers More Likely to Have Dementia. *NEWSRADIO 1040 WHO*. Retrieved from <https://whoradio.iheart.com/content/2021-02-01-ui-study-shows-agriculture-workers-more-likely-to-have-dementia>
- Peikes, K. (2020). One Year Later, Some Doctors Still Cautious About Medical Cannabis In Iowa. *Iowa Public Radio*. Retrieved from <https://www.iowapublicradio.org/ipr-news/2019-12-23/one-year-later-some-doctors-still-cautious-about-medical-cannabis-in-iowa#stream/0>