COLLEGE OF PUBLIC HEALTH DEGREE REQUIREMENTS 2026-2027

PUBLIC HEALTH CORE CLASSES (29-30 sh)		
CPH:1050	College of Public Health Direct Admit Seminar (required for Direct Admits ONLY)	1 sh
CPH:1400	Fundamentals of Public Health (fall, spring)	3 sh
CPH:1600	Public Health Science: Inquiry and Investigation in Public Health (fall, spring)	3 sh
CPH:1800	Social and Psychological Determinants of Health (fall)	3 sh
CPH:2050	Career Planning: Exploring Careers in Public Health (fall, spring)	1 sh
CPH:2400	The US Health System in a Global Context (spring)	3 sh
CPH:2600	Introduction to Public Health Methods *(CPH:1600 C- or better)* (fall, spring)	3 sh
CPH:3050	Career Planning: Preparing Post-Graduation Plans *(CPH:2050)* (fall)	1 sh
CPH:3400	Health, Work, and the Environment (spring)	3 sh
CPH:3600	Applied Public Health Methods (*CPH:1600, C- or better, CPH:2600*) (fall)	3 sh
CPH:3700	Methods for Program Implementation and Evaluation *(CPH:1600)* (spring)	3 sh
CPH:4999	Public Health Capstone (***all core + Exp Learning****) (fall, spring)	3 sh

BACHELOR OF ARTS REQUIREMENTS (4 sh)		
Choose One:		
BIOL:1140	Human Biology: Nonmajors	4 sh
BIOL:1141	Human Biology: Health Professions	4 sh
BIOL:1411	Foundations of Biology	4 sh

BACHELOR OF SCIENCE REQUIREMENTS (16 sh)		
CHEM:1110	Principles of Chemistry I	4 sh
BIOL:1411	Foundations of Biology	4 sh
BIOL:1412	Diversity of Form and Function	4 sh
Choose One:		
MATH:1440	Math for the Biological Sciences	4 sh
MATH:1460	Calculus for the Biological Sciences	4 sh
MATH:1850	Calculus I	4 sh

PUBLIC HEALTH ELECTIVES (12 sh)		
CPH:2200	Climageddon: Climate Change and Health (spring) *(Int'l Global Issues/Sustainability)*	3 sh
CPH:2220	Building a Healthier Tomorrow (spring)	3 sh
CPH:2230	Finding Patient Zero (fall)	3 sh
CPH:2300	Country Roads: Community, Culture, and Health in Rural America (spring)	3 sh
CPH:3100	Health Economics (fall)	3 sh
CPH:3200	Death at Work: Case Studies of Workplace Safety and Health (spring odd years)	3 sh
CPH:3210	Nutrition in Public Health (fall even years)	3 sh
CPH:3220	Public Health as a Public Good (spring even years)	3 sh
CPH:3500	Global Public Health (fall)	3 sh
CPH:3800	Why We Eat What We Eat: Theory and Society (spring)	3 sh
CPH:3900	Fundamentals in Public Health Emergency Preparedness and Response (spring)	3 sh
CPH:4200	Agriculture, Food Systems and Sustainability (fall odd years)	3 sh
CPH:4210	Making a Difference: Public Health Policy and Advocacy (spring)	3 sh
CPH:4220	Global Road Safety (spring odd years)	3 sh
CPH:4230	Injury and Violence Prevention (fall)	3 sh
CPH:4250	Field Experiences in Public Health (spring)	1 sh

EXPERIENTIAL LEARNING (0-3 sh) CPH:3750, CPH:3999, CPH:4750, CPH:4850, or CPH:4990

GENERAL EDUCATION (22-32 sh)	
Rhetoric	4 sh
Interpreting Literature	3 sh
Understanding Cultural Perspectives	3 sh
World Language or additional UCP, IGI, VS	0-10
Sustainability ***(CPH:2200)***	0 sh
Natural Sciences (***4 sh with BIOL:xxxx)***	7 sh
Quantitative or Formal Reasoning ***(CPH:1600)***	3 sh
Social Sciences (***CPH:1400***)	3 sh
Historical Perspectives	3 sh
International and Global Issues ***(CPH:2200***)	3 sh
Literary, Visual, Performing Arts	3 sh
Values and Society	3 sh

Total Hours: 120 sh
Major: 45-61
General Education: 22-32
General Electives: 27-53

*Students must have completed experiential learning or be approved to register to complete experiential learning as a prerequisite to registering for CPH:4999. Experiential Learning and CPH:4999 may be taken in the same semester.

BA SAMPLE 4-YEAR PLAN			
Semester 1		**Semester 2**	
CPH:1050 Direct Admit Seminar	1	CPH:1600 Public Health Science (GE)	3
CPH:1400 Fundamentals of Public Health (GE)	3	World Language (GE)	3
CPH:1800 Social & Psych Determinants	3	Natural Science without Lab (GE)	3
BIOL:1140 Human Biology for NonMajors	4	Interpreting Literature (GE)	3
Rhetoric (GE)	4	General Elective	3
CSI:1600 Success at Iowa	1		
Total Credits	16	Total Credits	15
Semester 3		**Semester 4**	
CPH:2050 Exploring Careers in Public Health	1	CPH:2400 US Health System in Global Context	3
CPH:2600 Intro to Public Health Methods	3	CPH:xxxx Public Health Elective	3
International and Global Issues/Sustainability (GE)	3	Values and Society (GE)	3
World Language (GE)	3	General Elective	3
General Elective	3	General Elective	3
General Elective	3		
Total Credits	16	Total Credits	15
Semester 5		**Semester 6**	-
CPH:3600 Applied Public Health Methods	3	CPH:3400 Health, Work, and Environment	3
CPH:xxxx Public Health Elective	3	CPH:3700 Program Implementation and Evaluation	3
Historical Perspectives (GE)	3	Literary, Visual, Performing Arts (GE)	3
General Elective	3	General Elective	3
General Elective	3	General Elective	3
Total Credits	15	Total Credits	15
Semester 7		**Semester 8**	
CPH:3050 Preparing Post-Graduation Plans	1	CPH:4999 Public Health Capstone	**3**
CPH:xxxx Public Health Elective	3	CPH:xxxx Public Health Elective	3
Understanding Cultural Perspectives (GE)	3	General Elective	3
General Elective	3	General Elective	3
General Elective	3	General Elective	3
Experiential Learning	0-3		
Total Credits	13-16	Total Credits	15

BS SAMPLE 4-YEAR PLAN (General Chemistry Start)			
Semester 1		**Semester 2**	
CPH:1050 Direct Admit Seminar	1	CPH:1600 Public Health Science (GE)	3
CPH:1400 Fundamentals of Public Health (GE)	3	Historical Perspectives (GE)	3
CHEM:1070 General Chemistry (GE)	3	Interpretation of Lit (GE)	3
Rhetoric (GE)	4	CHEM:1110 Principles of Chemistry (GE)	4
MATH:1440 Math for Biological Sciences	4	General Elective	3
CSI:1600 Success at Iowa	1		
Total Credits	16	Total Credits	16
Semester 3		**Semester 4**	
CPH:2050 Exploring Careers in Public Health	1	CPH:2400 US Health System in Global Context	3
CPH:2600 Intro to Public Health Methods	3	BIOL:1412 Diversity of Form and Function	4
BIOL:1411 Foundations of Biology	4	Understanding Cultural Perspectives (GE)	3
CPH:1800 Social and Psychological Determinants of Health	3	World Language (GE)	3
World Language (GE)	3	General Elective	3
Total Credits	14	Total Credits	16
Semester 5		**Semester 6**	
CPH:3600 Applied Public Health Methods	3	CPH:3400 Health, Work, and Environment	3
International and Global Issues/Sustainability (GE)	3	CPH:3700 Program Implementation and Evaluation	3
Values and Society (GE)	3	CPH:xxxx Public Health Elective	3
General Elective	3	Literary, Visual, Performing Arts (GE)	3
General Elective	3	*Experiential Learning (CPH:3750, 3999, 4750, 4850, 4990)*	0-3
Total Credits	15	Total Credits	12-15
Semester 7		**Semester 8**	
CPH:3050 Preparing Post-Graduation Plans	1	CPH:4999 Public Health Capstone	3
CPH:xxxx Public Health Elective	3	CPH:xxxx Public Health Elective	3
CPH:xxxx Public Health Elective	3	General Elective	3
General Elective	3	General Elective	3
General Elective	3	General Elective	3
General Elective	3		
Total Credits	16	Total Credits	15